Logoi Library Book



Compiled/Manifested by LoKe~KeLo

Intro & Table of Contents

KNOW THYSELF

Observe, Meditate, Contemplate, Synthesize, Repeat

There is nothing more true or real than your own experience

Strive For Gnosis, Live With Love, Expand Your Perception, Strengthen Your Will

Are you the thought or the thinker, the dream or the dreamer, the creation or the creator, the music or the musician, the art or the artist; maybe a bit of each?

"Write your own Gospel, live your own myth" Miguel Conner

"There is only one way and that is your way. There is only one salvation and that is your salvation. Why are you looking for help? Do you believe it will come from outside? What is to come will be created in you and from you. Hence look into yourself. Do not compare, do not measure. No other way is like yours. All other ways deceive and tempt you. You must fulfill the way that is in you." –The Red Book

Table of Contents

Chapter 1 - Why? - Pg 4

Chapter 2 - What is True? – Pg 8

Chapter 3- Consciousness – Pg 12

Chapter 4- What is Reality? – Pg 23

Chapter 5- Reality Theories – Pg 28

Chapter 6- My Truth, Tenets and Gospel – Pg 79

Chapter 7-Additional Life Practices – Pg 105

Chapter 8-The Simplicity of Magick –Pg 119

Chapter 9- Master of Manipulation: The Cult of Inversion -Pg 140

Chapter 10- My Three Wise-Men -Pg 184

Chapter 11- Focus on the Good –Pg 205

Chapter 1- Why?

Why are we here? What are you? What is the purpose? Is there a purpose? What's this all about? Every religion, philosophy, and esoteric system tries to answer this, most believing they have.

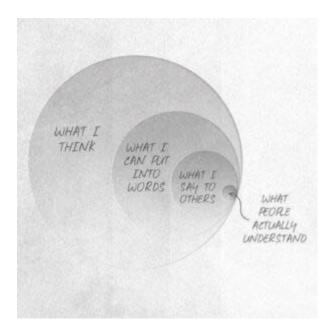
Do you question your reality? Is this reality just an accidental physical realm of matter? A purposeful divine creation? A Dream? Hologram? A simulation? A matrix? A game? A puzzle? A maze? A illusion? A trip? A hallucination? A book? A fractal? A reflection? A reality show? A birth? A way to evolve? A way to devolve? A prison? A farm? A experience? Whatever you make it? Some of them? All of them? None of them? You Decide.

"Because what occurred to me is that when you talk about the individual, and you deal with the individual, you find that the end of the individual is neurosis. To be individual means that there is "self" and "not self". Okay? So where I stop.. the boundaries of "me", right, this physical body; the boundaries of me that stretch out.. things I believe in.. I'm sure we'd all be friends if we talked but would we be friends with Newt Gingrich? No. But that's the point: I stop, where Newt Gingrich starts. Why is that? Why do I stop there? Why does *he* define my self-sense? And I can't absorb him? Why do these fuckers.. why does the Skull And Bones Society, or the CIA.. why do the 33° Masons – why are they different from us? They're not – they want to explain things. They want an answer. They've found an answer that seems to suit them – which seems kind of uncool and cruel to me, because it involves exploiting other people. But they're looking for an answer. We're all looking for the same thing: Why. Are. We. Here? Why *are* we here? What are you doing here today? What do you expect? What do you expect to take home with you? Can anyone answer? Can one person tell me what you expect to take home from all of this?..."- Grant Morrison

Let's try to figure that out.

Influential Sources

I am mainly writing this for myself as a reference point of information I have come across - a way to collect my thoughts and organize sources, with hope it will help others.



The following is a compilation of information from sources I have read, watched, and listened to over the past years. I have written this from a personal synthesis using the teachings of multiple schools of Gnosticism, Hermeticism, Chaos Magick, and other numerous forms of philosophical and esoteric systems. Usually they list recommended books/resources at the end, but this is where I have got most of my inspiration from. I use many quotes as these sources are much better written than anything I could write. The expedition to truth, gnosis and love is ever evolving and I try to never attach to any one source or set of beliefs. The journey is long and it will take years to get through all this information some of it contradictory and paradoxical.

"If you don't at least occasionally contradict yourself, your position isn't nearly complex enough." - Terence McKenna.

I almost never fully agree with one source of information, I do find that they all help me expand my perception and mind. I use open minded skepticism, and as long as the information is presented logically, rationally, and with no perceived ulterior motives, then I will entertain it. At minimum it will be food for thought or possibly it will have a profound impact on the way I perceive things, think, and live. If something resonates with your truth then let it help you, if it does not resonate than let it go and move on. These are the sources of information along with my personal experience, which has shaped my perspective and philosophy of life. I hope that this information may help anyone who is striving for truth, gnosis and love.

"It is the mark of an educated mind to be able to entertain a thought without accepting it." Aristotle

Take the time to read/watch them and if you come across any terms or ideas you don't know much about, read about those also. Let it take you down wormholes or possibly rabbit holes of information. Somewhere in the words and more importantly between the words, may you find what you are looking for.

Recommended Books:

PDF attachment included if underlined:

<u>Gnostic Handbook</u>—<u>Gnostic Theurgy</u>—<u>The Invisibles Comic</u>—Gods of Eden—<u>The Kybalion</u>—<u>Psychic Self Defense</u>—<u>Kabbalah, Magic and the Great</u> work of Self-transformation—<u>Seven Sermons to the Dead</u>—<u>Heremtica</u> —<u>The</u> <u>Psychonaut Field Manuel</u>—<u>Zen without Zen Masters</u>—Remember Be here Now— My Big TOE—<u>Nag Hamaradi</u>—<u>The Fourth Way</u>—<u>Pistis Sophia</u>—The Secret of Light & Message of the Divine Iliad by <u>Walter Russell</u>—<u>The Book of</u> <u>Enoch</u>—The <u>Light of Egypt Vol 1</u>&2—<u>Liber Null/ Pyschonaut</u>—<u>The Secret</u> <u>Teachings of All Ages</u>—Lost Keys of Freemasonry—<u>Simulacra and</u> <u>Simulation</u>—God-man: The Word Made Flesh— <u>Law of One (Ra material)</u>— <u>War in Heavn by Kyle Griffiths</u>— PI by Marty Leeds— Flatlander— Upinshads—<u>DMT: The spirit Molecule</u>—<u>VALIS</u>—The Exegesis of Philip K. Dick—The Creature from Jekyll Island— <u>Taoist Secrets of Love [Male]</u>

Recommended Websites

Pararelgion.chbibliotecapleyades.nethalexandria.orgthesecretsun.blogspotCluesforum.infoWildheretic.comJon Levi (Youtube)MilesMathischicagognosis.orggnosis.orgsacred-texts.comgnosticteachings.orghermetics.orgritmanlibrary.compaullaffoley.net/thegodabovegod.comIlluminatisPathageorus(Youtube)stolenhistory.orgtekgnostics.comredice.tvesotericablog.comrunesoup.comrunesoup.com

Recommended Movies /Shows

Westworld (HBO) — Twin Peaks — The Matrix — The Truman Show — They Live— The Fourth Kind — Snowpiercer — The OA— Adjustment Bureau— Horton Hears a Who— Stargate— Cloud Atlas—Donnie Darko— Stay— Mulholland Drive—South Park—Inception— The X-Files— True Detective Season 1—Sausage Party—The Good Place(show)—Eyes Wide Shut— Groundhog Day—2001: A Space Odyssey Ancient Aliens—Stranger Things—Dagon— Gravity Falls—Rick & Morty—Wag the Dog—A Dark Song—Fight Club

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With so much information out today, what is true?

Ch. 2 What is true?

Chapter 2- What is true?

"All statements are true in some sense, false in some sense, meaningless in some sense, true and false in some sense, true and meaningless in some sense, false and meaningless in some sense, and true and false and meaningless in some sense." THE PRINCIPIA DISCORDIA

"Everything is true in some sense, false in some sense and meaningless in another sense. A working knowledge of this concept is a useful tool for staying relaxed. For example, if someone says something about you that is untrue, you should not get upset regardless of whether you consider the statement positive or negative. It is true in the sense that it is what one person believes to be true about you; it is that individual's truth. It is false in the sense that it does not represent your truth. It is meaningless in the sense that it does not change who and what you are; your identity is independent of others' opinions." Zen Without Zen Masters

"In a controversy the instant we feel anger we have already ceased striving for the truth, and have begun striving for ourselves."-Buddha

"All manifested things have two sides, two aspects, or two poles. Everything "is" and "isn't" at the same time, all truths are but half truths and every truth is half false, there are two sides to everything, opposites are identical in nature yet different in degree, extremes meet, and all paradoxes may be reconciled." The Kybalion

"What sayest thou? It is right to think and speak that which truly is, and yet nothing is true upon earth? This certainly is true, that we know nothing of Truth. How should it be otherwise, my son? Truth is the supreme virtue, the sovereign Good which is not obscured by matter, nor circumscribed by the body; the naked Good, evident, unalterable, august, immutable. "-The Virgin of the World of Hermes Mercurius Trismagistus "The highest truth is one and the same with the absurd." C.G Jung

"The way of paradoxes is the way of truth."- Oscar Wilde

Here is my take on truth

Most people believe they have truth in their form of religion, lifestyle, politics, science, history, medicine, social perspective, and identity of themselves producing the chaos we see today. Conflict within people's psyche creating mental illness and unbalances, as well as conflicts with other people, religions, and countries creating the social, economic, and racial turmoil, bringing with it poverty and war; while giving a small group of people the majority of the world's wealth and power. Making it vital that we take a look at "truth" and more importantly the psychology, credibility, and evidence of people that claim to have it.

So then, what is truth and can you handle it?

"Only courageous hearts can endure the bitterness of truth" Michael Bassey Johnson

The word in historical terms and languages is as follows: in Sanskrit, <u>Sattva</u> meaning "purity", literally "existence, reality"; adjectival sāttvika"pure", "anglicised". Fíor" or "Fírinne in Gaelic. <u>Veritas</u>, daughter of Saturn, in Latin. <u>Aletheia</u>($\dot{\alpha}\lambda\eta\theta\epsilon_{I}\alpha$) in <u>Greek</u> "the state of not being hidden; the state of being evident". <u>Tryggvi</u> in Nordic and in archaic English Troth, possibly stemming from Thoth of Egypt. As well as triewð treowð, triewe, treowe tríewþ, tréowþ, trýwþ.

Objectively speaking, Truth is simply what actually happened or is happening. Subjectively it can have completely different meanings and interpretations. Observation tells you someone's point of view or perception is their reality, which means one's version of truth will then vary accordingly. This stems the importance of knowing what and where your perception is, how it affects your reality, and if you have viewed different perspectives to see the other sides.

Considering perception can be limited and deceive one into thinking what they see is true when really it is just an illusion of sleight of hand combined with smoke and mirrors. It is important to know that by expanding our perception, we could get a view from behind the magician's curtains, allowing us to see the simplicity of the illusion. Instead most remain astonished in the crowd thinking, believing, and not questioning the magician's tricks right in front of their eyes.

"And you will know the truth, and the truth will set free you." Bible

This writing will provide resources that will help bring you backstage and give you different angles to perceive what is going on in the world around you, helping shape your subjective truth while pointing out less known "objective" truths.

How attached are you to your beliefs? What if you found out everything you thought was true was a lie? How would that affect you? Ponder that as much as you can.

"To thine own self be true"-Shakespeare

"Nothing is true and everything is possible"

"Believe nothing you hear and half of what you see"

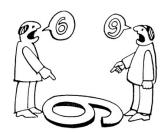
"Live your truth"

"Trust no one, Don't believe everything you think."

"Things are not always what they seem"

"The truth Dazzles gradually or else the world would be blind."

"You can prove anything right and you can prove anything wrong. Something can be proved right and the same thing can be proved wrong, it all depends on what you want to prove. Logic is a whore!—logic can go with anybody. So whenever someone wins an argument it does not prove that he has truth. It only proves that he is more clever in logical gymnastic, that's all; he may not have the truth at all. When someone is defeated in logical argumentation, it does not prove that he does not have the truth; it may be simply the he is not logically skillful. So there is no truth, no untruth; it is only a game." Osho



One thing I know is true is that I am conscious, I feel, and I think. Everything else is an assumption based on perspective. Including that I am the one creating these thoughts and feelings. I also assume other people are conscious, feel and think as well, however I cannot be certain.

"Consciousness is considered to be indefinable," I said, "and indeed, how can it be defined if it is an inner quality? With the ordinary means at our disposal it is impossible to prove the presence of consciousness in another man. We know it only in ourselves." P.D. Ouspensky

"True philosophy must start from the most immediate and comprehensive fact of consciousness: I am life that wants to live, in the midst of life that wants to live." <u>Albert Schweitzer</u>

Chapter 3- Consciousness



What are you?

Are you your body? Your thoughts? The observer of your thoughts? The energy behind the observer of your thoughts? The source of the energy behind the observer of your thoughts? Something else? All, none or some of them?

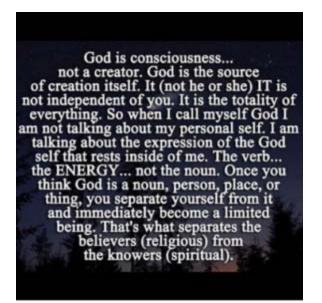
"Light and <u>Consciousness</u> are two phenomena of the same thing; to a lesser degree of Consciousness, corresponds a lesser degree of light; to a greater degree of Consciousness, a greater degree of light." - Samael Aun Weor

"The All is mind; The Universe is Mental. This first principle embodies the truth that 'All is Mind.' Meaning, the Universe itself, at an underlying and foundational level, is Mental. That all phenomena of life, matter and energy of the material universe are thoughts of an infinite and universal, living Mind." – The Kybalion

"The first principle tells us that the all of the universe is consciousness. We are all connected, and we are all on one mind. The only thing that really exists

is the all of the mind. Everything is mental creation of the all, and in this mind is where we exist. There's no separation of mind, and matter, and the mind controls everything that we experience be it physical, spiritual, or mental. Everything is perceived, controlled and understood through the mind, and is the whole of the universe. "~ Unknown

Consciousness is energy. Information is energy. Everything is energy. Everything is consciousness. Consciousness is everything. You are consciousness. Energy cannot be created or destroyed, only change forms.



Are we God experiencing itself? Thinking a thought of itself thinking ? A thought thinking itself?

"God is man, man is God"

Consciousness over Mind over Matter

Mind and Consciousness can be overlapping and interchangeable terms but this is how I see the two: The brain itself is a great and beautiful vehicle for the mind which is the connection /intermediary/ mediator that expresses consciousness. The brain however is not the mind or the consciousness; consciousness filters through the mind that uses the physical brain to think, here and now. But it is separate from it.



The white light is consciousness, your mind is the prism, your brain/body is the spectrum of colors. Everything exists in this wave of colors. Our mind is the universe and the universe is our mind. Consciousness is the multi-verse.

"Mind is consciousness which has put on limitations. You are originally unlimited and perfect. Later you take on limitations and become the mind." Ramana Maharshi

"Thought is a mechanical process; it can work without, or with very little consciousness. And consciousness can exist without perceptible thought...consciousness does not, by itself, give knowledge. Knowledge must be acquired. No amount of consciousness can give knowledge and no amount of knowledge can give consciousness. They are not parallel and cannot replace one another..."The Fourth Way

Think about how your brain/body is really just a conductor for electricity and neurons. Our body is a bio-electric vehicle that is controlled by the brain that is the processor/receiver. It receives information from internal and external sources, filters and interprets it. This electricity cannot be destroyed. The brain and body can be destroyed and stop being a conductor but the electricity goes

elsewhere. This electricity could be likened to our mind and consciousness or at least their vehicle. (see Life-force in Additional Life Practices chapter for more detailed information)

"What is real? How do you define 'real'? If you're talking about what you can feel, what you can smell, what you can taste and see, then 'real' is simply electrical signals interpreted by your brain." The Matrix

" And while a single neuron generates only a tiny amount of electricity, all your neurons together can generate enough electricity to power a low-wattage bulb." Nat Geo

"The brain consumes energy at 10 times the rate of the rest of the body per gram of tissue. The average power consumption of a typical adult is 100 Watts and the brain consumes 20% of this making the power of the brain 20 W." Macmillan Encyclopedia of Physics

An important aspect of understanding our mind and consciousness, is the fact that we are layered and hyper dimensional, with part (usually beyond our awareness) residing outside of time and space. This consciousness is free from the constraints of matter, ego, and the regular senses/ comprehension paradigm. The mind holds it altogether and makes sense of the consciousness, both the sub conscious (unrealized/hidden) and conscious (realized/shown). This is why you don't want to lose your mind or go out of your mind. You won't be able to process the external/internal consciousness/information flow.

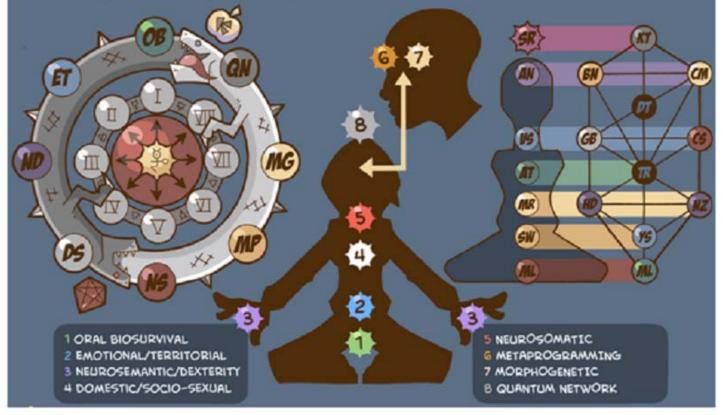
"Know ye, ye are threefold in nature, physical, astral and mental in one. Three are the qualities of each of the natures; nine in all, as above, so below." - Thoth

There are plenty of different theories and ways to interpret and study the layering of the brain, mind and consciousness: from Freud's: id, ego, superego/conscious, preconscious, and unconscious, Jung's: ego, the personal unconscious, and the collective unconscious, Gurdjieff's 4 states, Enneagrams, Thich Nhat Hanh's Four layers of consciousness, The Eight Consciousnesses of <u>Buddhism</u>, 3+ Tan Tiens, Eight Circuits of Consciousness, Octave Theory, Tantric/Yoga system, Seven Planes of Consciousness, Seven Chakras, Kabbalah , and many more that should be studied. Some ways they work from The Psychonaut Field Manuel:

THE EIGHT CIRCUITS OF CONSCIOUSNESS MAPS THE MIND BY THE EVOLUTIONARY STAGES OF THE BRAIN'S DEVELOPMENT. ILLUMINATION IS ACHIEVED BY EMPATHIZING WITH (I.E. PARADIGM SHIFTING INTO) THESE INDIVIDUAL STAGES WHILE CONCENTRATING ON CORRELATED NERVE CLUSTERS IN THE BODY.

THE KABBALAH MAPS THE MIND BY COMPARING IT TO THE UNIVERSE'S/GOD'S CREATIVE PROCESS. ILLUMINATION IS ACHIEVED BY CONTEMPLATING SYNCHRONISTIC MATHEMATICAL RABBIT HOLES IN CORRELATION TO POINTS IN THE BODY CALLED SEPHIROTH.

THE TANTRIC/YOGA SYSTEM MAPS THE MIND BY "ENERGY" CENTERS CALLED CHAKRAS AND THEIR CORRELATING "AURA" LAYERS. ILLUMINATION IS ACHIEVED BY PEELING AWAY WHAT YOU ARE NOT, THEREBY REVEALING YOUR TRUE SELF.



From a possible quantum physics standpoint: Consciousness = Planck's Constant x Vibration.

An interpretation from ChicagoGnosis on the Kabbalah's layers of consciousness/mind: "Our consciousness is a fraction of the human soul,

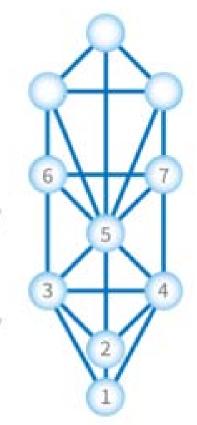
known as Tiphereth in Kabbalah. This middle sephirah in the very center of the Tree of Life is known by the term superior manas in Theosophy... Our consciousness emanated from Atman-Buddhi-Manas, Chesed-Geburah-Tiphereth, and has entered the lower sephiroth: mind, heart, vitality, and physicality. This is in order to acquire knowledge and experience. Our inner Being, spirit, Buddha, Atman, gives the consciousness intuitions and hunches, as well as inspiration to practice spirituality through learning to control the lower aspects of ourselves, the lower trinity in this glyph. Tiphereth, superior manas or willpower, must control the lower aspects of the psyche."

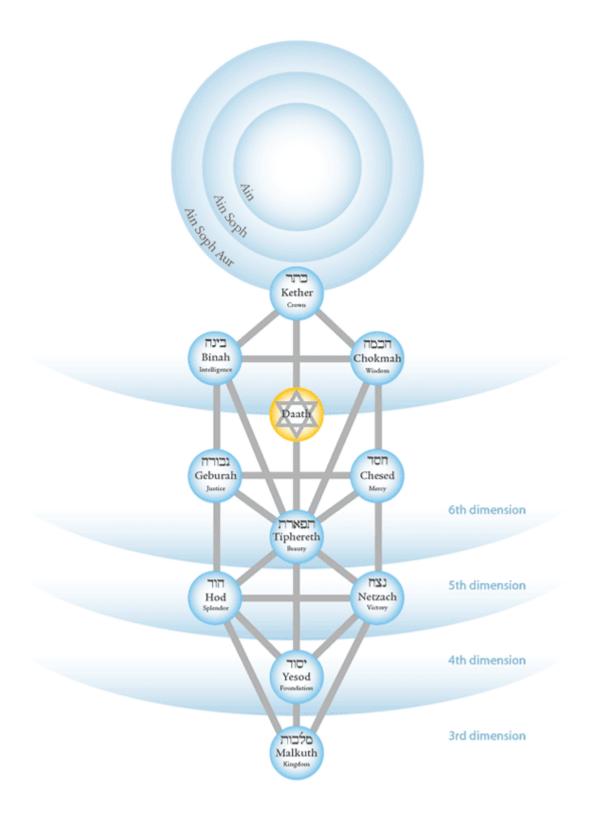
7. Atman: the Innermost Being, our Inner Buddha or God

- [Chesed]
- 6. Buddhi: the consciousness, the Divine Soul [Geburah]
- 5. Superior Manas: the Human Soul, Willpower, Causal body [Tiphereth]
- 4. Inferior Manas: the mind, Mental body [Netzach]
- 3. Kama Rupa: the body of desires, the Astral body [Hod]
- 2. Linga-sarira: the Vital (Ethereal) body [Yesod]
- 1. Sthula-sarira: the physical body [Malkuth]



- 7: Spiritual Energy
- 6: Conscious Energy
- 5: Volitional Energy
- 4: Mental Energy
- 3: Emotional Energy
- 2: Vital Energy
- 1: Physical Energy





Another meaning of consciousness

"From various dictionaries:

The state of being conscious; knowledge of one's own existence, condition, sensations, mental operations, acts, etc.

Immediate knowledge or perception of the presence of any object, state, or sensation.

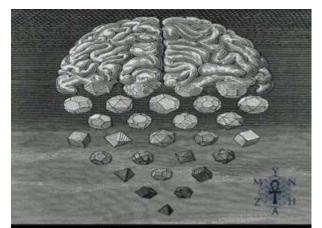
An alert cognitive state in which you are aware of yourself and your situation.

Consciousness is the foundation of perception and understanding.

Consciousness is the basis upon which we evolve or devolve. Our improvement or degeneration is marked by the state or level of our Consciousness.

The more elevated or purified our level of Consciousness, the more refined and penetrating our perception. That is why the purest individuals in our histories have also been the wisest and most perceptive, capable of seeing not only into the human heart, but into other dimensions. " gnosticteachings.org

If consciousness filters internal and external information through the mind molding our perception and understanding of reality then what is reality?



"The brain does not create consciousness, but consciousness created the brain, the most complex physical form on Earth, for its expression." ~ Eckhart Tolle

Chapter 4- What is Reality?

Chapter 4- What is Reality?

"Reality- In a discussion Bert said that reality can be described in many ways, but the description that an individual accepts is the one that conforms to that individual's preconceptions. Omar expanded on this by defining objective reality as the fantasy that has received the majority vote and subjective reality as a personal fantasy. Mal concluded the discussion by saying, "Reality is the original Rorschach."-Zen Without Zen Masters

"Reality is created by the mind. We can change our reality by changing our mind."— Plato

"Reality is not upon the earth, my son, and it cannot be thereon, but it can be comprehended by a few men to whom God vouch safes the divine vision. Nothing on earth is real, there are only appearances and opinions on earth; yet all is real for intelligence and reason. Wherefore to think and to speak the truth, this indeed may be called real"-Hermes Mercurius Trismegistus

"We accept the reality of the world with which we are presented." Cristof Truman Show

So reiterating- Do you question your reality? Is this reality just mundane, accidental physical realm of matter? A purposeful divine creation? Is it a hologram? A dream? A simulation? A game? A puzzle? A maze? A afterlife? A birth? A hallucination? A way to evolve? A fractal? A prison? A farm? A reality show? A book? A experience? Whatever you make it? Some of them? All of them? None of them? Let's decide.

Reality, in simple terms, is the way our consciousness (or reception of it) via the mind and brain interprets the information/energy around us and processes it. It is both subjective and fluid and objective and solid. There is overlying and underlying energy within and without us that bring everything into a congruent form we define as reality. It is important to perceive that what we think as objective reality, matter, and physics is actually subjective; best explained by the double-slit experiment. In short "It shows that light has both a wave nature or characteristic and a particle nature or characteristic, and that these natures are inseparable." So light and matter are both solid and nonsolid which is dependent on what is known as the observer effect. "The observer effect is the theory that the mere observation of a situation or <u>phenomenon</u> inevitably changes that phenomenon." If true, matter and therefore reality as we think of it is dependent on an observer.

"Of course it is happening inside your head, Harry, but why on earth should that mean that it is not real?"- Harry Potter Movie

It's all just in your head! Of course, everything is in your head! It is how we interpret reality. Our head is where our brain is, which controls our body and senses. The brain is the seat of the mind controlled by the consciousness which is part of the spirit. Like a multi-level system of puppet strings that can be controlled by us through willful practice. The question is which part of us has control of the strings; the mind and body make great servants but terrible masters. Even worse if we remain ignorant of ourselves and our reality certain habits and vices we can be exploited and allow other forces to control the strings. Puppets don't always wear strings on the outside.

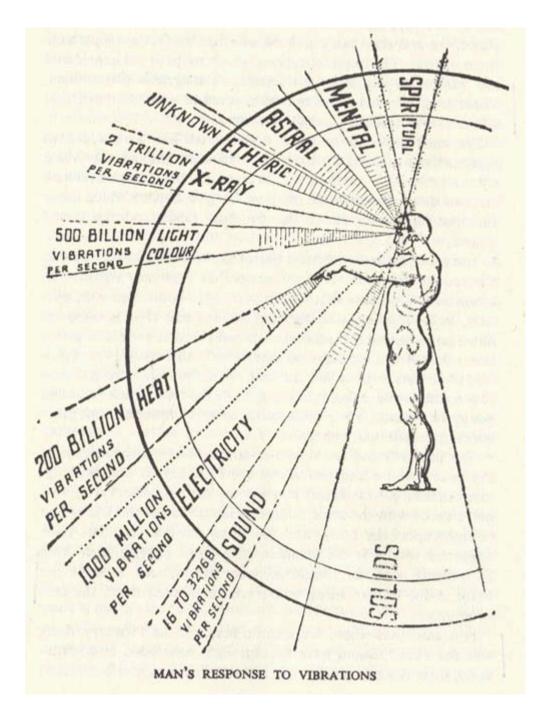


Vibration

"The Principle of Vibration: Nothing rests; Everything moves; Everything vibrates. "

"On Earth, man is in bondage, bound by space and time to the earth plane. Encircling each planet, a wave of vibration, binds him to his plane of unfoldment." – Thoth

Everything is energy, everything is vibration. Everyone and everything is constantly getting an input of these vibration from the 5+ senses



Most everyone bases reality today on empirical knowledge; that is knowledge based upon the five senses of sight, sound, smell, taste and touch. The electromagnetic spectrum gives off vibrations that we filter through our mind, conscious, body, past experiences, ego, and other mechanisms creating our reality. These senses combined with other aspects of mind/consciousness become our perspective of reality. Everyone's reality and perspective therefore, though more or less similar, must be different.

Knowing, that we can only perceive less than ~1% of the known electromagnetic spectrum, we may want to expand our definition of what reality really is. One person may be more in tune to a vibration and be able to perceive what most cannot. Our brain, mind and consciousness could be likened to a radio receiver; sometimes they could tune in to certain frequencies felt by everyone, other frequencies are more subtle and hidden. There are a number of ways to expand your perception to subtle frequencies such as meditation, entheogens, magick, natural born talent, and other experiences.

"I think, therefore I am" Rene Descartes

If we know we are consciousness incarnated, lets us look into different theories of the overlying/ultimate reality; or at least the next levels of what this objective/subjective reality we are in might be. Think for yourself, make your own reality.

Chapter 5- Reality Theories

Chapter 5- Reality Theories

Don't forget the physical realm

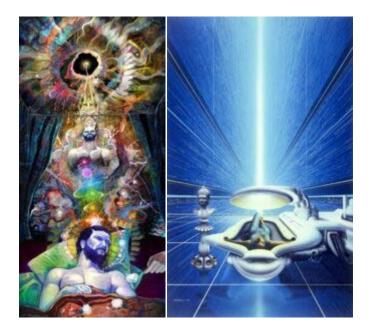
There are many ways to interpret these reality theories some seemingly more negative and others more positive, it is all perspective though. No matter the theory, we do know that with the physical realm we perceive pain and suffering no matter the reason or final outcome. The physical realm is unforgiving with strict laws of cause and effect. It doesn't help (much) to know reality is an illusion, dream, hologram or any other theory when you are hungry, hurting, tired, and thirsty. A person in pain or hungry child will get little or no comfort from you telling them it is all in their heads. Maslow's hierarchy takes precedence to any philosophical theories or higher thought. This is necessary to keep in mind and keep in balance with this when discussing higher-minded philosophical ideas. Spiritual philosophy with no attention to matter will lead to fantasy, escapism and unpractical ideas; materialism with no attention to spiritual philosophy will lead to mammonist, materialistic nihilism (what most of the world is now). Find balance with thought, word and deed. Having this reasoning makes it critical to try to make whatever the overlying/underlying reality is, a better one for everybody, at least from my perspective. This is how I live my life, trying to show respect, love, knowledge and empathy to everyone and everything.

Keep in mind many of these theories can be combined or can be overlapping. The true reality could be something our words and minds cannot fully describe or comprehend.

Dream Theory

Are we in a dream, maybe a dream within a dream? Who is the dreamer, who is the dream?

Here is a look into my dream.



"Have you ever had a dream, Neo, that you were so sure was real? What if you were unable to wake from that dream? How would you know the difference between the dream world and the real world?" ~The Matrix

"Once upon a <u>time</u>, I, Chuang Chou, dreamt I was a <u>butterfly</u>, fluttering hither and thither, to all intents and purposes a butterfly. I was conscious only of my <u>happiness</u> as a butterfly, unaware that I was Chou. Soon I awaked, and there I was, veritably myself again. Now I do not <u>know</u> whether I was then a <u>man</u> dreaming I was a butterfly, or whether I am now a butterfly, dreaming I am a man..."~ Lao Tzu

"All matter is merely energy condensed to a slow vibration. That we are all one consciousness experiencing itself subjectively. There is no such thing as death, life is only a dream and we're the imagination of ourselves" ~Bill Hicks

"Row, row, row your boat. Gently down the stream. Merrily merrily, merrily, merrily, Life is but a dream"

"In order to awaken, first of all one must realize that one is in a state of sleep. And in order to realize that one is indeed in a state of sleep, one must recognize and fully understand the nature of the forces which operate to keep one in the state of sleep, or hypnosis. It is absurd to think that this can be done by seeking information from the very source which induces the hypnosis." — G. I. Gurdjieff

Could this be a collective dream, or the dream of the all-mind (god)? Are we the dream or the dreamer? Have we been put under a sleeping spell? When we fall asleep in the physical realm, do we wake in the true reality? Does this reality become a nightmare at times, does it become a great, ecstatic dream at times? Can we control this dream?

A dream is a not an illusion and it feels very real. It feels real until you know you are dreaming. Once you realize this you can shape the dream and make it lucid. In a dream you do not die you wake up (if you allow yourself). Wake up to what though? To your own true consciousness, beyond what is hidden by the constructed paradigms.

"You think this world is any less real than the one you left, do you? Everything that ever happened to you is real, **even your dreams. Them, most of all**." – The Invisibles.

"This place is a dream. Only a sleeper considers it real. Then comes death comes like dawn, and you wake up laughing at what you thought was your grief" ~Rumi

If this is a dream let us make it a better one, and begin to wake up.

Hologram Theory

Is reality a projected holographic illusion? Are we the hologram or the light source?

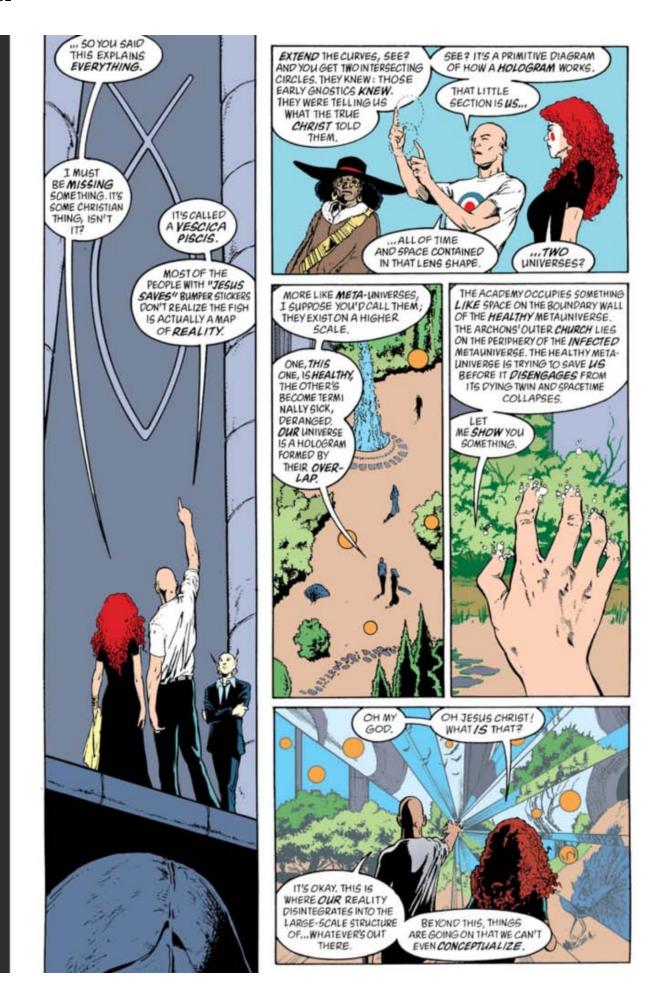


"Reality in The Invisibles is like a hologram. What we perceive as the "real world" is actually the overlap of two different dimensions. One healthy dimension, Universe A, is represented by the Invisibles. The other terminally diseased universe, Universe B, is represented by the Archons of the Outer Church."

"Apollonius of Tyana, writing as Hermes Trismegistos said 'That which is above is that which is below.' By this he meant to tell us that our universe is a hologram, but he lacked the term." ~PKD Exegesis

"Through the darkness of future's past, The magician longs to see. One chants out **between** <u>two worlds...</u> "Fire... walk with me." Twin Peaks

"Remember, reality is an illusion, the universe is a hologram, buy gold, bye!"—Bill Cipher

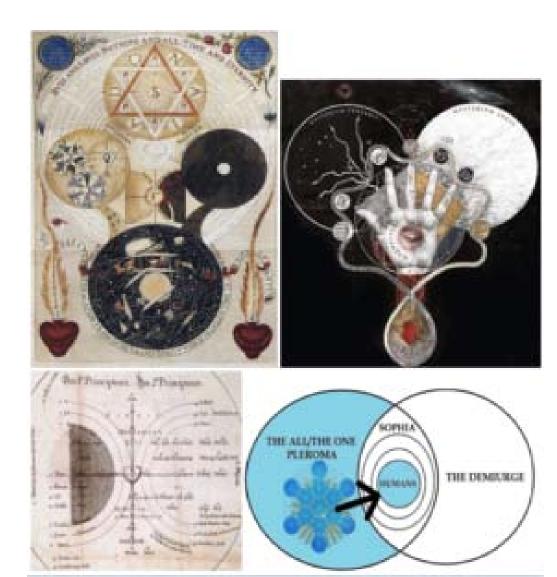


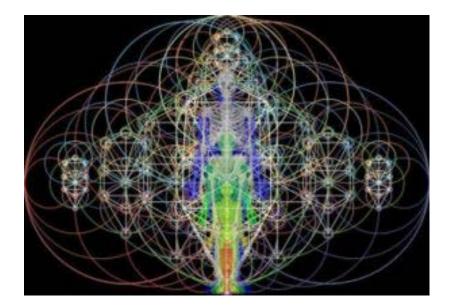
From The Invisibles Comic

Could we be in a hologram? Caught between two or more streams of light and mirrors making what we think is matter and reality. What if our minds are so powerful they believe the hologram to be solid and react to it as if it were solid? What would this source of light be? What would the mirrors be? What would be our relation to it be? Could one refraction of light be "positive and good" shining ideas freedom and love the other evil shining ideas enslavement and hate? What if we were caught in the middle of these two worlds?



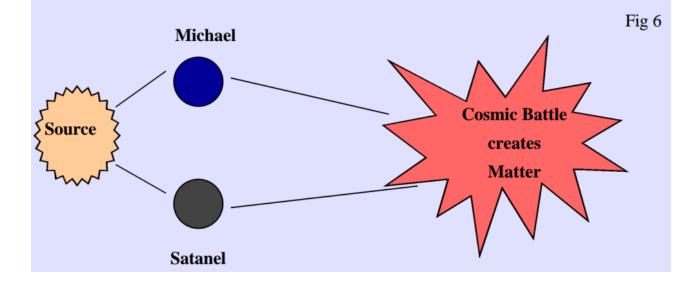


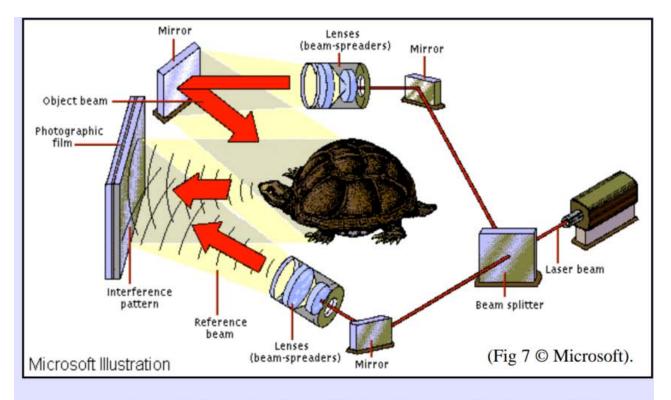




The Hologram of Matter

Now that you have some understanding of the multi-dimensional nature of the universe we need to re-consider our Refraction Model in the light of the Alpha Event. When we think back to what we have discussed about the "cosmic error", we can summarise it in terms of the creation or action of a secondary spiritual source. In the Gnostic interpretation of the Biblical myth for example, we have the defection of Lucifer and a battle between Michael and Satan, which results in the creation of matter. In the Zoroastrian model we have Ahura Mazda, the Lord of Light, and the secondary force as Ahriman. Depending on the period, the Zoroastrian model varies, sometimes we have Spenta Mainyu battling Ahriman, other times we have a more "warrior" version of Ahura Mazda doing battle, however, the duality is still the same. If we decide to use the Biblical mythology for its symbolic value, we would arrive at a structure like that seen illustrated in Fig 6. What is interesting about this structure is that if we spent a little time and some imagination, it can be readily translated into terms of light and relations between objects. When we undertake such an interpolation we find we have all the elements for the creation of a hologram. (Fig 7). While I agree our religious imagery may only reveal the holographic elements in





a very simplistic and elementary form, it is nevertheless certainly present. If we go further and re-consider the early religious mythologies about the fall and the creation of matter in the light of Holography it becomes even more obvious.

> Holograms are made by exposing a piece of film to laser light, which is scattered by the object being holographed. The film is also exposed to light coming directly from the laser (the reference beam). The two beams of light interfere when they reach the film because they have taken different paths and are no longer in phase with each other. The film simply records this interference pattern, which is the hologram. To reconstruct (view) the image, the hologram is illuminated by a beam of light, which is diffracted by the interference pattern on the film. This reproduces the original surface pattern of the object in three dimensions.

Encarta Encyclopaedia,

Microsoft.

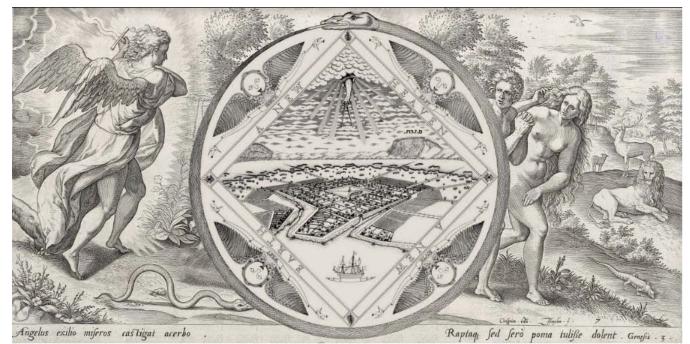
From Gnostic Theurgy

"The three dimensional image of the hologram is created before our eyes in space by two beams of coherent light. The waves overlap standing wave patterns over a certain region of space which subtract and add to the light field. Our consciousness sees the image as real even though there is nothing solid in space. One can put ones hand through the image which looks like a real object. The image is created entirely by interactions of light distributing (the field of the knower) -consciousness." Nuclear Evolution, Christopher Hills. University of the Trees Press, 1968

If this is a hologram let us manifest more of the light and love rather than the darkness and fear.

A Matrix computer simulation/game/amusement park?

Are we in a matrix like computer game? Are we the character or the player? The player or the programmer?



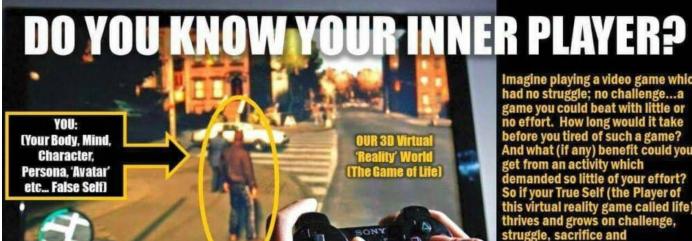


"The world is like a ride in an amusement

park, and when you choose to go on it you think it's real because that's how powerful our minds are. The ride goes up and down, around and around, it has thrills and chills, and it's very brightly colored, and it's very loud, and it's fun for a while. Many people have been on the ride a long time, and they begin to wonder, "Hey, is this real, or is this just a ride?" And other people

have remembered, and they come back to us and say, "Hey, don't worry; don't be afraid, ever, because this is just a ride." And we ... kill those people. "Shut him up! I've got a lot invested in this ride, shut him up! Look at my furrows of worry, look at my big bank account, and my family. This has to be real." It's just a ride. But we always kill the good guys who try and tell us that, you ever notice that? And let the demons run amok ... But it doesn't matter, because it's just a ride. And we can change it any time we want. It's only a choice. No effort, no work, no job, no savings of money. Just a simple choice, right now, between fear and love. The eyes of fear want you to put bigger locks on your doors, buy guns, close yourself off. The eyes of love instead see all of us as one. Here's what we can do to change the world, right now, to a better ride. Take all that money we spend on weapons and defenses each year and instead spend it feeding and clothing and educating the poor of the world, which it would pay for many times over, not one human being excluded, and we could explore space, together, both inner and outer, forever, in peace."- Bill Hicks

"We are living in a computer-programmed reality, and the only clue we have to it is when some variable is changed, and some alteration in reality occurs. We have the overwhelming impression that we were reliving the present – déjà vu."- Philip K. Dick



YOUR INNERMOST PLAYER': (Your True Self) Imagine playing a video game which had no struggle; no challenge...a game you could beat with little or no effort. How long would it take before you tired of such a game? And what (if any) benefit could you get from an activity which demanded so little of your effort? So if your True Self (the Player of this virtual reality game called life) thrives and grows on challenge, struggle, sacrifice and selflessness, why all this focus on comfort, security, "whatI want / don't want?" and pleasure / pain? And if it's NOT your Innermost Player playing the game THROUGH YOU, then who or what is PLAYING YOU instead? YOU instead?

Or do you FEEL you are in charge & THINK you're capable of winning,' when in reality you're just GETTING PLAYED by your many egos actually calling the shots, hypnotizing you with DESIRES for MORE PLEASURE & LESS PAIN?

Attlas.info



Is our reality some type of simulation or game? Are we similar to the Sims video game, but controlled by some type of other-dimensional being? Could this reality be some type of open world, free roam, first-person, live action role play? Are we being used as batteries as the Matrix movie presents to power the simulation that we are in? Are we the energy like in the above meme, each with a specific role to make the system run smoothly?

Reality as we know it- physics, chemistry, matter etc. could just be some coding inside a super computer. Our lower levels of consciousness such as ego and persona, may just be a character that was selected, while our higher levels of consciousness is the being playing and controlling this character we think of as ourselves and our personality.

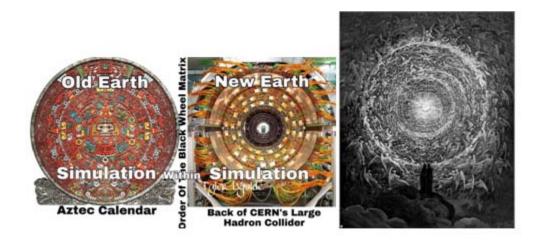
The computer system could have firewalls and anti-virus software to help maintain and secure it while still being susceptible to a virus that negatively affects the systems and energy. Glitches and anomalies within the computer system could be the basis of paranormal activities and other mysterious happenings. Like all games and computer systems there could be exploits to the system or cheat codes which could be the basis of magick and meditation. If this is a game then there are probably Non-Player Characters or NPCs, people that have no individualized higher consciousness and are controlled by the computer system itself, which has turned into a popular online meme recently. The NPCs can be there to help, sell things, give advice and assist or to be adversaries and make the game more difficult and challenging. Thomas Campbell's MY Big TOE and lectures explains this in further detail.

Like with all games, you play the game for a while and beat it or get bored, then take a break till you find a new game to enjoy and gain experience from. Maybe you want to play the same game again with a different character or different difficulty, or maybe you just go to the next level. Your character and the level/game might change, but the Being playing and in control, your real self, stays the same, just with a more perspective and experience.

"Time is a child — playing like a child — playing a board game — the kingdom of the child. This is Telesphoros, who roams through the dark regions of this

cosmos and glows like a star out of the depths. He points the way to the gates of the sun and to the land of dreams."~Jung

If this is a game/matrix/computer let us program it to a more pleasant and better game.



Reality Show/Actor theory

Is this some type of theatrical play? Are we all just actors playing a role? Are you the actor or the director?

"All the world's a stage, and all the men and women merely players: they have their exits and their entrances; and one man in his time plays many parts, his acts being seven ages" –Shakespeare

Reality could be a theatrical play, our bodies a costume, our personality and lower consciousness the character we are playing. The world could be the stage set- the sun, moon, stars it's lighting, full of special effects and props to make it intriguing and dangerous.

Another possibility is that this is a reality show. Of course the best reality show would be one that the people are unaware they are on. Maybe our higher

consciousness blocks our own lower consciousness in order to make the show more exciting. Or maybe the director and producers made us forget ourselves in order to appease and entertain them.

The Truman show does a great job displaying what this theory would look like. Also South Parks "Cancelled" episode explores this idea. "Earth, and all of Earth's species, such as <u>Asians</u>, <u>bears</u>, <u>ducks</u>, <u>Jews</u>, <u>deer</u> and <u>Hispanics</u>, are taken from their respective home planets for the purposes of the show, and everyone around the world is unknowingly being filmed and watched."

Similar to the game theory, like NPCs there could be background actors or extras that are not really important to the story line but give it a better ambiance.

If reality is a TV show we should begin to collectively write a better script and make this theatre/show less violent and dark.

A Book

Is reality a book? Is it already written or is it being written as we go? Do we write the book? Are you a character, the reader or the writer?

"Life is like a book that never ends. Chapters close, but not the book itself."Unkown

If your reality was a book then your life would be a story in the book. What kind of story would you have? Would it be a comedy, tragedy, adventure, drama, mystery, thriller, romance, maybe a bit of each? What kind of story would you want? What kind of character would you be? What if we aren't writing our story? Maybe it is a 'choose your own adventure' book?

Books are information which is what we and everything is, especially what DNA seems to be. Everything is information of some sort. Books also serve

all sorts of purposes from self-help, educational, adventure, religious, etc. If your reality is a book what purpose do you think it serves?

If reality is a book we should write our own stories and try to make the collective story a more positive one.

A Hallucination

Are we in a hallucination? Are we the hallucination or the hallucinogen?

"What we call reality is, in fact, nothing more than a culturally sanctioned and linguistically reinforced hallucination." –Ternece Mckena

"A LOT OF WHAT OUR BRAIN DOES IS SYNTHESIZE A HALLUCINATION, A MODEL OF THE WORLD THAT WE PROCEED TO LIVE IN THIS IS A MODEL REALITY THE REAL REALITY IS COMPLETELY UNKNOWABLE" DENNIS MCKENNA

"Perception and hallucination have a lot in common." Anil Seth

"Everything is perception. A hallucination is a perception of a certain reality. It is a perception of a certain state of mind."— Frederick Lenz

"One of the main terms PKD coined to describe wetiko is the "Black Iron Prison" [henceforth BIP]. PKD writes, "The BIP is a vast complex life form (organism) which protects itself by inducing a negative hallucination of it." By negative hallucination, PKD means that instead of seeing what is not there, we cannot see what is there. In PKD's words, "The criminal virus controls by occluding (putting us in a sort of half sleep).... The occlusion is selfperpetuating; it makes us unaware of it." Being self-perpetuating, this occlusion in our consciousness will not go away of its own accord; it acts as a feedback loop (in PKD's words, "a positive feedback on itself") that perpetually self-generates until we manage to break its spell. PKD writes, "the very occlusion itself prevents us from assessing, overcoming or ever being aware of the occlusion."-Paul Levy

What if when we take entheogens are we actually experiencing a glimpse of what reality actually is, and what we consider reality in the sober state is the hallucination. If we have been hallucinating since birth how would we know? Did we willingly take part in this hallucination or did someone slip us a hyper dimensional roofie without our consent to make us experience this?

Hallucinogens when taken properly and with intent can lead to exponential growth of mind and spirit. The inverse to this is they can also lead to bad trips, where instead of growing we regress and our minds come out weaker than before and can carry trauma/fear. Just like any hallucination much comes down to our own preparation (dosage), environment, perception, intent, desire and will.

If this reality is a hallucination then we should learn as much as we can and take the opportunity to grow instead of letting the bad trips break us. It should also give us a reason to try making other's hallucination a profound and pleasant one.



A Prison/Farm/Zoo/Terrarium

Is reality a prison? Who are the inmates and who is the warden and guards? Or maybe a Farm? Are we the livestock or the farmer?

"The new model for the new concentration camp, where the camp has been built by the inmates themselves, and the inmates are the guards, and they have this pride in this thing that they've built—they've built their own prison and so they exist in a state of schizophrenia where they are both guards and prisoners. And as a result they no longer have—having been lobotomized the capacity to leave the prison they've made or even to see it as a prison."~ My Dinner with Andre

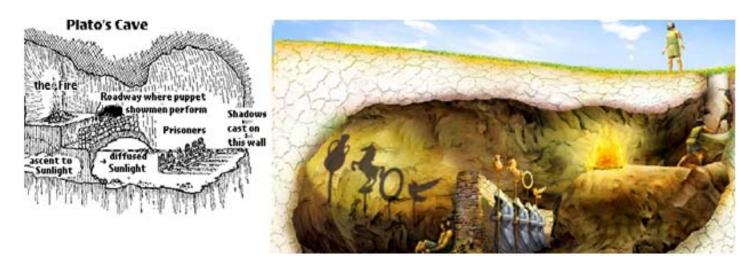
"The Matrix is everywhere. It is all around us. Even now, in this very room. You can see it when you look out your window or when you turn on your television. You can feel it when you go to work... when you go to church... when you pay your taxes. It is the world that has been pulled over your eyes to blind you from the truth.

Neo: What truth?

Morpheus: That you are a slave, Neo. Like everyone else you were born into bondage. Into a prison that you cannot taste or see or touch. A prison for your mind."

"Man is in prison, so what can he wish for, what can he desire? If he is a more or less sensible man, he can wish for only one thing—to escape. But even before he can formulate this desire, that he wants to escape, he must become aware that he is in prison. If he does not realize that he is in prison, he cannot wish to escape. Then, when he formulates this wish, he begins to realize the possibilities of escape, and he understands that, by himself, he cannot escape, because it is necessary to dig under walls, and things like that. He realizes that first of all he must have some people who would like to escape with him—a small group of people. So he realizes that a certain number of people can perhaps escape. But all cannot escape. One cannot and all cannot, but a small number of people can. Again, in what conditions? He comes to the conclusion that it is necessary to have help. Without that they cannot escape. They must have maps, files, tools and so on. So they must have help from outside. This is exactly, almost literally, the position of man."

"You are in prison. If you wish to get out of prison, the first thing you must do is realize that you are in prison. If you think you are free, you can't escape." — G.I. Gurdjieff



"Allegory of the Cave Background- The cave was where groups of prisoners were held. They could only look ahead of them and were blocked off from the reality of life. On the wall they saw reflections of statues in which they thought was reality. Since they could only look ahead they never saw the fire behind them and the wall behind the fire. Later, a prisoner is set free. He then sees the statues knowing that they are more real then their reflections. He is then let out of the cave and sees true, real things. When the prisoner sees all of the "real" things he reaches understanding."

"A person's beliefs imprison them. And a person can't see their own prison walls. They could escape very easily, but they don't even try, because they don't know they're imprisoned. (An initiate) often needs someone who is already awake to gently shake him, or if he's in a very deep sleep, he may need someone to shake him a little more aggressively." Illuminatus Pythagoras The Black Iron Prison of Philip K Dick:

"We did not fall because of a moral error; we fell because of an intellectual; that of taking the phenomenal world as real. Therefore we are morally innocent. It is the empire in its various disguised polyforms which tells us we have sinned."

"Philip K. Dick said that the perfect description is that of a time forsaken place, blending past, present, and future, buildings cast in wicked black...The 'Prison' is made of iron. Why is it iron, when we're talking about it being in a shadow dimension, with no true substance to it at all? Perhaps that it is specifically black is the clue. Iron was perhaps the most useful metal that human beings have ever found. In itself, there is no evil-but black iron, that which is put to dark purpose, iron would be then the opposite of that utility, being instead being wielded of nefarious mind. It is then become the all purpose material of evil. That is the Black Iron. And prison? Perhaps you have heard, of this life: you can't win, you can't break even, and there is no way out of the game. Even without a strictly physical form, the Black Iron Prison is so named correctly. But surely, there are parts of the world, both human and of nature, that are not elements of Hell, right? How is it that PKD said it is the true structure of the world? And others have said it, too, that we are completely enclosed by it, the whole of the world is imprisoned... It could be that it all is truly is in the eye of the beholder....The Black Iron Prison, ultimately, is most rationally perceived as a psychological construct, which limits our actions and our perspective(s) on the world. (Thus its ultimate reality.)"- blackironprison.com

If we are in prison, what did we do to be sentenced here? Did we do anything at all or have we been kidnapped?

The prison theory offers a few interpretations. One interpretation is that our bodies and lower mind are prisons for our consciousness and we need to

defeat our own ego, attachments and beliefs in order to escape, a completely internal battle. Another interpretation could be that we are enslaved mind, body and soul by a demented, insane god and its minions in this prison realm and need to defeat external forces in order to escape. Lastly, it could be a combination of the two where we must defeat both internal and external forces to find real freedom. With the latter theory, if this is a prison who is the Warden and who are the guards? Why are we locked up? Some Gnostics say the Warden is the Demiurge and the guards are the Archons- that we are pure spiritual consciousness/light imprisoned in a material body and world. They say there are ways to escape by meditative practice, mindfulness, lifestyle and other practices that allow you to control your thoughts, words and deeds. With the, internal battle theory, this can be observed that people are certainly held prisoner by their own beliefs and attachments. I feel this doesn't need to expanded upon much and there are many degrees and variables to how imprisoned you become. The most noticeable and highest degree of self imprisonment is from people with addictions or who become zealots in a religion/cult.

Another more material interpretation is one of an ancient alien theory. If you have heard of the Annunaki / Ancient Astronauts mythos it tells stories how we were created to be slave workers, possibly pets for a terrarium or zoo. Though there are a few different interpretations, basically we are genetically engineered hybrids being a combination of the mammals that were on earth and the Annunaki genes. There is plenty written on this by Zecharia Sitchin, Erik Von Daniken and others.

Farm Theory

"The world is a vampire, sent to drain, Secret destroyers, hold you up to the flames. And what do I get, for my pain? Betrayed desires, and a piece of the game. Despite all my rage I am still just a rat in cage." -Smashing Pumpkins Just as dark or maybe even more so, is the theory that we are on a farm and are just livestock, raised for the sustenance of other beings. This sustenance could be interpreted energetically via our thoughts, emotions, feelings, astral or, ethereal part of ourselves. The eaters are energy and spiritual parasites/vampires that feed and gain sustenance off the negative/lower mind emotional, mental and physical energy we give off in the form of fear, anger, violence, stress etc. Reality as we know it is engineered to create these emotions in us as we struggle to make ends meet. This energy has been termed loosh, or garmonbozia and should be further studied. (this will be discussed further in Masters of Manipulation: The Cult of Inversion Chapter 9)

This could be looked at in a more material sense, that our bodies are literally food for these rulers that have physical forms here. We are their food. Stories of the Nephilim/Giants tell of an ancient race that fed on humans, as well as more modern reptilian shape-shifter theories. Movies like "The midnight meat train" "Dagon" "From Dusk till Dawn" and plenty of other vampire, Dracula/human eating monster themes explore this concept.

It could also be the reason pigs seem to be a hybrid of humans and wild boars, a way to help sustain them when human meat is not available. This may be the reason why human and pig skin and other body parts are compatible for transplant and why pigs are considered the one of most intelligent animals. When people abuse their power (Police commonly) do they devolve into pigs after death, eluded in the Greek myths of Circe?

"On Earth, man is in bondage, bound by space and time to the earth plane. Encircling each planet, a wave of vibration, binds him to his plane of unfoldment. Yet within man is the Key to releasement, within man may freedom be found. When ye have released the self from the body,"~Thoth

If this is a prison/farm we should try to work together to escape and overthrow our imprisoners.

A War

Are we caught is a war between forces of "good and evil"? Who is good who is evil?



"In the beginning...you know how it started? Well, 9000 years ago, the entire universe was created by OHRMAZD, "The wise lord." 3000 years later, "The destructive spirit," also known as AHRIMAN, entered the creation to inflict suffering and death on its inhabitants. But when Ahriman and his dark forces tried to leave the universe after doing their dirty work, they realized they'd been tricked; the whole creation was nothing but a cage, designed by OHRMAZD to trap the forces of evil where he could destroy them. That's when the **battle** started." –The Invisibles

Similar to the hologram theory with two realities, one of love and kindness and another of fear and enslavement overlapping; this supposes that we and our reality are caught in between this war. A war in heaven that manifests in/through us and our world, where we are both fighting and being fought over. If we are not aware there is war going on, then we will not be aware of what side to choose, nor will we be prepared to defend ourselves. Abrahamic religions, when taken literally, speak of a continuing war between: God vs. Satan, Angels vs. Demons. Other myths include: Enki vs. Enil, Loki vs. Thor, certain Gnostics might say it is a war between or Archons vs. Aeons, Michael vs. Satanel or The Pleroma vs. the Demiurge. No matter the interpretation, there is no doubt that we live in a realm of duality where it does seem there are tremendous forces of both good and evil that struggle within and without us. Could this be a rising battle ground culminating to when the final battle of good vs. evil plays out in what people call Armageddon.

If a war were being fought over us by one side of unconditional love and its inverted shadow of unconditional evil, fear and hatred; then obviously the loving side would be losing, at least seemingly in the perceived material reality, to the side of fear/hatred. Simply because the evil would have no constraints to meeting whatever end satisfied it. No worry of any others and the pain and suffering created would matter to it; it would commit and have any/every violent atrocity, abomination and filth at its disposal. The loving side would be constrained by its own nature, while the side of filth and abominations would encroach on everything by its own nature.

If war is hell, are we already in hell?

"Imagination is the only weapon in the war against reality."~L Carroll

If reality is a war, let us be on the side that fights for freedom instead of enslavement.

An Experiment

Is this just a giant experiment? Are we the experiment or the scientist?

Could reality just be an experiment being undertaken by hyper-dimensional beings? Are they trying to find out what happens when spirit and

consciousness mixes with matter. Is the idea of matter and physicality itself an experiment? What is your hypothesis?

Could the experiment be hands off, as in they set up the conditions and see how everything plays out...?

" 'I guess God has a plan for all of us...' God's a kid with an ant farm lady. He's not planning anything."-Constantine

If reality as we know it is an experiment let us use the scientific method to explore it: Make an observation. Ask a question. Form a hypothesis, or testable explanation. Make a prediction based on the hypothesis. Test the prediction. Iterate: use the results to make new hypotheses or predictions.

Observe everything, your own thoughts, reactions, emotions etc, observation will be elaborated further in the Observe chapter. Question everything. Question yourself. Question anyone or group that claims to have authority or truth. Question what questions are. Question what answers are. Make a hypothesis, which is what this entire writing is, my hypothesis based on my perspective. From this you can make your own predictions and test whatever it is you are looking to discover.

If reality is an experiment let us learn as much as we can from it so we can grow wiser.

A School

Is this reality a school? Are we the student or the teacher? Who is the principal and administration?

"The difference between school and life? In school, you're taught a lesson and then given a test. In life, you're given a test that teaches you a lesson."-T. Bodett Is this reality a school where we come to learn about dualistic material existence and experience? It is not a theory that we do learn a lot through the course of our lives. Whether is learning about academics, ourselves, others, social functions, nature, philosophy, stories etc. If it is a school then in order to learn about ourselves we must have something to compare it to, the other. To know what something is we must also know what it is not. Same goes with ourselves, to know yourself you must know what you are not. This will be further elaborated in the Know Thyself Chapter. The question is do you continue to learn something new every day? Do you look for opportunities to learn? Do we look at every experience as a learning opportunity? Do you have a will to learn? Or do you feel you have learned everything you need to?

What do we need to do to pass this school; I do not know and will let you decide that, here is someone's interpretation about reality/life being a school:

"To Graduate from the "School of Life" you need to have met the following criteria: Found your life purpose, know how the egoic mind operates, detached yourself from the egoic mind, lived in essence, been in essence in relationships, overcame duality, trusted life, became awake, reprogrammed beliefs, handled anger, forgiven everyone, loved yourself, dealt with fears, overcome anger you had with God/you, cleared your emotional complexes & negativity, let go of the past, dealt with difficult relationships and mastered loving all creations of the universe."

— M. G. Roussou

If reality is a school, let us help others pass the test and be nice to our classmates.

A way to evolve?

Could reality be a way to evolve mentally, spiritually, consciously, and as our "scientists" propose has happened physically? Are we evolving or devolving?

If you observe the stages of a human fetus growing, we seem to mimic the stages of what is thought to be physical evolution. Starting as a tadpole, then to a reptile, to a mammal with a tail and finally human.

Similar to the school theory, it seems like any and all situations in our life allow for an opportunity to evolve and get stronger or devolve and grow weaker. Much is up to our perspective and how we handle each opportunity. If we are completely unaware of the potential then we will not take advantage of the experience and the experience will take advantage of us. It does seem in many aspects we have devolved in many ways besides informational technology.

"Evolution is the fundamental process at work within this greater "all", along with its opposite, entropy. Evolution utilizes energy to increase complexity and information over time, whereas entropy dissolves structural patterns, flattening everything out into evenness.

Evolution gives birth to difference, entropy soothes into sameness. Evolution is life, entropy is decay. They are two sides of the same coin and without them nothing would ever happen. Similarly, one cannot exist without the other." - upliftconnect.com

If reality is an evolution let us help others find their way so we do not devolve.

A Fake World/ Machine World

Are we living in a fake reality? A cheap, inorganic, machine-like replica of the true reality? If this reality is fake then what is real? Are we real? What part of us is real what part is machine like and fake?

"You," he said, "are a terribly real thing in a terribly false world, and that, I believe, is why you are in so much pain." — Emilie Autumn

"This is the wrong world"-Westworld

"We created our own fake world in order to satisfy our imagination through illusion." Unknown

The more you study you the more you will find that most of our news/media is fake, our history is fake, literal interpretations of religion are fake, our food is fake, politicians are fake, much of our science and medicine is fake, many people are fake, and much, much more that can be observed as fake. How much of this world is fake? If these are all fake, at least partially, then what is real?

"Is any of it real? I mean, look at this. Look at it! A world built on fantasy! Synthetic emotions in the form of pills, psychological warfare in the form of advertising, mind-altering chemicals in the form of food, brainwashing seminars in the form of media, controlled isolated bubbles in the form of social networks. Real? You want to talk about reality? We haven't lived in anything remotely close to it since the turn of the century. We turned it off, took out the batteries, snacked on a bag of GMOs while we tossed the remnants in the ever-expanding dumpster of the human condition. We live in branded houses trademarked by corporations built on bipolar numbers jumping up and down on digital displays, hypnotizing us into the biggest slumber mankind has ever seen. You have to dig pretty deep, kiddo, before you can find anything real. We live in a kingdom of bull****, a kingdom you've lived in for far too long. So don't tell me about not being real. I'm no less real than the f*****g beef patty in your Big Mac." Mr. Robot

Select Gnostic sect interpretations say that this world is a counterfeit, debased replica, created by a demented, blind, parasite Demiurge sometimes called Yaldabaoth with help from Archons. This thing used the true reality of loving source/Pleroma as a blueprint and inverted and debased it in order to have all the livings feed off/exploit other living things.

Machine World

"The Empire is a machine. It eats everything around it and turns it into a lifeless extension of itself. This can be very clearly seen in the arts. Every artistic movement that has arisen has been assimilated into the Machine and turned into a mass-produced mockery of itself. The same can be said for social movements. The Beats, the Hippies, the Punks, the Occupy Movement, the Tea Party, etc. The Machine swallowed them all. Infiltrated them, labeled them and neutered their influence. Thus, in order to defeat the Empire we must leave it behind." - Universal shift

Though machines are certainly not fake they are also not organic. This makes them neither bad nor good, which is determined by the machines purpose and how it is used. We can see how humans are very machine like in many ways. Human bodies are bio-electric machines, programmed with instincts that superseded our conscious thoughts. We have autonomous systems of the body that work automatically, much like a machine. If you have ever seen the Westworld TV series, the premise being: an open-world, theme park where robots, that are by both physical appearance and interaction with, impossible to differentiate from the real humans. This could be related to the Gnostic term, Hylics or Somatics who, "were human in form, but their entire focus was on the material world, such as eating, sleeping, mating or creature comforts." To me it seems we all start as robots (on a varying scale some much more than others) and through our choices can either; learn how to de-program ourselves and take control of our own systems, or become more programmed/robotic via propaganda, social engineering, pharmaceuticals, neurotoxin chemicals in food/products/environment, advertisement, technology ect.

"Man such as we know him, the "man-machine," the man who cannot "do," and with whom and through whom everything "happens..."

"Without self knowledge, without understanding the working and functions of his machine, man cannot be free, he cannot govern himself and he will always remain a slave."

— G.I. Gurdjieff

If we are robots in a machine world let us de-program ourselves and deconstruct the machine world into a more pleasant and natural state.

An experience

Are we just here to get experience? Experience for what? To compare and contrast? Existence/non-existence, self/other-self, duality/wholeness? Are we the experience or the one experiencing?

This is no theory; we certainly are having experience after experience ad infinitum. The real question is what we use these experiences for and how we perceive these experiences. Do we look at them as a way to grow and become stronger, better, wiser, and smarter. Or do we not pay attention or even observe our experiences? We may not be able to control the experiences but we can control our perception and reaction to them.

If this is just an experience I'm sure everyone would like a pleasant one, so let us work to make the experience better.

Multiple Timelines/worlds

"People think there's one reality but there's loads of them, all snaking off, like roots. And what we do on one path affects what happens on the other paths. Time is a construct. People think you can't go back and change things, but you can, that's what flashbacks are, they're invitations to go back and make different choices. When you make a decision, you think it's you doing it, but it's not. It's the spirit out there that's connected to our world that decides what we do and we just have to go along for the ride. Mirrors let you move through time. The government monitors people, they pay people to pretend to be your relatives. And they put drugs in your food. And they film you." -Bandersnatch

"We can't define consciousness because consciousness does not exist. Humans fancy that there's something special about the way we perceive the world, and yet we live in loops as tight and as closed as the hosts do, seldom questioning our choices, content, for the most part, to be told what to do next." — Westworld

Other dimensions, timelines, time-loops, realms, densities, realities etc are, as of this paper, not my main concern. There could is and could be plenty more written about all of the theories. They exist and are overlapping and connected much more than we can regularly sense, from my perspective at least. There are many accounts and methods to visit these places (astralprojection). Visiting may be nice; I however think it would be much better if instead of just traveling to these places we use our energy to bring those realities here to share with everyone. Make them overlying instead of underlying, that should be the goal of the adepts.

Some multiple world/realm/plane theories to explore are the Nordic Nine Realms, Ten realms of Buddhism, or the Buddhist Thirty-one Planes of Existence,*Dante's nine circles of hell, Chinese Diyu/ 18 levels of Hell, 28 levels of Naraka* (maybe don't bring these ones back), Theosophy/Rosicrucian's Seven Planes, The four worlds of Kabbalah, String theory, Octave theory, Time loops, Parallel universe, multi-verse, alternate reality, many worlds, many minds interpretation, multiple histories, EPR Paradox, Mandela effect, CERN, quantum computers, and others.

"In our subjective universe we experience three dimensions of space and one of time. However, I believe time, like space, also has more than one dimension. Think of time/space as a multi-dimensional self-perfecting system in which EVERYTHING that has ever, or will ever occur, occurs simultaneously. I believe time-space is a kind of object, a geometrical supersolid. I believe it may even be a type of hologram in which energy and matter themselves are byproducts of the overlapping of two higher systems..."~The Invisibles

An illusion/Maya

Is reality as we know it an illusion? What has created this illusion? Are we the illusion or the illusionist?

"All illusions are created by us, based on an allusion and a presumption."

"Maya is an illusion that projects as reality in mind. When mind is in consciousness state, Maya vanishes."

"They say; Maya (illusion) blinded us.. So we can't see the Truth. But, the fact is; we are running after Maya(Illusion) and letting ourselves blinded by it"

"The most powerful and sophisticated hypnotic methods are being used right now to create the illusion we mistake for reality. The point is, of course, that those same effective weapons are at our disposal. And there are wellestablished techniques for fighting illusion. We have to steal back the hallucination..."~The Invisibles

If reality is an illusion there are a few ways to interpret this. First are both time and space an illusion? Is just matter an illusion? Is time an illusion? Are our senses illusionary? Is separation an illusion? Is fear and illusion? The list can go on and on about what is illusionary, you must decide for yourself what is and is not an illusion.

A couple of interpretations:

"Time was a thought form illusion reinforced by ley lines feeding back into the UK to a time pacing device which is in turn coupled back into Greenwich Mean Time and various clock and computer syncing systems around the globe. All illusions are created by us, based on an allusion and a presumption. Clocks are allusion in this equation, the presumption is that time is real..."

"Perception of Reality is an Illusion, Action on that Perception is a Reality." Yogendra Sharma

"The best place to hide things is in plain sight, things that are hidden out in the open are the hardest to see... We choose what we want to see."

"Edges of something so big and so obvious it's invisible in its entirety."

A Reflection

<u>Is the outer world a reflection of our inner world?</u> Is this reality and nature just a reflection of us internally? Are we in a reflection/fractal? Are we the reflection or the source of light?

"So God created man in his own image, in the image of God created he him; male and female created he them." Bible

Are we a reflective image of god?

"Reality resembles a mirror. Every deed we perform, each emotion we display and every word we speak is reflected back to our lives in equal measure."-The Zohar: The Book of Splendor

"Life is a mirror and will reflect back to the thinker what he thinks into it."-Ernest Holmes "Everyone and everything that shows up in our life is a reflection of something that is happening inside of us."

If life is a mirror; its reflection shines your image back to you. You reap what you sow, so choose wisely.

"The Halls of Amenti, the ultimate hall of mirrors, is the realm of the great illusion that is only passable by knowledge, wisdom, and complete lack of Karma. After passing the Halls of Amenti merger with the Omega Point follows."

Are we just distorted reflections of a higher source? Our spirit in a hall of mirrors



Instead of being one mirror are we in a hall of mirrors. We cast our reflection onto others and reality, where all the reflections mix and converge. Could everything just be different degrees/angles of reflection of the same thing?

Archetypal reflection is another way to interpret the reflection theory. We are all reflections of archetypes playing themselves out in what we think of as reality. This is further elaborated on in the *Thought-form* section of the *Simplicity of Magick* chapter.

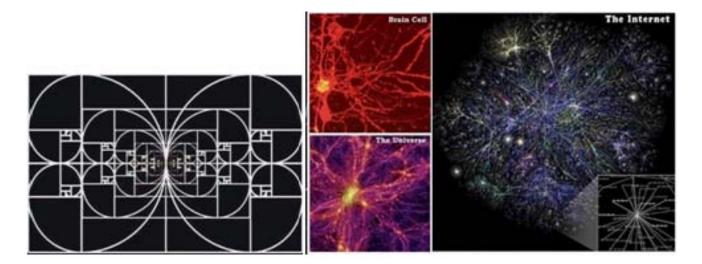
If reality is a reflection let us reflect love and truth to it.

A Fractal

"A fractal is a never-ending pattern. Fractals are infinitely complex patterns that are self-similar across different scales. They are created by repeating a simple process over and over in an ongoing feedback loop. Driven by recursion, fractals are images of dynamic systems – the pictures of Chaos. Geometrically, they exist in between our familiar dimensions. Fractal patterns are extremely familiar, since nature is full of fractals. For instance: trees, rivers, coastlines, mountains, clouds, seashells, hurricanes, etc. Abstract fractals – such as the Mandelbrot Set – can be generated by a computer calculating a simple equation over and over. "-fractalfoundation.org

"We are all a part of one single unfurling Fractal reality"

Is reality a fractal? Is everything part of the same pattern? Is our consciousness/mind patterned after a fractal? Are you the pattern or the equation?



There is no doubt nature uses fractal patterns in many ways. If patterns require intelligence, do fractals prove nature is intelligent? Or is it the best way to conserve energy? Then again wouldn't intelligence be required to know how to conserve energy?





"What you are basically, deep, deep down, far, far in, is simply the fabric and structure of existence itself." – Alan Watts

The Fractal Nature of Reality By Joanna Hunter

"We are all a part of one single unfurling Fractal reality. Life is about floating on the seas of turbulence, drifting on the eddies and currents, flowing, and along the way, learning: whatever that may look like for each of us currently experiencing a mortal life. Each of us (the animate and inanimate, the sentient and the purely material) is part of one inconceivably large, unfurling fractal entity that constitutes everything, and when taken as a whole is the equivalent of what some may call "God".

This entity does not exist within some surrounding vacuum but rather twists and folds back on itself so that it is boundless. The concept of "nothing" is therefore a logical fallacy, an impossibility. We, as parts of this great unfurling fractal cosmic entity, are eternal, though the notion and form of "I" is temporary and in fact the "all" we are participating in exists outside of time. We are part of this great unfurling fractal cosmic entity."

A System Governed by Flow Dynamics

"The whole system of our universe is essentially governed by flow dynamics or the physics of turbulence. Turbulent systems are characterized by the eddies, currents and vortices of "flow". Vortices are self-sustaining energy structures that occur everywhere naturally. They exist at the core of the Möbius torus shape.

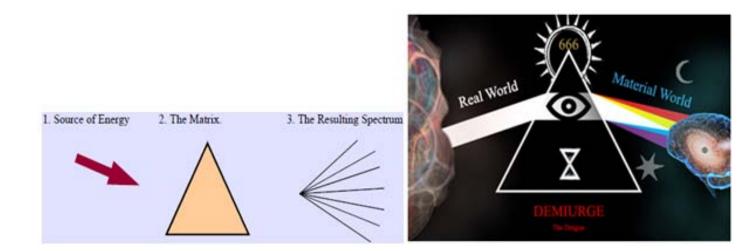
If you think about almost any life form, you can see it is a variant of the Möbius torus and fractal dynamics. Equally, all life forms are holarchies of many lower level Möbius tori. E.g. apple seed, apple tree, apple. All are expressions of Möbius tori.

Atom, blood cell, human body, brain, womb, heart, lungs, eye: derivations of Möbius tori and fractal mathematics. Temporary, self-sustaining physical manifestations of vortices in the flow dynamics of the enormous unfurling cosmic fractal everything."

If reality is a fractal let us solve the equation and make a beautiful pattern.

A prism/refraction

Is reality a Prism? Are we the light source, prism, or spectrum?



If reality is a prism, what is the source of light, what is the prism, and what is the spectrum?

"The Refraction (Prism) Model is based on the simple observation of what occurs when light is refracted through a prism. If a light is shone through a prism the result is a spectrum of colour. The ancient Gnostics used the rainbow as a symbol for the multi-faceted nature of the universe, and when we consider the refraction model we can see why. In simple terms, the earthly image of the refraction of light glyphs or symbolizes something more refined. On a spiritual level, we can contemplate the Primal Light shining through the prism or matrix of manifestation to create the various dimensions of the scheme of things which now exist. In theological terms the "First Cause" energizes the Logos or the Word (the Matrix) and the multi-faceted universe results...This can be applied to many different levels of spiritual reality. From a universal perspective it can be seen as a way to understand how the seven planes of existence are formed and how the One becomes the many. When considering humanity our model is even more expressive, energy is received into the mind/brain complex (the Matrix) and it is distributed through the sevenfold systems in the organism. These systems vary depending on the form of energy received, we have the seven states of consciousness, the seven Chakras or, on a more physical level, the seven phases of the endocrine system and related physiological structures...When we begin to

contemplate this model we can start to see how eloquent it really is...The quantity and/or quality of the Light Source, and The quality of the Matrix...Accordingly, since we know that in the lower worlds the spiritual light we receive is actually a mixture of positive and negative forces, then we can understand how our experience of reality is influenced and conditioned through the energy we receive. If we go further and contemplate how the brain/mind complex is programmed with painful memories and neuroses, we can appreciate how energy distributed from the spiritual worlds can be distorted by flaws in the Matrix. We can also see how the resulting spectrum (our emotional/physical reality) is conditioned and influenced by variations in our ourselves (the Matrix) and the energy we receive."- Gnostic Theurgy

If reality is a prism/refraction then we should "assure that only the highest quality Light is received and refine and purify the Matrix."

A Maze/Puzzle/Labyrinth

Is this reality a maze? Is our own mind the labyrinth? Are we the maze runners or the maze designers?

"There's messages in every game. Like Pac-man. D'you know what PAC stands for? P A C. Program and control. He's program and control man. The whole thing's a metaphor. He thinks he's got free will, but really, he's trapped in a maze, in a system. All he can do is consume, he's pursued by demons that are probably just in his own head. And even if he does manage to escape by slipping out one side of the maze, what happens? He comes right back in the other side. People think it's a happy game, it's not a happy game, it's a fucking nightmare world and the worst thing is, it's real and we live in it. It's all code, if you listen closely you can hear the numbers. There's a cosmic flowchart that dictates where you can and where you can't go. I've given you the knowledge. I've set you free. Do you understand?" - Bandersnatch

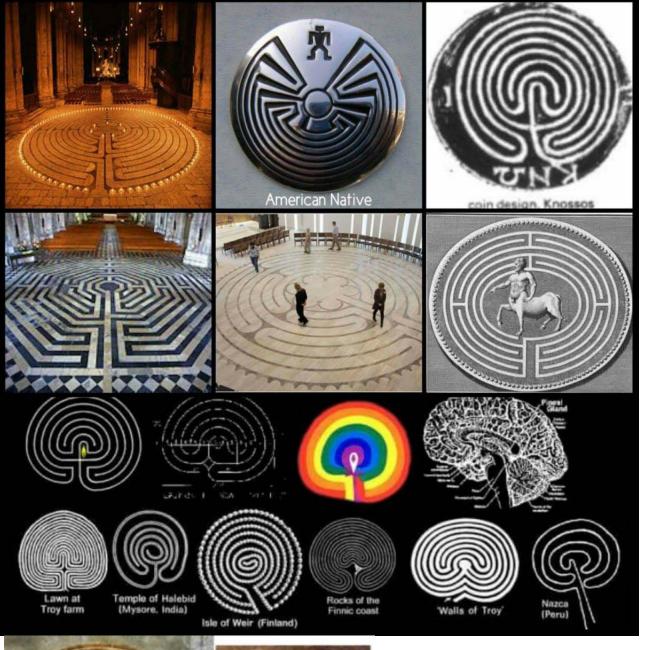
"Consciousness isn't a journey upward, but a journey inward. Not a pyramid, but a maze. Every choice could bring you closer to the center or send you spiraling to the edges, to madness."- Westworld

"A labyrinth is an ancient symbol that relates to wholeness. It combines the imagery of the circle and the spiral into a meandering but purposeful path. The Labyrinth represents a journey to our own center and back again out into the world."

So do we lose our true-self in a maze/labyrinth, of our own creating, in order to journey through it just to find our true-self again? An eternal game of hide and go seek? Have we layered our own minds and consciousness in way that it is a labyrinth for ourselves. A game we made where the end of the maze is the beginning, the exit is the entrance, a paradox to end/begin all paradoxes. Do we discover our true selves at the end of this maze?

"In <u>Greek mythology</u>, the Labyrinth (<u>Ancient Greek</u>: Λαβύρινθος labúrinthos) was an elaborate, confusing structure designed and built by the legendary artificer <u>Daedalus</u> for King <u>Minos</u> of <u>Crete</u> at <u>Knossos</u>. Its function was to hold the <u>Minotaur</u>, the monster eventually killed by the <u>hero</u> <u>Theseus</u>. Daedalus had so cunningly made the Labyrinth that he could barely escape it after he built it."

Does the Greek Labyrinth myth symbolize us finding/fighting and conquering the Minotaur, our animal beast-like desires/influences?





Already dead/already living in the afterlife

Are we already dead? Is this the afterlife? Are we already in some version of hell or purgatory? What if life is death is death really life?

"To the occultist, birth is death and death is an awakening. The mystics of ancient days taught that to be born into the physical world was to enter a tomb, for no other plane of Nature is so unresponsive, so limited as the earth world. Time and distance were prison bars chaining the soul to narrow environments. Heat and cold tormented the soul, age deprived it of its faculties, and all man's life was but a preparation for death. As life is lived under the shadow of death, they taught that it is a mockery, a hollow thing, gilded to the careless eye but tarnished and worm-eaten upon close examination. The physical body became the sepulcher, the tomb, the place of burial, in which the spirit lay awaiting the day of liberation..." -Manly P Hall

What if we are already dead and this is the afterlife. Could it be the ultimate, mind-blowing twist is that we are already dead. Our reality is the after-life and we will live once again. This is a very interesting theory to think of and I will let readers elaborate on this.

"To die is to leave the "weird" experience of being human, and return to the "normal" experience of being eternal-consciousness."

If we are already dead then we truly have nothing to fear and should live like so.

A Birth

Are we being born collectively? Is our lives and reality the birth of something outside our comprehension? The birth of a collective consciousness? The birth of a god?



This may sound weird at first, the more you think about it the more interesting a theory it becomes. We could be collectively and individually experiencing birth pangs. The archetypal mother earth could be giving birth to us, her baby, as we speak. Our collective consciousness and experience could be this baby experiencing birth.

"So what we're actually watching is this thing coming towards self-awareness and coherence in the same way that a foetus does. We haven't even been born yet. There are no adults on this planet. There's not one adult on this planet. Which explains a lot..."

"What if this little baby that is the universe; this little larvae that's approaching culmination, has had to go through these stages? Because everything does. If you want to get rid of war, how do you get rid of war? You inoculate yourself against war by having the worst fuckin' war you've ever had in your life. And everything after that's just an aftershock. We've done nothing worse than..."

<u>Phylogeny recapitulates evolution</u>: "But it's the idea that if you've got a fetus, it starts off.. like every living thing, it starts as a unicellular entity, it splits.. it becomes a lizard; it becomes a mammal; eventually it becomes a human." – Grant Morrison

Life After Birth by Útmutató a Léleknek

"In a mother's womb were two babies. One asked the other: "Do you believe in life after delivery?" The other replied, "Why, of course. There has to be something after delivery. Maybe we are here to prepare ourselves for what we will be later."

"Nonsense" said the first. "There is no life after delivery. What kind of life would that be?"

The second said, "I don't know, but there will be more light than here. Maybe we will walk with our legs and eat from our mouths. Maybe we will have other senses that we can't understand now."

The first replied, "That is absurd. Walking is impossible. And eating with our mouths? Ridiculous! The umbilical cord supplies nutrition and everything we need. But the umbilical cord is so short. Life after delivery is to be logically excluded."

The second insisted, "Well I think there is something and maybe it's different than it is here. Maybe we won't need this physical cord anymore."

The first replied, "Nonsense. And moreover if there is life, then why has no one ever come back from there? Delivery is the end of life, and in the afterdelivery there is nothing but darkness and silence and oblivion. It takes us nowhere."

"Well, I don't know," said the second, "but certainly we will meet Mother and she will take care of us."

The first replied "Mother? You actually believe in Mother? That's laughable. If Mother exists then where is She now?"

The second said, "She is all around us. We are surrounded by her. We are of Her. It is in Her that we live. Without Her this world would not and could not exist."

Said the first: "Well I don't see Her, so it is only logical that She doesn't exist."

To which the second replied, "Sometimes, when you're in silence and you focus and you really listen, you can perceive Her presence, and you can hear Her loving voice, calling down from above."

Stanislav "Stan" Grof theory (Wiki)/Grant Morrison interpretation

BPM I: The Amniotic Universe

"The first state is oceanic bliss – which we're all familiar with, I'm sure....And that is the state of the baby in the womb, untouched – everything is provided for; everything is there; everything you need will turn up out of the blue." G Morrison

This is the original symbiotic unity of the fetus with the maternal organism Elements of this state can be accompanied with, or alternate with, experiences of a lack of boundaries and obstructions, such as the ocean and the cosmos. The extreme expression of the sacred and spiritual quality of BPM I is the experience of cosmic unity and the union is mystical.

BPM II: Cosmic Engulfment and No Exit

"Basic Perinatal Matrix 2 is a different thing. It's when the womb starts to turn a little toxic, and begins to suggest we're about to be expelled. And, y'know, we don't remember this stuff – what happened? What was the feeling of that fetus in there who suddenly thinks: "My entire universe has been overturned and I'm about to be shit out"?" G Morrison This matrix starts with the onset of labor. The intrusion of chemicals and the pressures of labor change the situation in the womb, and "interrupt the fetus' blissful connection with the mother and alter its pristine universe." Accessing this layer gives rise to strong feeling of "no escape" When experiencing this level, the sense of loneliness and helplessness is overwhelming.

BPM III: The Death-Rebirth Struggle (We are here)

"Every image that he talks about: death camps, control, the idea of people.. babies trapped in tubes.. you'll recognize all this from The Matrix, as I said. Oil, mechanisms, machines that hate us; destructive technology.. it all happened. What if this little baby that is the universe; this little larvae that's approaching culmination, has had to go through these stages? Because everything does. If you want to get rid of war, how do you get rid of war? You inoculate yourself against war by having the worst fuckin' war you've ever had in your life. And everything after that's just an aftershock." G Morrison

This matrix is connected with the move of the fetus through the birth channel. It involves a struggle for survival. When experiencing this layer, strong aggression and demonic forces are encountered. Biographical memories associated with this matrix include struggles, fights, and adventurous activities.

BPM IV: The Death-Rebirth Experience

"which is kind of a release from tension; which is the birth process.

So I'm beginning to think.. as a society – and returning to the idea of ontogeny as history.. phylogeny,..."

This matrix is related to the stage of delivery, the actual birth of the child. The build up of tension, pain and anxiety is suddenly released. The symbolic

counterpart is the Death-Rebirth Experience, in which the individual may have a strong feeling of impending catastrophe, and may be desperately struggling to stop this process. The transition from BPM III to BPM IV may involve a sense of total annihilation.

Eternal return/Reincarnation:

"What has been will be again, what has been done will be done again; there is nothing new under the sun."-Bible

There are many interpretations of this. An interpretation of eternal return means we continue to return to the same life as reality collapses in on itself and then creates itself eternally. "All existence and energy has been recurring, and will continue to recur, in a <u>self-similar</u> form an <u>infinite</u> number of times across infinite time or space...people are predestined to continue repeating the same events over and over again....If <u>space</u> and time are infinite, then it follows logically that our existence must recur an infinite number of times." Could this be why we feel déjà-vu, as we have been there and done that exact thing before? Maybe it is like the movie Groundhogs Day except instead of being a day it is our entire life we repeat, until we become the best version of ourselves. Maybe small things in our lives change based on the probability of choices we encounter. You can infer it as you like.

The Fifth World myth of Native and Meso-Americans says there has been four cycles of destruction and creation, us being in the fifth cycle of this. This could be viewed as us returning to different cultures/times but with a similar body and the same true-self. Cloud Atlas is a movie that portrays this possibility.

Reincarnation has many different interpretations and there is plenty written on the book from various perspectives. The premise of reincarnation is the "non-physical essence of a living <u>being</u> starts a new <u>life</u> in a different physical form or <u>body</u> after biological <u>death</u>." Some interpretations say there is an after-life

where time is spent but others say the white light many see near death is just the exit of the birth canal into a new life. Some say you can evolve/devolve into non-humans forms such as animals or beings more advanced than humans. Like everything you can decide what is true and what is not.



Reality Theories Conclusion

Maybe reality is combination of all these something so beyond our comprehension we lack the true words and understanding to interpret it. Either way we are here, now, experiencing whatever reality is. **Most importantly what you make of reality is the reality you will have.**

Create reality, shape reality, manipulate reality, change reality, live reality, and love reality. Make reality better.

Chapter 6- My Truth, Tenets and Gospel

Chapter 6- My truth, tenets and gospel

KNOW THYSELF

Observe, Meditate, Contemplate, Synthesize, Repeat

There is nothing more true or real than your own experience

Strive For Gnosis, Live With Love, Expand Your Perception, Strengthen Your Will

Know Thyself

"To know thyself is the beginning of wisdom." Socrates

"Man know thyself; then thou shalt know the Universe and God." Pythagoras

"Knowing others is intelligence; knowing yourself is true wisdom. Mastering others is strength; mastering yourself is true power." Lao Tzu

I am that, I am. Which I is that?

To know thyself or in modern English yourself, you need to know the you (thy) and the self. I separate these into two separate things, most only know the you/I and not the self. The you or I is the ego, persona, personality and reactions you currently are having/being, there are many "You's or I's" that make up yourself. These are created by your past experiences that have cumulated into what you are presently encountering. Gurdjieff elaborates on the many "I's" in a person, but it is a pretty simple observation. You have the professional/work I, the family I, the friends I, the meeting strangers I, the sexual I, and so on and so forth. These different I's can and do change under a number of different circumstances, for instance if you are hungry, tired, angry, hangry, sober, under the influence, sick, happy, sad etc.

People will even say "I was not acting like myself", after some sort of harsh reaction they take. You must observe yourself in all of these different states of being. Know what triggers you, whether it is positive or negative, and make a conscious decision to try to be one step ahead of your reaction. This is very hard and much practice is needed and will be discussed in more detail in the next chapter on observation. It is easy to read about it, it is another thing entirely to control and master it. Once you are hungry and tired and want to get home and someone cuts you off in rush hour traffic, your reaction will typically always be faster than your conscious thoughts about the reaction. When someone wrongs you, you may look back and say why did I react that way? It is because there are many I's, some I's you have little awareness or control of. Having different I's is not a bad thing however being unaware of them can be. A goal should be, at least for me, is to merge the I with the self, creating unity and oneness, creating a true knowledge of ThySelf.

"His I changes as quickly as his thoughts, feelings and moods, and he makes a profound mistake in considering himself always one and the same person; in reality he is always a different person, not the one he was a moment ago."-Gurdjieff

The self, the true/wider/higher/eternal self

There are many names for this but it is the part that remains constant(?) through the entirety of life and beyond. It can be hidden for most of our lives. Sometimes, usually rarely, we will get just small glimpses of it for a short time. It is beyond our time/space and our full comprehension as words are not able to fully to describe the glory of it. It is kind of like trying to explain the color red to a blind person who has never been able to see. The basic premise describes an omnipotent, eternal, conscious, and intelligent being, who is one's real self. Some of the many names for this aspect are Atma, Holy Spirit, Eternal/Immortal self, Essence, God-Within etc. Some other descriptions from the interwebs are as follows:

"Non-physical, true self. The enlightened, "actual" persona of the individual as opposed to what the person seems to be or thinks they are."

"The higher self is the god within, the source of all right motive, the fountain of intuition, and the voice of divine harmony seeking to control the individual's life and to transform or transmute all the voices of personal desire." Rakefet

"<u>Atma</u> the inseparable ray of the Universe and one self. It is the God above, more than within, us"-Blavasky

"This is the secret of spiritual life: to think that I am the Atman and not the body, and that the whole of this universe with all its relations, with all its good and all its evil, is but as a series of paintings...scenes on a canvas...of which I am the witness." –Swami Vivekananda

"Three are the natures of Mind, carrier it of the Will of the Great One. Arbitrator of Cause and Effect in thy life. Thus is formed the threefold being, directed from above by the power of four. Above and beyond man's threefold nature lies the realm of the Spiritual Self. Four is it in qualities, shining in each of the planes of existence, but thirteen in one, the mystical number."

"Man, know thyself and you will know the universe and its Gods." It is precisely by knowing who we are, and knowing our full capacity, that we can truly speak face to face with the divine, with God, with Brahma, Allah, Christ... whatever name we give to that truth. We must develop this introspection within ourselves if we want to seek to understand who we are as a soul, as a body and as a spirit, as a terrestrial vehicle, as an energetic quality, and as a divine being." ChicagoGnosis



To truly Know Thyself, you must remember you are a layered being as mentioned in the consciousness chapter. Take time to study the different of methods of mapping of consciousness/mind such as: Freud's: id, ego, superego/conscious, preconscious, and unconscious, Jung's: ego, the personal unconscious, and the collective unconscious, Gurdjieff's 4 states, Enneagrams, Thich Nhat Hanh's Four layers of consciousness, 3+ Tan Tiens, The eight Consciousnesses of <u>Buddhism</u>, Eight Circuits of Consciousness, Seven Chakras, Kabbalah , and many more that should be studied.

If we are supposed to get to Know Thyself in our lives, then we must also know what we are not. Paraphrasing/Quoting from illuminatis pathageorus:

'How can you know the self without the other? You must know what you are and what you aren't. How can you exist if you don't know what it means to exist? How can you know what it is to exist, unless you know what it means to not exist? How can non- existence, exist? How could you experience self without non-self?

Everything that is, is what it is, and isn't what it isn't .A thing is defined as much as by what it isn't, as by what it is. To know yourself is to know what you are and know what you are not. Without knowing what you are not you cannot know what you are. What if you are the all? Then you must know what nothing is in order to reference it.

To Know Thyself, you must also know what you are not. The only way this is possible is for there to be things to compare and contrast yourself too. "

Is this the reason for the seeming duality and separateness? If we are god knowing and experiencing itself then has it created non-self? Is this possible? The seeming paradox of experience, existence, separation, duality and oneness.

"Day requires night and night requires day, so meaning requires absurdity and absurdity requires meaning." CG Jung

If the true self is eternal then it is more of a journey of remembering the self or self-remembering. Self-remembering is one of Gurdiejj's main philosophical teachings. Once we get to know or remember Thyself you must also strive to be thyself.

"Know thyself' was written over the portal of the antique world. Over the portal of the new world, 'Be thyself' shall be written." –Oscar Wilde

"In order really to observe oneself one must first of all remember oneself."-Gurdiejj

"Try to *remember yourselves* when you observe yourselves and later on tell me the results. Only those results will have any value that are accompanied by self remembering. Otherwise you yourselves do not exist in your observations. In which case what are all your observations worth?" - Gurdiejj

Observe

"I represented it to myself in the following way: When I observe something, my attention is directed towards what I observe — a line with one arrowhead:

 $I \rightarrow$ the observed phenomenon.

When at the same time, I try to remember myself, my attention is directed both towards the object observed and towards myself. A second arrowhead appears on the line:

 $I \leftrightarrow$ the observed phenomenon.

Having defined this I saw that the problem consisted in directing attention on oneself without weakening or obliterating the attention directed on something else. Moreover this "something else" could as well be within me as outside me." -Ouspensky

"We have to remember that what we observe is not nature herself, but nature exposed to our method of questioning." Werner Heisenberg

"The ability to observe without evaluating is the highest form of intelligence." —Jiddu Krishnamurti.

We see things but do we observe them? The dictionary definition of Observe is: 'notice or perceive (something) and register it as being significant.' With vibratory information all around and within us, it is important to know what is significant and what is not. This is solely up to the individual to decide what is worthy of their attention and what is not. When you practice observation you can begin to have/notice **synchronicities:** "All magical paradigms partake of

some form of action at a distance, be it distance in space or time or both... In magic this is called synchronicity. A mental event, perception, or an act of will occurs at the same time (synchronously) as an event in the material world... Of course, this can always be excused as coincidence, but most magicians would be quite content with being able to arrange coincidences"~Wiki

These will be subjective with what they are and what their meaning is. There is much written on **synchronicities** and this should be further studied and noticed for anyone wanting to begin to better understand/practice observation.

"Millions of people never analyze themselves. Mentally they are mechanical products of the factory of their environment, preoccupied with breakfast, lunch, and dinner, working and sleeping, and going here and there to be entertained. They don't know what or why they are seeking, nor why they never realize complete happiness and lasting satisfaction. By evading self-analysis, people go on being robots, conditioned by their environment. True self-analysis is the greatest art of progress." — Paramahansa Yogananda

Self-Respect \rightarrow Self-Awareness \rightarrow Self-Discipline \rightarrow Self-Observation \rightarrow Self-Discovery \rightarrow Self-Understanding \rightarrow Self-Knowledge \rightarrow Self-Love \rightarrow Self-Transformation \rightarrow Self-Remembering \rightarrow Self-Mastery (change the order to your liking)

What do you observe? There are many different forms of observation starting with the external things such as nature, your surroundings, your situational awareness, others, how others react, and much more. Though these seem external you are truly observing from within, therefore all observation is truly internal observation as discussed in the consciousness and vibration sections. Internally you can practice self-observation which is observing things such as: your emotions, feelings (physical and mental), reactions, thoughts, habits, likes, dislikes, things that make you happy or sad and anything and everything else. When practicing observation you should begin with self-study and selfanalysis which can lead to self-remembering and self-knowledge. To selfstudy you should ask why do things make you feel a certain way? Are these thoughts and feelings your own or have you been programmed to react a certain way? Can you control these feelings? And any other questions you can think to ask yourself. Something that helps immensely with this as the mind can tend to over-think things is the practice of meditation.

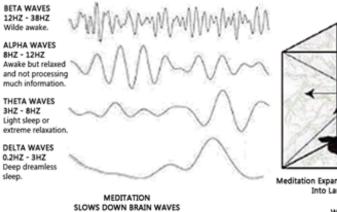
"We need to have a discipline of observing ourselves, moment by moment. Because if we don't, then when we sit to meditate, the mind is in chaos."

Meditation

"Meditation is a means of acquiring information about ourselves, why we suffer, and what we can do to transform our suffering into wisdom and happiness. It is also a technique for accessing personal knowledge of the divine and receiving insight on how to live with greater rectitude and love. Meditation is a means of awakening and expanding consciousness beyond conditions and limitations of the physical senses. Since consciousness is the ability to perceive, meditation is a deepening of that perception, a means of perceiving facts on a psychological and spiritual level. Meditation is the natural state of the unconditioned, liberated consciousness. Therefore, the practice of meditation is a method of stripping away conditioning, illusions, and misperceptions. It is a means of gathering information about who we are. It is not "spacing out," nor is it solely focused on having ecstatic mystical "experiences."- ChicagoGnosis.org

"Without understanding how to meditate, how to experience the reality of our Being, we in turn cannot experience the reality of our Being."

"Contrary to popular belief, meditation actually requires tremendous energy."-Amol There are many forms of meditation, most involve trying to silence the mind/thoughts and focus on your breath or the nothingness of no-thought. Others involve focus, concentration, visualizations, mantras and more. Here is one explanation of meditation, followed by steps from the *Psychonaut Field Manual*:



Slow Brain Waves Is The Return To Stillness

"To the Mind that is Still The Universe Surrenders" - Lao Tzu

> "Be Still and Know That I am God" - Psalm 46:10



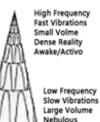
Meditation Expands The Human Body's Electricity Into Larger Volumes of Space

When this happens Your body becomes electrically sensitive to the electricity of the electric atoms in the air. Your body becomes the environment

Your Human Body's Nervous System Becomes

The Universal Nervous System.

You FEEL your body become the world.



Sleep / Dream / Meditation / Lucid / One

Once feel your human body becomes the world

Once your electricity expands into the air

Once your Human Body's Nervous System Becomes The Universal Nervous System

Your electricity will begin to spiral.

Once your Spiral Out You become 2D MASTERING MEDITATION IS ABSOLUTELY NECESSARY FOR ALL FUTURE EXERCISES. MAKE NO MISTAKE, THIS FIRST STEP IS EXTREMELY DIFFICULT AND MOST WILL NEVER MOVE BEYOND THIS POINT. YOUR GOAL HERE IS NOT TO FIND INNER PEACE OR BECOME "ONE WITH EVERYTHING". RATHER, IT'S TO SHUT DOWN ALL AUXILIARY THOUGHT IN ORDER TO FOCUS MOST OF YOUR BRAIN'S PROCESSING POWER ON A SINGULAR POINT OR ACTION. THIS IS CALLED GNOSIS. UNTIL YOU

ARE ABLE TO SWITCH TO THIS STATE ON THE FLY I HIGHLY RECOMMEND YOU PRACTICE MEDITATING FOR AT LEAST 10 MINUTES EVERYDAY.

STEP ONE:

CALM YOUR ASS DOWN!

SIT OR LAY DOWN IN A COMFY POSITION AND ALLOW YOUR MUSCLES TO COMPLETELY RELAX. OUTSIDE OF BREATHING AND BLINKING STAY PERFECTLY STILL. NO SHIFTING! IF YOU GET AN ITCH OR BECOME UNCOMFORTABLE, IGNORE IT. DON'T FALL ASLEEP FOOL!

STEP TWO : LEARN TO FOCUS!

LIGHT A CANDLE IN A DARK ROOM. STARE AT THE FLAME WHILE REMAINING STILL AS IN THE PREVIOUS EXERCISE. IGNORE THE WEIRD ASS BACKGROUND DISTORTION AND BLINK IF YOU NEED TO.

STEP THREE : KILL THE NOISE!

Do the previous exercise, only this time try not thinking. No thoughts, voices, music, images or feelings. Nothing. If something pops up, ignore it. This sounds easy right? Fuck no. Both the subconscious and superconscious are going to fight you tooth and nail. They will try to trick, terrorize, even seduce you. you're going to fail a lot at first. Everyone does. Don't give up like a pussy. If you're having problems try listening to flat binaural tones or state a meaningless gibberish word over and over. Just be sure to wean yourself off these gimmicks and not to use them as a crutch.

STEP FOUR : FOCUS ON YOUR BREATH!

NOW REMOVE THE CANDLE FROM THE PREVIOUS EXERCISE. CLOSE YOUR EYES AND CONCENTRATE ALL OF YOUR FOCUS ON YOUR BREATH AS YOU DID WITH THE CANDLE. BREATHE WITH YOUR NOSE IF YOU CAN AS IT WILL GREATLY HELP WITH THE NEXT STEP.

The next step is opening the third eye and achieving Gnosis which will be discussed in detail in the *Strive for Gnosis* section of this chapter.

"If you want Samadhi you must know well the process of Dhyana, meditation. If you want Dhyana, meditation, you must know accurately the method of Dharana, concentration. If you want Dharana, concentration, you must know perfectly the method of Pratyahara, silence of mind. If you want Pratyahara, you must know Pranayama, sexual transmutation. If you want Pranayama, you must know asana well, posture. Before going to the practice of asana, you should have yama and niyama." —Swami Sivananda, Kundalini Yoga

The first thing you need to do is start meditating. This was the hardest for me. It took me months just to have the discipline to do it every day. Gradually increase your time and do not get frustrated with yourself. I can now do 30 minutes to an hour with ease. Also know, not all meditation is completely in silence, such as Mantra or Transcendental Meditation, nor is it stillness of the mind such as visualization/concentration techniques. I really enjoy breathing exercises to go along with my meditations I do every day in the order I do them are the following : Wim Hof breathing technique, Pranayama (So Darshan Chakra Kriya), Transcendental Meditation (Mantra), four-fold breath, concentration on the breath, and finally silencing of the mind and all thoughts. Occasionally I do Kundalini yoga exercises as well other some of the meditation listed below.

Other forms of meditation: liveanddare.com/types-of-meditation/ AnmolMehtaCom

Yoga, Patanjali's Yoga Sutra eight-limbed path, Bhakti Yoga, Sufi Mantra meditation (zikr, jikr or dhikr),Heartbeat meditation, Sufi breathing meditation (including Five Elements Breathing), Bond of Love meditation, Active Imagination ,Gazing meditation, Sufi walking meditation, Sufi whirling, Gurdjieff movements, Guided Imagery, Relaxation & Body Scans , Affirmations , Binaural Beats , Brainwave meditation, contemplative prayer, contemplative reading, silence, Small Circulation, Embryonic Breathing, Eight Pieces of Brocade, Muscle Tendon Changing, Qigong meditation, <u>Daoist</u> <u>Meditation</u>, Internal Alchemy, Inner Vision, Visualization, Concentration, "I Am" Meditation, Pranayama , Third Eye Meditation, Chakra Meditation, Gazing Meditation (Trataka), Kundalini Meditation, Kriya Yoga , Sound Meditation (Nada Yoga), Tantra, Compassion meditation, Mindfulness Meditation, Vipassanā-meditation, Zen meditation, Ramana Maharishi, Dzogchen, Rainbow body, Mahamudra, Taoist Meditation, Contemplation of God (muraqabah) <u>Metta meditation</u>, trance, self-induction, Self-hypnosis, and more

"Calm let thy mind be. At rest be thy body: Conscious only of freedom from flesh. Center thy being on the goal of thy longing. Think over and over that thou wouldst be free. Think of this word La-Um-I-L-Gan over and over in thy mind let it sound. Drift with the sound to the place of thy longing. Free from the bondage of flesh by thy will."- Thoth

Mantras: You can always make your own; it can be real words or just sounds/tones. Whatever works best for you; here are some other examples to experiment with: THE SPIRIT FLOWS FROM THE SOURCE,HA LA POU LA PLANE, TEA LEAVES, HOLLOW BAMBOO, OM MANI PADME HUM, AUM, ALPHA/OMEGA, THE JEWEL IS IN THE LOTUS MANTRA, EEMO LEETOE LYTOE ZONYA, WHITE CLOUDS, BLUE SKY, ABRACADABRA, La-Um-I-L-Gan, Edom-EI-Ahim-Sabbert-Zur Adom, Merkut-EI- Shab-EI, Hale-Sur-Ben, EI-Zabrut, Zin-Efrim-Quar-EI, Namu-Amida-Butsu,

*It should be noted that processed sugar/foods, pharmaceuticals, and other non entheogen drugs can make meditation much more difficult.

Contemplation

I define contemplation as a fixed, profound, totally focused and centered thought typically about existence, experience, your reactions, consciousness,

spirituality, true-self, gods, archetypes, all-mind, source, or other higher conscious/philosophical thinking. Though similar to mediation and some would say could be a form of meditation, which I agree with, I also see it as: "While contemplation is a train of thought about something, meditation is training the mind to rest in a particular focus that leads to a connection to the source of consciousness itself. "I like to think if meditation helps us to Know Thyself then contemplation helps us to Love Thyself. Mediation and contemplation should be balanced out, try not to over-think things, but also try not to avoid thoughts.

Focused thoughts are extremely powerful which will be discussed in more detail in the Simplicity of Magick chapter.

"What we plant in the soil of contemplation, we shall reap in the harvest of action."- Meister Eckhart

"The ultimate value of life depends upon awareness and the power of contemplation rather than upon mere survival." Aristotle

"The contemplation of beauty causes the soul to grow wings." - Plato

"Contemplation is the highest expression of man's intellectual and spiritual life. It is that life itself, fully awake, fully active, and fully aware that it is alive. It is a spiritual wonder. It is spontaneous awe at the sacredness of life, of being. It is gratitude for life, for awareness and for being"- Merton

"Contemplation is an alternative consciousness that refuses to identify with or feed what are only passing shows. It is the absolute opposite of addiction, consumerism or any egoic consciousness." Richard Rohr

Synthesize

Synthesis is a pretty simple concept, being defined as "combining a number of different parts or ideas to come up with a new idea or theory. An example of synthesis is when you read several books and use all of the information to come up with a thesis on the subject." This is what this paper is, a personal synthesis of my life experiences and multiple philosophical sources. My experiences include but are not limited to my dreams, entheogen journeys, good/bad times, reactions, interaction with others, everything else and of course my meditation and contemplations.

In order to synthesize you must keep balance, have little attachment to any one set of beliefs but also have keen discernment. Your life can be viewed as a huge synthesis that YOU DEFINE if you want it to be or you can accept others definitions and close off into one set of rigid beliefs that you allow to define you.

Repeat

You (consciousness experiencing itself) is a continuous, never ending story. Never think there is nothing else you need to learn. Continue to educate yourselves in all different fields, skills, disciplines and philosophies. Refine what you think you already know. Re-read things you think you have a great understanding of. Always have a new book to read and a new perspective to see things from. Continue to meditate and contemplate every day. The moment you stop learning and growing is when you begin to shrink and decay. Use it or lose it.

Strive for Gnosis

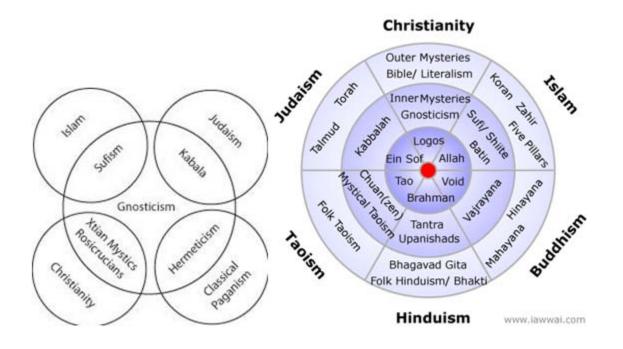
Gnosis is simply to know (gno), specifically to know something through direct experience with it. Usually it "signifies a knowledge or <u>insight</u> into humanity's real nature as divine, leading to the deliverance of the divine spark within

humanity from the constraints of earthly existence. "It is one thing to read about something or have faith (pistis) in it, it is another thing to have your own direct experiences with it. Belief has a degree of uncertainty while gnosis is directly knowing. This however can become diluted and dangerous if ones ego makes them think they know. "Genuine mysticism is having experience, to perceive spiritually in a very factual, concrete manner. It is nothing vague or ambiguous. I have had dreams where I have been at work, doing this or that... those are just mere dreams. But, a vision is where you are fully aware and in that state of mind, in that plane, dimension, and you know how to navigate consciously. To be a genuine mystic, a genuine occultist, one must learn how to travel in those states."

A relevant metaphor I can think of is, the difference between reading about entheogen psychedelic experiences, talking to people that have had psychedelic experiences, and then finally doing entheogens for yourself. You may gain understanding from reading and talking to people, but it is does not hold the same profoundness as doing them for yourself and having the direct experience. Some other definitions of Gnosis:

"This personal, self-knowledge has been called gnosis in Greek. Gnosis is beyond belief, theory, scholasticism, argumentation, debate, concepts, etc. It is in fact the direct apprehension of truths through our very capacity to perceive... Gnosticism, coming from the Greek work gnosis, signifies conscious knowledge, experiential wisdom; truth that we verify from our actions, from our works. It has nothing to do with theory, scholasticism, or something to debate for or against. It instead pertains to the very intimate and profound matter of uniting the soul with divinity; regardless of the name, the definitions, the language that we use. However, this type of experiential knowledge is universal, and has been manifested in different teachings, different faiths, and different religions. So, gnosis is defined as that very profound relationship that we acquire, when we know how to awaken our consciousness to develop our full divine potential. It is to access, from an experiential basis, the truths contained within religion, within the different symbols of the scriptures, the different writings as relayed by the great masters of humanity." - ChicagoGnosis

How Gnosis can be interpreted as being imbedded in certain religions:



You can gain gnosis about personal truths or collective truths. Gnosis comes in many forms through many paths and there are different methods to achieve this state.

"You have your way. I have my way. As for the right way, the correct way, and the only way, it does not exist." - Nietzsche

"Since the universe is actually composed of information, then it can be said that information will save us. This is the saving gnosis which the Gnostics sought. There is no other road to salvation. However, this information -- or more precisely the ability to read and understand this information, the universe as information -- can only be made available to us by the Holy Spirit." -Valis

A Chaos Magick interpretation:

"Most chaos magic techniques involve something called the gnostic state, or <u>gnosis</u>. This is described as an <u>altered state of consciousness</u> in which a person's mind is focused on <u>only one point</u>, thought, or goal and all other thoughts are thrust out. The gnostic state is used to bypass the "filter" of the conscious mind – something thought to be necessary for working most forms of magic.

Since it takes years of training to master this sort of Zen-like meditative ability, chaos magicians employ a variety of other ways to attain a "brief 'no-mind' state" in which to work magic. Three main types of gnosis are described:

Inhibitory gnosis is a form of deep meditation into a trance state of mind. This type of gnosis uses slow and regular breathing techniques, absent thought processes, progressive muscle relaxation, self-induction and selfhypnosis techniques. Means employed may also include fasting, sleeplessness, sensory deprivation and hypnotic or trance-inducing drugs.

Ecstatic gnosis describes a mindlessness reached through intense <u>arousal</u>. It is aimed to be reached through <u>sexual excitation</u>, intense <u>emotions</u>, <u>flagellation</u>, <u>dance</u>, <u>drumming</u>, <u>chanting</u>, <u>sensory</u> <u>overload</u>, <u>hyperventilation</u> and the use of disinhibitory or hallucinogenic drugs.

Indifferent vacuity was described by <u>Phil Hine</u> and <u>Jan Fries</u> as a third method. Here the intended spell is cast parenthetically, so it does not raise much thought to suppress – "doodling sigils while listening to a talk which is boring, but you have to take notes on", for example."

An interpretation of THE STAGES OF GNOSIS:

"Although the Path of Gnosis is intellectual at the beginning, it will eventually become intuitive as the left and right hemispheres of the brain balance each other and unite. The left brain ideation will then be met by right brain intuition. Esoterically, this occurs when the Ajna Chakra or Third Eye becomes fully awakened and its two "petals" enlivened. These two petals of the Ajna Chakra lotus are the brain's two hemispheres.

The process of uniting the hemispheres and achieving gnosis will progress through three stages:

1. In the first stage of gnosis the aspiring Dragon acquires most of the information he or she contemplates from past experiences and academic sources. The books, scriptures, words of the enlightened masters, etc., that they study are principally understood through the intellectual Left Brain.

2. In the second stage of gnosis, the Dragon-in-Training begins to activate the intuition of the Right Brain. Then, his or her Left Brain contemplation will begin to be confirmed by occasional AHAs (synchronicities) and the aspirant will feel that he or she is truly receiving understanding and guidance from a source beyond their intellect. The AHAs will at first be faint, but in time they will become louder until they are finally felt throughout the entire body.

3. In the third stage of gnosis, the evolving Dragon relies less and less on the outer world for knowledge until most or all his or her wisdom and guidance comes solely from within. At this stage the Left and Right Brains are working in complete synchronization; and Left Brain ideation is continuously met by Right Brain intuition. The two petals of the Anjan Chakra (i.e., the brain hemispheres) have been fully activated. Now, the AHAs coming from the inner Spirit precedes nearly every action of the Dragon Master. There is no separation between lower ego self & Higher Self. They have become ONE."- Mark Amaru Pinkham Gnosis is something I usually just get flashes of. For me, Gnosis is a state of mind that takes a continuous effort of willpower, intention, and self-discipline; which is why I say strive for Gnosis, for most, it does not come naturally.

Live with Love

What is love? Probably one of the most subjective and thrown out words we have. Also considered the most powerful and motivating emotions in all human history. There are many types and meanings such as tough love, parental love, motherly love, platonic love, brotherly love, unconditional love, higher love, vibrational love, sexual love, emotional love, spiritual love, Love of life, love of animals, love of self, Love of others, love of all, love of sleep, love of lamp, love of love, and anything else you can think of.

Personally I define love as deep, empathetic ecstatic affection with no motive of personal gain. Love does not expect anything in return and gives for betterment of others. Many people confuse desire, lust and ego wants/needs as love. It is up to you to decipher the difference and make your own definition of love.

"Anyone who does not love does not know God, because God is love... Whoever lives in love lives in God, and God in him"-Bible

To live with love is to show ALL living things this empathetic affection. A perspective of love honors/respects the life force in everything; it sees all as one and recognizes the self in others and the others in self. It follows the Golden Rule, which is expanded in the Golden Rule subchapter. Really take the time to contemplate on being empathetic to others. Think about everything that could have been experienced by the other person till they lead up to the moment of observation. You never know the hardships someone has gone through or going through. Of course this must be balanced and do not let love be an excuse for yourself or others to be exploited. Do not fall into the New

Age paradigm of ignoring the shadow, you must observe everything as it is and make your own decisions to shape your perspective.

"Love all, trust a few, do wrong to none." -Shakespeare

Love yourself, love others, love life.

Living with love is really just a form of perception so to live with love it can help to expand your perception, and helping expand your perception can let you live with love.

Expand Your Perception

"If you have a golf-ball-sized consciousness, when you read a book, you'll have a golf-ball-sized understanding; when you look out a window, a golf-ballsized awareness, when you wake up in the morning, a golf-ball-sized wakefulness; and as you go about your day, a golf-ball-sized inner happiness. But if you can expand that consciousness, make it grow, then when you read about that book, you'll have more understanding; when you look out, more awareness; when you wake up, more wakefulness; as you go about your day, more inner happiness." –David Lynch

"The discernment is the direct perception of the truth about the process of conceptual selection. When the process of selection divides the mind in the battle of the antitheses, then the internal images are hidden like stars behind the stormy clouds of reasoning. You must learn to think with the heart and feel with the head." —Samael Aun Weor, Igneous Rose

"We look with our eyes but do not see."

"Sorcerers say that we are inside a bubble. It is a bubble into which we are placed at the moment of our birth. At first the bubble is open, but then it begins to close until it has sealed us in. That bubble is our perception. We live inside that bubble all of our lives. And what we witness on it's round walls is our own reflection. The thing reflected is our own view of the world. That view is first a description, which is given to us at the moment of our birth until all our attention is caught by it and the description becomes a view..."-Don Juan

The best way in my experience to expand your perception is observe and experience, then contemplate and meditate on it. Take in that experience from your perspective. Now take that experience from the others perspective. Keep in mind everything that has accumulated in the others life for them to be sharing an experience/interacting with you. Be an open minded skeptic and expose yourself to all different forms/perspectives of information. To ensure you DO NOT expand your perception much, have strong attachment to your beliefs. If you hear information you don't agree with, immediately ignore it or attack it, which is just a defense mechanism of your ego. Remember truth is all based on your perspective, nothing is true, everything is possible.

Another way is through entheogens. This could be Psilocybin, LSD, DMT, Ketamine, Peyote, Ayahuasca, Hash, <u>Amanita Muscaria</u>, Salvia, 2C-I, Mescaline, and others. As mentioned in the Hallucination as reality subchapter, Hallucinogens when taken properly and with intent can lead to exponential growth of perspective, mind and spirit. However they can have the inverse effect where people have bad trips and now they may live with more fear and a more narrow perspective then before. You must be properly dosed, be in a right state of mind with willful intention, preferably alone or in a small group of like-minded people, and in the proper environment. They are not something to take while partying or because others are doing them.

Expanding you perception in my opinion will help you live with love and strengthen your will.

Strengthen your will

Willpower or will is: "control exerted to do something or restrain impulses."

"But if we work with our consciousness, through conscious efforts and voluntary sufferings, meaning we work with our Being to exert our consciousness to work, that is how we will awaken and perceive something new. Because the consciousness needs to know how to use willpower, Tiphereth, the mind, emotions, vitality, etc. So we need that type of discipline...This term mind can be very vague in esoteric and spiritual circles. Superior manas, Tiphereth, is abstract, not concrete. It is our willpower. We know it's there, but it is not materialized, visible. We can say that a person has tremendous will, because they have internal drive and a means of working, making a living, being disciplined in a specific type of endeavor, etc. Willpower is very real for us, but hard to pinpoint or concretize. It relates to a type of abstraction of the psyche, one relating to volition or will."

To do anything we need to have willpower, even to live, hence the saying, they lost will to live. I believe willpower is something many people in the world are lacking. We can observe how in society as a whole there is a lack of willpower by many to better themselves, take control of their emotions/reactions, eat healthy, think for one's self, etc. This lack of willpower has manifested via a society that is apathetic, material nihilists, unhealthy, full of trauma/violence, and addiction. Society has been engineered this way as strong will power is a threat to the parasite establishment, they want you to just have enough motivation to scrape by with job while consuming and being entertained. But I digress, as this can be read more in depth in the Masters of Manipulation chapter.

Desire, Will, Intention and Self-discipline

There is a slight difference between will, intention and desire, though strong desire can lead to having strong will. The divergence being that; "desire is a feeling rooted in physical and emotional need. Intention is mental and involves using the brain's planning mechanisms to conceptualize future actions." Will is focusing your mind, body, spirit, mental facilities, life-force, and all other layers of the 'you and self' toward a purpose; a combination of intention and desire that uses your entirety to work towards something. Some ways you are able to increase you willpower is the by practice of meditation, concentration, contemplation, through experiences sometimes good or bad, proper use of entheogens, education and other methods.

Many people when they think about self-discipline they think it is relating to exercise, eating healthy, giving up vices/addictions like smoking. This is all true, however to make these accomplishments it must start with the real power of self-discipline; this lies in the ability and willpower to hold a thought/intention. Many do not have the self-discipline to hold a thought long enough for it to manifest. We are easily distracted by a society that is engineered to distract. You can read every self-help book and go to every life coach speaker but if you do not have self-discipline to do the necessary work, nothing will be effective. Motivation is easy to find, and is why these self-help seminars, books and life coaches are so popular. Most people get motivation from these by getting a burst of energy for a week or a month but do not have the self-discipline to make these things routines. Self-discipline is getting to the point where your willpower is the motivating factor and you need nothing else to make you focus and exert your effort toward something. It must come within the self hence the term self-discipline. One definition is "Selfdiscipline means the action of consistently doing something in regular time. So, if you have great willpower, you can attain self-discipline easily."

Self-discipline does not mean giving things up, it means having control to do them in moderation. Most people simply repress and completely avoid things, meaning they do not have the discipline to use in moderation. This may be one of the hardest things to master. You will fail. When you fail do not indulge or feel bad or sorry. Wake up the next day with greater willpower. Strengthening the will is a lifelong practice and only through relentless self determination/discipline and willpower you will be able to master yourself.

We have willpower, that can be observed and felt, but is this will free?

Freewill

Is there actually freewill ? Can it be accurately described? Would it be possible to actually know if it exists? Make your own decisions.

"Do you believe in fate, Neo? NEO: No. MORPHEUS: Why not? NEO: Because I don't like the idea that I'm not in control of my life."~Matrix

To me it seems there is a set probability of choices we can make in every situation. I don't know if you can call this freewill and to what extent it actually exists. It may vary from person to person and possibly there are ways to take more command of it. From our perspective we sure like to believe we have freewill, however my will is constrained by the laws of the physical realm. I can have strong will to fly like superman, however this willpower, at least as of now, does not have the ability to overcome the physical laws. That would mean my will is not actually free, but set with conditions, at least from our perspective as humans. The Matrix movie architect scene does a good job of portraying this.

Possibly the only thing we truly have freewill over is our perspective, emotions, actions and reactions. "I can choose either to be a victim of the world or and adventurer in search of treasure. It's all a question of how I view my life."~P Coelho

Another theory is that our freewill is limited and not always in our control. For instance, John Lilly's perspective is similar to the movie Adjustment Bureau,

where in some situations we have freewill but other situations our thoughts/decisions are implanted by hyper-dimensional beings. Here is Lilly's *Pact with Spirit* explanation:

"Earth Coincidence Control Office (E.C.C.O.). The assignments of responsibilities from the top to the bottom of this system of control is by a set of regulations, which translated by E.C.C.O. for humans is somewhat as follows:

To all humans: If you wish to control coincidences in your own life on the planet Earth, we will cooperate and determine those coincidences for you under the following conditions: 1) You must know/assume/simulate our existence in ECCO. 2) You must be willing to accept our responsibility for control of your coincidences. 3) You must exert your best capabilities for your survival programs and your own development as an advancing/advanced member of ECCO's earthside corps of controlled coincidence workers. You are expected to use your best intelligence in this service 4) You are expected to expect the unexpected every minute, every hour of every day and of every night. 5) You must be able to maintain conscious/thinking/ reasoning no matter what events we arrange to happen to you. Some of these events will seem cataclysmic/catastrophic/overwhelming: remember stay aware, no matter what happens/apparently happens to you. 6) You are in our training program for life: there is no escape from it. We (not you) control the long-term coincidences; you (not we) control the shorter-term coincidences by your own efforts. 7) Your major mission on earth is to discover/create that which we do to control the long-term coincidence patterns: you are being trained on Earth to do this job. 8) When your mission on planet Earth is completed, you will no longer be required to remain/return there. 9) Remember the motto passed to us (from GCC via SSCU): "Cosmic Love is absolutely Ruthless and Highly Indifferent: it teaches its lessons whether you like/dislike them or not."

In order to know if we have freewill, we must practice and attempt know/remember ourselves. Without this knowledge how can we know what we are willing and we are not, and if we have freewill. With the multiple layers of our being, it can be hard to figure out which part is controlling the strings. In order to give ourselves a chance of understanding, we should learn to silence the mind via mediation, contemplate on our decisions, observe everything including our thoughts, synthesize it all and repeat.

Chapter 7-Additional Life Practices

Chapter 7- Additional Life Practices

Martial Arts-Defense of the Innocent:

"Violence is not the answer, but it's an option".

"The best defense against evil men is good men, skilled at violence."

My empathy for someone ends where the infliction of suffering/exploitation on the innocent begins. This may sound contradictory to someone who has one of their life tenets being "live with love." However, to explain further, imagine an innocent child (yours if you have one) being hurt by someone else, would you sit by and do nothing. What kind of love is that? Of course not, you would defend the child with everything you had. You will not have the time to analyze what the violent perpetrator is thinking, the love they are lacking and the events that lead up to that moment; any empathy for the perpetrators well being ends at beginning of the attack. If you want to 'live with love' then learn how to defend those that you love and the innocent.

We need more warrior-philosophers, people capable and willing to use violence, but whom have a great understanding of empathy, love, gnosis, compassion, and know what exploitation looks like. We have many warriors but if they are part of military or law enforcement, no matter their personal character (good or bad), they are part of a system based on exploitation of the weak and poor by the rich and powerful. Since there is a great lack of accountability in these jobs and permission to use violence and hold power, they attract pathological personalities or create them. If people working in these fields become aware of the corrupted system they are part of, then they can help dismantle it from within, however most are not aware and just follow orders for a paycheck. We also have many philosophers and intellects that unfortunately have never trained to defend themselves and their families, and must rely on others for protection.

Never depend on another person to defend you or your loved ones. From my perspective it is critical to have the self-discipline and will power to begin a proven martial art to ensure your and others safety. As always it is much better to have the ability and not need it, than need the ability and not have the tools or training. You most likely and hopefully will never encounter violence but if you do you must be prepared. Martial Arts can be broken down into two categories: Grappling and Striking. My personal favorite striking arts are Boxing and Muay Thai, specifically Dutch Muay Thai via the Bang Muay Thai system, which combines elements from almost all the striking arts. Next is grappling which my favorites are Brazilian Jiu-Jitsu and Wrestling, with Judo and Catch Wrestling being important as well. In today's age MMA is very popular which is a combination of all martial arts, which does a good job showing what arts are effective and which are not as effective. Other forms of MMA practiced are Combat Sambo and Sanshou. Do yourself a favor and join a gym, preferably one that trains in multiple disciplines using realistic but controlled, live-sparing situations. This will help expand your perception by testing your physical, mental and emotional limits and crushing your ego. Nothing helps tame the ego like getting physically crushed, controlled and submitted by another grown (sometimes even teen) man/woman. This training will also help strengthen your will as you learn to persevere through fatigue and very uncomfortable situations. To take this one step further and supplement martial arts learn how to shoot guns safely, properly, and tactically if you live somewhere that it is legal to own and do so. Never rely on someone else for protection.

The Golden Rule

The Golden Rule is the principle of treating others as one's self would wish to be treated. It is a <u>maxim</u> that is found in many religions and <u>cultures</u>:

Bahá'í Faith: Lay not on any soul a load that you would not wish to be laid upon you, and desire not for anyone the things you would not desire for yourself. Bahá'u'lláh, Gleaning

Buddhism: Treat not others in ways that you yourself would find hurtful. The Buddha, Udana-Varga 5.18

Christianity: In everything, do to others as you would have them do to you; for this is the law and the prophets. Jesus, Matthew 7:12

Confucianism: One word which sums up the basis of all good conduct....loving-kindness. Do not do to others what you do not want done to yourself. Confucius, Analects 15.23

Hinduism: This is the sum of duty: do not do to others what would cause pain if done to you. Mahabharata 5:1517

Islam: Not one of you truly believes until you wish for others what you wish for yourself. The Prophet Muhammad, Hadith

Jainism: One should treat all creatures in the world as one would like to be treated. Mahavira, Sutrakritanga 1.11.33

Judaism: What is hateful to you, do not do to your neighbor. This is the whole Torah; all the rest is commentary. Go and learn it. Hillel, Talmud, Shabbath 31a

Native Spirituality: We are as much alive as we keep the earth alive. Chief Dan George

Sikhism: I am a stranger to no one; and no one is a stranger to me. Indeed, I am a friend to all. Guru Granth Sahib, p.1299

Unitarianism: We affirm and promote respect for the interdependent web of all existence of which we are a part. Unitarian principle

Zoroastrianism: Do not do unto others whatever is injurious to yourself. Shayast-na-Shayast 13.29

Let us think about the Golden Rule philosophy and what the possible consequences are, considering they call it a rule and not a suggestion. Is it possible that instead of the effects and belief systems of sin or karma happening; what if, when we die, we experience all the pains and pleasures we have bestowed on others- insect, animal and human? What would your experience be like if this was so? Pleasant and enjoyable or harsh and cruel? What if you live through the eyes of the supposed "other" to see how your actions felt? After all, we seem to be one consciousness experiencing itself subjectivity/individually (In divine duality). What if all that pain or pleasure you have bestowed on others is increased? Certain wiccans, pagans and occultists say you will get what you put out times three, being termed the Three-fold Law or Law of Return. I supposed with this idea you could think to serve yourself is to serve all, to serve all is to serve yourself. To hurt another is to hurt yourself. Choose wisely.

Spiritual Expression/Creative Outlet- Music, Art, Writing, Poetry, Sculpture, Dance, Theater, etc.

It is important to have a creative expressive outlet. There are a number of ways and I recommend trying to find one or more to enjoy. Do not worry about "not being good," this is about personal growth/expression and you will get better over time, after practicing. Many creative practices connect both sides of our brain and can make us become more in tune with ourselves and tap into streams on consciousness that we are usually unaware of. For instance music uses both feeling and mathematical theory (right and left brain) to create what is possibly one of the most powerful forms of expression. The

power allows it transcend language, culture, races, genders, etc. It brings people together in a way that can create positive collective thought-forms.

Creativity helps merge the conscious and sub-conscious and can get us into trance like meditative states where we commune with higher-mind and consciousness. Practicing any creative outlet can help us achieve gnosis, still the mind when meditating, live with love, strengthen will, and expand perception. Additional benefits are that it can give sense of purpose, power, increase mindfulness, concentration, patience, skills, mood, self-esteem and much more.

Even if it is only 10 minutes a day, find something that allows you to express yourself and DO IT. Do not think about it, you do not even need to plan. If you like art just doodle something, if you sing then start singing, dance, take the instrument you haven't played in years and play.

Subjects

Philosophy

Translates to "Love of Wisdom," Phil meaning Love ex. And Sophia being the goddess of wisdom or Phi-lo-Sophia "the study, wisdom, or knowledge of the amazing sight of phi" (phi being the Greek letter denoting the <u>Golden Mean</u>). I believe in a world dominated by religion on one end and science on the other philosophy gives a middle ground and touches in on what makes human separate from animal, that being the ability of meta-cognition, thinking about thinking. So love wisdom, think, and study philosophy.

Wisdom

In the beginning of this writing: we started with truth and the lack and paradox of it. The same can be said about wisdom and the paradoxes it presents.

"A fool thinks himself to be wise, but a wise man knows himself to be a fool." -Shakespeare

"By three methods we may learn wisdom: First, by reflection, which is noblest; second, by imitation, which is easiest; and third by experience, which is the bitterest." -Confucius.

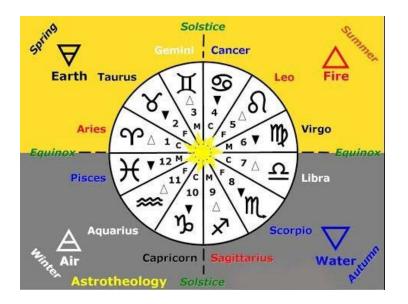
Defined, Wisdom is the act of being wise or: knowledge of what is true or right coupled with just judgment as to action; sagacity, discernment, or insight; judgment, or discretion; characterized by or showing such power; judicious or prudent: a wise decision; possessed of or characterized by scholarly knowledge or learning; learned; having knowledge or information as to facts, circumstances. To me wisdom is taking sources, ones you agree and disagree with, synthesizing them with past experiences and knowledge, then filtering it with true loving intentions which is peacefully shared with those interested. Examples (obviously not a complete list) include: defusing conflicts peacefully, unbiased synthesis of thesis/antithesis, information that helps one to tap into states of higher consciousness, living a life that recognizes the most important things are not material, and living a life that recognizes all is living and parts of oneself.

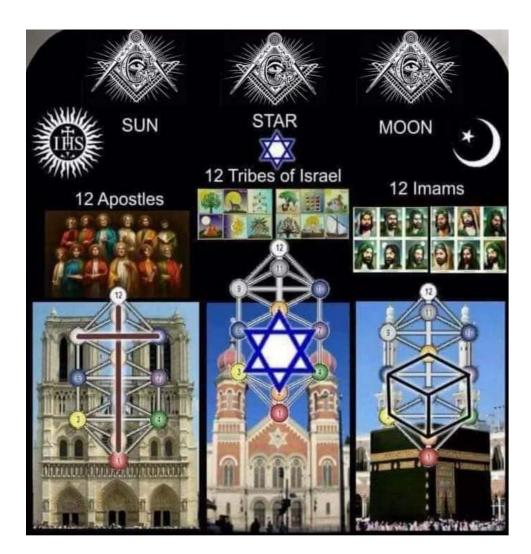
I hope you have can gain some wisdom from this reading and the sources of people, books, websites, and terms.

Astrotheology

The moon, sun and surrounding planets in our solar system have been the primal guiding source for man to come to know thyself, planet and universe. The axiom "As above so below," hints that these beautiful luminary orbs may show humans the secrets of themselves and the universe if properly understood. Unfortunately most of this wisdom has been lost or hidden in allegory and metaphor through the ages. Derived from Astrology: study of the

orbs in relation to constellations; Astronomy: science of the planets and stars and Astrolatry: meaning worship of the heavenly bodies. Astro-theology came to use around the 18th to 19th Centuries, which was used in scholarly writings investigating the science, history and applications. Astro-theology requires knowledge of astrology, astronomy, geometry, theology, mythology, psychology, sociology, and archetypes. Ever hear the expression that "it must be a full moon tonight" when people are acting strange? It is no mystery that the Moon controls tides, ovulation and many people accredit it to psychological affects too. So would the other orbs in the sky reflecting and sending radiation and other variations of energy-waves affect brain waves (psychology)? Maybe that is why some days you wake up grumpy, happy, tired or full of energy; with knowledge of your birth chart and the orbs in the sky you can better predict and prepare for certain changes and incoming energies. A important thing to note is the orbs represent **Archetypal** energies, not the physical planets. This field also shows evidence, through verses and varying interpretations, how practically all religions, especially Judeo-Christianity, may be a metaphor for the Sun (Jesus) and the 12 Regions of the Zodiac (12 Disciples) and most importantly Christ being a form of Cosmic-Consciousness of UNconditional LOVE within all people.

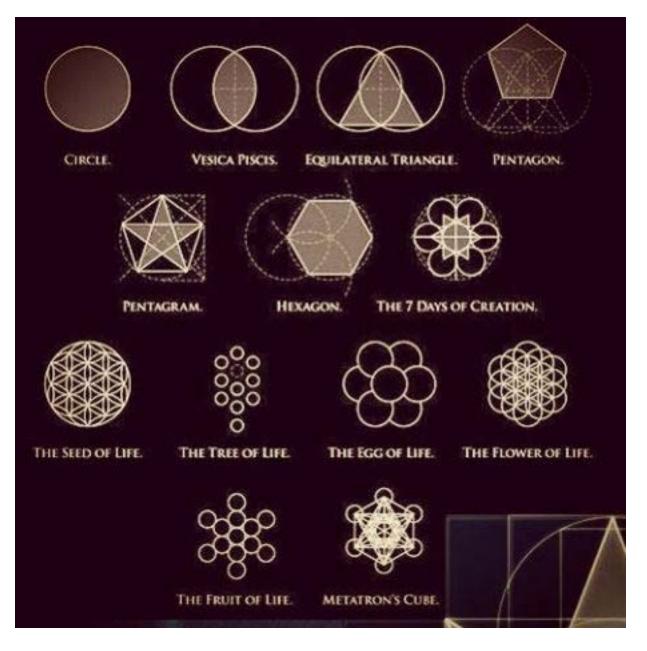


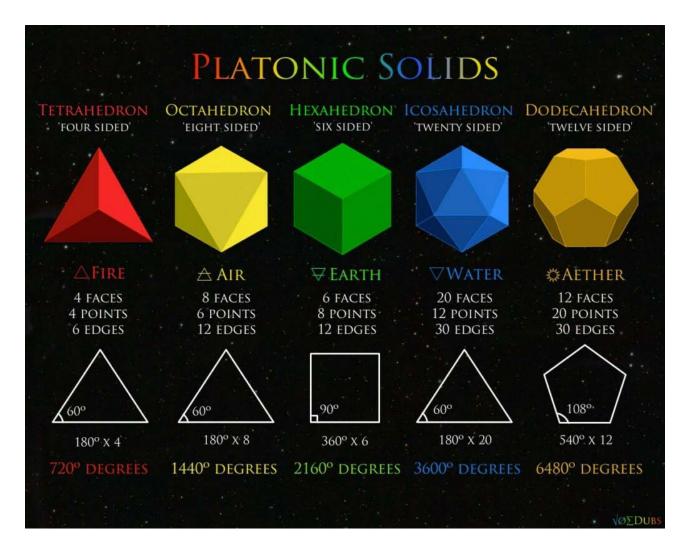


Psychology

Literally means "the study of the soul," Psukhē, meaning "breath", "spirit", or "soul" and $\lambda o \gamma o \varsigma$ or Logos referred to as "study" or "word". The word Logos, however, could have many books written on it alone and believe that those "definitions" are lacking the true power and mystique of the word Logos. Psychology today primarily deals with the study of the mind, consciousness and sub-consciousness. This field, academically speaking, defines behavioral characteristics and gives theories of why people may think and act as they do. There is an array of specified fields and sub-fields, which I see as important because I find it perplexing that with the high text-book intelligence, technical skills and memorization many in our society have, most still have the emotional and psychological control of a child. By just uttering a few words I can have someone either seething in anger or running head first into battle due to their externalized attachments, and lack of self-hood. From my observations many seek the collectivism of others to feel secure and immediately use their ego when they encounter information, no matter how relevant, that goes against their comfortable box of reality. I believe when researched together; psychology, philosophy and the esoteric sciences are much more intertwined and supplemental then recognized by most scholars and academia.

Sacred Geometry





"God is a circle whose center is everywhere and circumference nowhere." ~ Voltaire.

Are we the Geometer or the Geometry?

Patterns and perception of patterns require consciousness and some type of intelligence. If nature (like described in the Fractal section of the Reality Theories chapter) can create things based on repeating patterns, then it can be logically deduced that nature it intelligent; maybe not in a way that we can comprehend, but intelligent none the less.

"Sacred geometry involves sacred universal patterns used in the design of everything in our <u>reality</u>, most often seen in sacred architecture and sacred art. The basic belief is that geometry and mathematical ratios, harmonics and proportion are also found in music, light, cosmology. This value system is seen as widespread even in prehistory, a cultural universal of the human condition.... Sacred geometry may be understood as a worldview of pattern recognition, a complex system of religious symbols and structures involving space, time and form. According to this view the basic patterns of existence are perceived as sacred. By connecting with these, a believer contemplates the Great Mysteries, and the Great Design. By studying the nature of these patterns, forms and relationships and their connections, insight may be gained into the mysteries - the laws and lore of the Universe."~ crystalinks.com

Some patterns to study are those above in picture and Phi, Pi, the golden ratio/golden mean, Sierpinski triangle.Lichtenberg fractal.

Life Force

"This energy is the life force itself, and has as many names as there are civilizations.

In Japan the energy is called Ki and it's from this word that <u>Reiki</u> is named. The Taoists call life force energy Chi (Qi) and charted its movement through the body. Indian yoga adepts call it Prana and used it for charting the course of energy through the body. In the West, Dr. Wilhelm Reich discovered the same energy and called it Orgone energy. This energy or life force is known as "Mana" in Polynesia, "Ruach" in Hebrew and "Baraka" in Islamic Countries. Referred to as the Light or Holy Ghost by Christians. Bio-Plasmic Energy by Russian researchers. Some individual healers have called it Animal Magnetism, Archaeus." Other names for it are: Vril, Odic force, Life-force energy, Kia, Vitality, Vital Magnetism, Bio-electricity, Ching, Mana, Vital Energy, Taku Skan Skan.

"The universe is filled with different kinds of dynamic energy, or "chi." The Tao, or "way," for each man is to creatively transform his energy over a course of a lifetime back to its original state of harmonious balance."~Taoists Secrets of Love

The life force is the vehicle or energy of the mind and consciousness. It is the electricity that animates our bodies and brain. As mentioned in the Consciousness chapter:

This energy is the life force itself and is in every (true living) being in this realm. Most people do not recognize it in animals or bugs but it is there. The life force is the animating electricity that cannot be destroyed; only the conductor (body) can be destroyed. It can be interpreted as being layered or having multiple forms.

"In the physical are these channels, the blood which moves in vortical motion, reacting on the heart to continue its beating. Magnetism which moves through the nerve paths, carrier of energies to all cells and tissues. Akasa which flows through channels, subtle yet physical, completing the channels. Each of the three attuned with each other, each affecting the life of the body."-Emerlad Tablets

"The Linga-sarira, or vital body [Yesod], is our vital energies that give life to our physicality. This vital body is the body of prana. It is the storehouse of all the prana that descends from the top trinity, descending through the Sephiroth and finally coalescing in our vital body, which exists in the fourth dimension. This vehicle sustains the chemical, biological, catabolic, metabolic, etheric, and vital processes of our physical body: the Sthula-sarira, Malkuth. Without the vital body and its circulation of prana throughout the physical body, we would not be alive."

Some ways to control it are through meditation, contemplation, will power and other practices. Here are some ways to recharge or lose this energy according to yogamayam.wordpress.com:

"What are some of the biggest drains on our life force reserves? – Worries, fears, thought processes and analysis– Financial pressures – Too many distractions and inputs, sounds, visuals – Too much sexual release – Extreme levels of exercise – Heavy Spiritual Practice and Ceremony – Too much shopping and spending – Digestion of too much food, meat, processed snacks and sugar – Lack of sleep – Too much work – Too much time indoors away from nature and fresh air – Rushing – Too much talking – Noise and man-made background sounds

What are the richest sources for replenishing the life force:- Sunlight and moonlight - Deep nostril breathing - Love - Natural earth-grown food -Walking barefoot on grass, rocks, sand - Music, singing, playing and listening to instruments- Drumming- Being outdoors in nature (by forests, ocean, lakes, streams, red rock, and other power places) - Loving touch and massage - Sacred sexual union - Yoga postures, especially in a group with a teacher/meditation - Sleep (we might be surprised by this, but the deep breathing rhythm of sleep is a huge source of the life force) - Quiet - Spiritual practice and ceremony (sometimes just a modest amount of time, and a quick heartfelt prayer is all it takes)"

Some theorized benefits of increased life-force are increased vitality, mesmerism, health, immune system, creativity, regeneration, magnetism, charm, and attraction. Having control/manipulation of this force is very important in being able to properly perform magick.

Chapter 8-The Simplicity of Magick

Science of the Magi

Magick in the simplest definition is the manipulation of energy. Consciousness is a form of energy. Matter is a form of energy. Everything is a form of energy. To manipulate any of these is magick. Whether used for service of self or others is up to the user.

So if you manipulate consciousness, your own or others, you are performing magick. Take the example of the stage magician/illusionist, who uses sleight of hand and distraction, they manipulate your senses in a way that a paranormal illusion appears to have taken place. Since this is done for entertainment we understand it is a simple manipulation and can find amusement in it, however what if we are not aware manipulation is taking place? What if instead being a manipulation of conscious senses it is a manipulation of our subconscious or both? Would you even realize the manipulation? With this definition of magick being the manipulation of energy/consciousness, you will realize the most powerful magicians are artists, musicians, writers, media/news/TV/movie executives, religious leaders, judges, politicians and attorneys. They shape the world around you with their words, images and the emotions/thoughts that are conveyed. To cast a spell is the same to spell a word.

Other observable forms of magick are hypnosis and mesmerism. The wiki definition of hypnotism is "a human condition involving focused attention, reduced peripheral awareness, and an enhanced capacity to respond to suggestion ... Hypnosis usually begins with a hypnotic induction involving a series of preliminary instructions and suggestion." There are many ways to do hypnotic induction, typically by having a person fix their eyes on a *bright object*, fixing their concentration, where they get into a mind-set allowing them to access the sub-conscious or parts of their conscious they are usually

unaware of. This can be supplemented with monotonous sound, binaural beats for example. If this sounds similar to meditation and contemplation techniques it is because it is. Mediation and contemplation are forms of magick and some methods even use self-hypnotism. After manipulating the consciousness with hypnotic induction methods, the goal of hypnotism is to give suggestions that will bypass the conscious and go directly to the sub-conscious. This is termed auto-suggestion and can be done by another person (usually a hypnotist) or done to yourself through self-hypnosis; it can be perceived as changing or re-programming the mind/brain and altering subconscious patterns with hidden commands. You can resolve past traumas, discover repressions, and heal addictions along with other mental or emotional baggage. When used for therapeutic reasons it is called Hypnotherapy. Another form is stage hypnosis, used in shows and for entertainment and many videos can be seen on Youtube.

There is a third use of hypnotism, besides self, therapeutic and stage, that will be further discussed in the Masters of Manipulation chapter. But consider how when you watch a stage hypnotist perform, he gets people to do all sorts of absurd things just for entertainment. If you ever talk to a person that has been a volunteer in a hypnotist's show they will tell you they don't remember doing anything, at least from people I have talked to. Now imagine taking someone well educated in hypnotism/mesmerism with little to no empathy, legal/civil immunity, all sorts of hallucinogens at their disposal, and mass funding behind them; except they are using hypnotism and mesmerism for personal power, knowledge, self-serving interests, money and control. MKULTRA and MKOFTEN are programs that would seem to fit that description. Are debased forms of hypnotism how people get brain-washed and turned into Manchurian candidates, or maybe on another degree they just become extremists/zealots?

Can TVs, cell phones, tablets, and computers be used as a bright object for hypnotic induction?

Mesmerism is viewed differently from hypnotism for the following reason: "At the outset hypnosis relies on sound and words to induce a state of trance, whilst Mesmerism uses very few words and can automatically promote a state of trance. The Mesmeric trance state is different from the trance state that results from verbally induced hypnosis... Mesmerism is helpful for Psycho Somatic conditions, whereas verbal hypnosis seems more effective for habits and behavioral changes." Mesmerism is from Franz Friedrich Anton Mesmer's theory on Animal magnetism, which is "an invisible natural force (Lebensmagnetismus) possessed by all living things, including humans, animals, and vegetables. He believed that the force could have physical effects, including healing." So basically it is a manipulation of the life-force described in the end of Chapter 7.

It is important to note that people usually have to be in a susceptible, willing state for these methods to work. If you ask someone to hypnotize or use mesmerism on you and you have no desire to partake and think it is bs then it will most likely not do anything. The same goes with just about every other magick out there. There is plenty written on the subjects of mesmerism and hypnotism if one is interested in techniques and more information.

If Magick is the manipulation of energy then technology and chemistry (alchemy) would fall under that definition as well. Maybe this is why some of the magicians that manipulate consciousness (invisible energy) wear black robes like Judges and Priests and why other magicians that manipulate matter (visible energy) wear white robes, like the Doctors and Scientists.

Other definitions of magick:

"the Science and Art of causing Change to occur in conformity with Will, including both "mundane" acts of will as well as ritual magic. The art of changing consciousness at will. True magick is neither illusion nor make believe, but an extension of imagination, emotion, and will used for the art of transformation (whether material or spiritual)."

"May it not be that Consciousness, Magic, and Chaos are the same thing? Consciousness is able to make things happen spontaneously without prior cause. This usually happens within the brain, where that part of consciousness we designate "Will" tickles the nerves to make certain thoughts and actions occur. Occasionally consciousness is able to make things happen spontaneously outside the body when it performs magic. Any act of will is magic. Conversely any act of conscious perception is also magic; an occurrence in nervous matter is spontaneously perceived in consciousness. Sometimes that perception can occur directly without the use of the senses, as in clairvoyance. Magic is not just confined to consciousness. All events, including the origin of the universe, happen basically by magic...."- *Liber null* & *Psychonaut* Peter James

Another interpretation

B. Patterning. This technique involves use of the consciousness to achieve desired objectives in the physical, emotional, or intellectual sphere. It involves concentration on the desired objective while in a Focus 12 state, extension of the individual's perception of that objective into the whole expanded consciousness, and its projection into the universe with the intention that the desired objective is already a matter of established achievement which is destined to be realized within the time frame specified. This particular methodology is based on the belief that the thought patterns generated by our consciousness in a state of expanded awareness create holograms which represent the situation we desire to bring about and, in so doing, establish the basis for actual realization of that goal. Once the thought-generated hologram of the sought after objective is established in the universe it becomes an aspect of reality which interacts with the universal hologram to bring about the desired objective which might not, under other circumstances, ever occur. In other words, the technique of patterning recognizes the fact that since consciousness is the source of all reality, our thoughts have the power to influence the development of reality in time-space as it applies to us if those thoughts can be projected with adequate intensity. However, the more complicated the objective sought and the more radically it departs from our current reality, the more time the universal hologram will need to reorient our reality sphere to accomodate our desires. Monroe trainers caution against attempting to force the pace of this process because the individual could succeed in dislocating his existing reality with drastic consequences.

"If you want to something to change, your intent, words and actions need to be in alignment. This is called coherence of being."

Thought-forms

If everything is consciousness and all is mind, and thoughts are the product of consciousness/mind, then controlling your thoughts would be very powerful. Willing your thoughts and energy toward a cause, goal or desire would undoubtedly give a better opportunity to succeed. If these same thoughts were shared by a group or of people the power would grow exponentially. The thoughts could grow into forces unto themselves becoming:

Arcetypes, Eggregores, Memes, Engrams, Theocratic Bands

Archetypes- A concept introduced by Carl Jung, Archetypes can be viewed as the collective definition or qualities of a word, they represent universal patterns and images that are part of the collective unconscious. For instance the mother archetype could be nurturing, caring and protective. The father archetype could be protective, strict, ordering, loving etc. There are countless variations however, that form the collective, because everyone has a different perspective and experience giving a different meaning to every individual word/concept. To elaborate, the father archetype "takes the form of God, any god, giant, tyrant, king, judge, doctor, executioner, devil, leader, holy man, boss, wise old man, and of course, father. As with any archetype, both light and dark aspects exist." Jung said Archetypes lie in the collective unconscious are innate, universal, hereditary, unlearned and function to organize how we experience certain things. "Jung believed that archetypes were models of people, behaviors, or personalities. Archetypes, he suggested, were inborn tendencies that play a role in influencing human behavior. Archetypes played a role in personality, but felt that most people were dominated by one specific archetype. The actual way in which an archetype is expressed or realized depends upon a number of factors including an individual's cultural influences and unique personal experiences." Jung writes there are four major archetypes, but there is no limit to how many actually exist. The four major Archetypes being: the persona, shadow, anima/animus, the self. There is

plenty written on this subject and should be further studied by anyone trying to understand how consciousness works.

Archetypes are neutral and we choose what/how we make them. The way these can be and are used magically is when people manipulate/engineer Archetypes into Stereotypes. For instance the Jersey Shore Guido Archetype of toxic masculinity- concerned with spray tans, gelled hair, partying and materialistic nihilism. This became a stereotype once many people embraced this look/attitude due to the TV show, propaganda and publicity for it. When magicians turn engineered archetypes into stereotypes people are easy to controlled and predictable and those living the stereotype are not concerned about the true-self (usually) only about their persona and ego. This will be further discussed in the Masters of Manipulation chapter *Turning Archetypes into Stereotypes* section.

www.verywellmind.com/what-are-jungs-4-major-archetypes

"Just as there are personal memories and Archetypes, there are more dangerous memories and collective forces. These are known as Engrams, Eggregores and Memes."

Engrams- "It literally means memory trace, but is used in a more specific manner. When an individual experiences great pain, suffering or distress, memories of the event are not recorded in a normal fashion; they become locked with the associated emotions and are stored as Engrams. These Engrams are aberrative in nature and irrational in content, they record all related facets of the experience (sound, colour, touch, smell and so on) and lock them together. As more and more Engrams are formed they link together to form chains and begin to cloud the conscious or rational mind. This is why Gurdjieff said that we all live in the past, in any one individual there are thousands of personal Engrams clouding and overpowering the rational mind."- Gnostic Theurgy

Egregores- "is a collective group mind, it is a form that has been created by the thoughts of a group of people with similar beliefs over a period of time. As time passes, the energy of that belief takes on a certain "life of its own" and becomes what is known as an 'Eggregore'. Eggregores are, by rights, not necessarily Engramic. There are also positive Eggregores of organizations, groups and associations. However, since man is by nature a fallen creature, Eggregores tend to end up out of control and become unwieldy, forming little vortexes of energy in the collective unconscious and by correspondence, on the astral worlds." - Gnostic Theurgy

Memes- "Memes are the collective unconscious equivalent to genes. As man has become physically more complex, the Archons needed a strategy to control and manipulate thought. This strategy began in the lower reaches of the collective unconscious. As Eggregores began to take hold of an increasing amount of human thought, the Archons worked to create Eggregores of special power, special destructive value. These specialized mind-traps we can call Memes. They reproduce through human consciousness at lightning speed and move from mind to mind, they masquerade as theories, concepts and philosophical systems that bring people together into mindless conglomerates. These conglomerates, group minds or Eggregores are then easily manipulated." - Gnostic Theurgy

In the modern age of online memes, many people don't realize the actual power of them. This why meme magick was being used in the 2018 election and memes are now one of the most prevalent used tool for jokes, internet arguments and sharing of information.

Theocratic Bands- The dictionary definition of Theocrat is "person who rules, governs as a representative of God or a deity, or is a member of the ruling group in a theocracy, as a divine king or a high priest. a person who favors theocracy."The theocrat thought-form theory takes this one step further, and was first and only mentioned, from what I have researched, in the book "War

in Heaven" by Kyle Griffith. Theocrats are disincarnated beings that trick people into worshiping them and have their worshippers take part in selfdestructive, violent behaviors for their own desire and power. "The spiritual beings worshiped as gods by many religious groups are impostors. They are nothing more than the disembodied spirits of human beings who refuse to reincarnate. They remain on the astral plane, where they exercise power over other spirits and over living people. We call them "Theocrats," a name also used to describe the ancient Egyptian Pharaohs and other earthly rulers who justified their demand for absolute political power by posing as divine beings. The concept that gods are impostors is the first postulate of a theory that provides explicit answers for almost any question about the nature of spiritual reality. Part of this theory is scientific. It explains what the soul is made of and how it functions. It also explains how the body, mind, and soul are interrelated and how psychic powers operate. The rest of the theory is political. It describes the political organization of spirits on the astral plane, and the relationships that different factions of disembodied spirits have with living people." The way this works for instance is when you put yourself in close proximity to large amounts of people such as at "sporting events, in gambling casinos, at political rallies, during musical concerts, large parties/festivals, of many types in a number of other places. Whenever many people enter an intense emotional state at the same time and have their collective attention focused on a common objective, Theocratic spirits can use subconscious telepathic manipulation to put them into a religious trance and reprogram their minds with religious mind control." Could this explain in part, how cults work and people become religious zealots/extremists, seeming to have gone under some type hypnotic brainwashing? You can easily observe how sports make people fanatics, which is where the word fan comes from.

Thought-forms are only as powerful as we make them. When you put yourself in a situation where you are surrounded by many people, be very aware of the collective thought-form power you are putting yourself in contact with. Do not get agoraphobia, just be aware, and like always think for yourself, question everything, expand your perception, live with love, have strong will and be hard to influence.

Word of Caution

Caution: using magick, especially with non-human intelligences can come at a cost and some types require a sacrifice.

There is small line between being crazy, schizo or whatever else they want to label it, and being physic, clairvoyant, or possessing other types of gifts. Many people have a hard time controlling the conscious/energy streams and this can lead to addiction and seemingly mental illness. Practicing certain types of magick can increase these conscious/energy streams creating opportunities for any cracks, repressions, trauma in the psyche to manifest and create mental disturbances.

"...the neurotic is very often psychic, and the psychic is very often neurotic." — **Dion Fortune, Psychic Self-Defense**

A cautionary quote from Anonymous practitioner of magick:

"I am, as a person, deeply conditioned in all my thinking and perceiving by a lifetime spent practicing magick, serious magick, not new age wishy-washy white light bullshit. I began studying Kabballah at 16, when there were few books, at least in our country. Next I received the first six initiations in the O.T.O. where I practiced Enochian magick. This is the most potent magick out there, apart from Obeah and certain forms of negative Voodun. These experiences are guaranteed to change everyone. Being initially hypersensitive I became pathologically so. What to some people is intuition, is common occurrence to me, same with various projections and states. This is not bragging, in fact, these things can almost be a burden, in a sense, and I must put effort into it remaining always with my feet standing firmly on the Earth – to the extent of my abilities.

Fortunately, I don't drink anymore alcohol. When I did, it was even worse – in terms of subjective experiences bordering on pain and madness. I did land in a mental institution once, but after realizing that they can't do anything for me I left. Most of my former friends have had similar experiences. In fact, every magician I know, at least the ones that are worthy of their salt, has been at least once in a loony bin, most of them have lifelong addictions. I am still on Methadone myself, although I am – finally – beginning to contain and erase this serpentine addiction.

Sure, there are magicians that are able to do strong magick and keep a job, a family etc. But they only live in books, not in the real world. Sure, there are always exceptions, but they are very, very, few. One can ask, does it pay, then, to immerse oneself in magick? No, it does not. But if you want to be able to manipulate energy and be a political force, even if just in a local sense, then you have no other option but to go through the 'required' experiences. I was always obsessed with manipulating political forces, esp. with bringing revenge on the Vatican. But these things come at a price. A heavy price. Unless one is working in a group, but even then the price of inertia is always exacted by the universe."

Another interpretation of negative effects of magick, especially with invoking, summoning or working with any type of other intelligence can be possession or being doppelgangered. Twin Peaks/Stranger Things (both season 3) do a good job depicting this. Briefly, this type of possession is not like what you see in the Exorcist movie, at least for the most part and for the ones that you need to worry about. The possessing beings are cold, calculated, cunning, charming, intelligent, completely psychopathic and have one goal/desire-to create as much suffering as possible in as many people in order to feed off the energy it creates (loosh/ garmonbozia). They look like normal people and fit in society without notice. Could these beings have infiltrated the most powerful positions in today's world?

Uses/outcomes

Magick can be used to create <u>talismans</u>, <u>amulets</u> or tinctures. Can be learned how to perform magical <u>spells</u>, <u>charms</u> and <u>divination</u>. Can influence self/others, attract opportunities to yourself, explore parts of your own, others or collective consciousness, manipulate life force/magnetism. You can be educated how to <u>summon</u>, <u>invoke</u>, banish, and exorcise spirits, gods, demons, angles, other intelligences. You can also make deals with these intelligences but you could possibly become their slaves/ get possessed by them.

When a magician summoned an intelligence he asked" Are you figment of my imagination?" The intelligence replied, "It would be more accurate to say that you are a figment of mine."

Some Possible outcomes/goals of magick that can be further studied are:

Control of emotions and thoughts, understanding of self and others, gnosis, ability to get answers, Critical Thinking, Psychometry, Clairvoyance, Strong Intuition, Remote viewing, Astral Projection, Psychokinesis, Prophecy, Precogntion, Syncro-mysticism, Telepathy, Pyrokinesis, Extra-sensory Perception, Increased Will, Increased Magnetism, Mentalism, Mind Control (Your own and possibly others),Mediumship, Law of Attraction, Memory Feats, Deduction, Rapid Mathematics, Healing, Reikei Healing, summoning/invoking/ banishing/exorcising other intelligences, channeling, automatic writing, dimensional/time travel

Types of Magick

"Within a spirit model, the job of a <u>shaman</u> is to communicate their intentions to their spirit helpers, who then work magic on their behalf.

Within an energy model, a magician might direct their own <u>qi/ch'i</u> towards specific aims.

Within a psychological model, a magician uses symbols to condition their unconscious to work towards their goals.

Within an information model, a magician transmits information to an underlying matrix or field in order to produce specific effects."

Here are some of the more popular forms of magical practices (not as dangerous) then a list all of the magical practices that I have heard of.

Divination

To divine the future..."is the attempt to gain insight into a question or situation by way of an <u>occultic</u>, standardized process or ritual."

Of course you must have willful intention and belief for them to have any chance of working. Some would say divination is just a tool to get your mind get to a state of consciousness where you (or the divinator) have more access to the collective consciousness/all-mind and places beyond time and space. They show a reflection or partial reflection in the pool of probabilities and connect personal and collective synchronicities. "The tarot is a reflection; your destiny is not set."

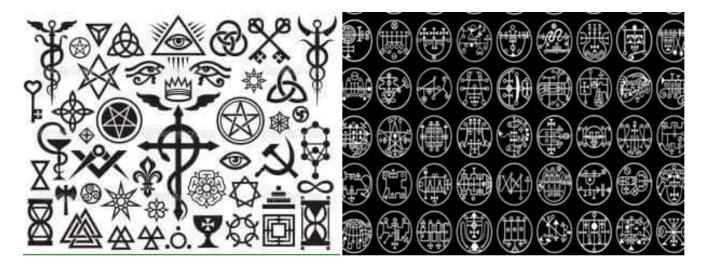
The number of divination methods is unlimited, as anything can have meaning. Some popular forms of divination are:

Tarot Cards, The Celtic Ogham, Astrology, Horoscopes, Enneagrams, The Norse Runes, Reading Tea Leaves, Pendulum Divination, Osteomancy (Reading the Bones),Lithomancy: Divination with Stones, Full Moon Water Scrying*, Scrying with obsidian*, numerology, geomancy, Kabbalah, <u>hydromancy</u>, <u>aeromancy</u>, <u>pyromancy</u>, chiromancy (<u>palmistry</u>), spatulamancy (<u>scapulimancy</u>), Dowsing, I-ching, Feng shui, Ilmu Tajul, <u>Automatic</u> <u>Writing</u>, <u>nggàm</u>, and much much more. <u>https://en.wikipedia.org/wiki/Methods_of_divination</u> *Scrying can be used to enter trance state as well

Some types of numerology: Germatria, Notarikon, Tenach, Temurah- Atbash, Avgad, Albam

Sigil

'Signs and symbols rule the world, not words nor laws'



"Coca-Cola is a sigil. The McDonalds "M" is a sigil. These people are basically turning the world into themselves, using sigils. And if we don't reverse that process, and turn the world into *us* using sigils, we're going to be living in fucking McDonalds."- Grant Morrison

All corporate logos, religious symbols, and military regalia are sigils.

Sigils power lies in their ability to bypass many conscious filters and enter the sub-conscious. Like they say a picture is worth a thousand words. Sigils are another type of thought-form (everything is though) and can vary between Arcetypes, Eggregores, Memes, Engrams depending on how they are perceived and by the amount of people that view them.

Sigils are a symbolic representation of willful intention resulting in a beneficial outcome. They can also be used evoke entities, such as from the Seals of Solomon. Another interpretation is controlling forces in the unconscious psyche of the practitioner. Kind of like a form of self-hypnosis using symbols. You can use sigils that have already been made or better yet make your own.

Create a sign or an image that represents your desire and carries its essence. Make the desire realistic and something you have ability to tangibly work toward. Follow your intuition; there is no right or wrong way. One method is write the words of what you desire, take out the vowels and repeating letters, and then create it into some type of symbol or icon. Such as:



Or try to clear your mind and do automatic drawing of an image or symbol that represents your will.

Next step is to charge/release the sigil this can be done by many methods such as contemplation, meditation, trance, sex, entering gnosis and then putting it into the collective.

Again if you want something to occur: "...your intent, words and actions need to be in alignment. This is called coherence of being." Sigils will not help if that is the only thing you do with no other tangible effort. For instance you will not get the job you want by just making sigils, you need to apply, prepare for the interview, etc.

Ritual/Ceremonial/Theurgy

This is where a group of people get together and focus their thoughts/intentions toward a common goal. If you want to see what ritual/ceremonial magick looks like go to any church service, especially a Catholic one with communion. It seems absurd to have people dress in costumes, robes, etc. but that is the point. It manipulates the use of archetypes that go beyond regular consciousness, "The assumption of ritual dress and paraphernalia serves to mark the transition from ordinary activity to something of importance. A uniform has a further function — that of depersonalization. It helps to reduce the importance of individual personality factors and allows the wearers to relate to each other as functionaries of some principle beyond personal considerations." –Psychonaut

There are many different forms Rituals/Theurgy for many different reasons, this and can be church services, séances, masses, eyes wide shut orgies etc.

There are plenty of rituals and ceremonies from various groups and cultures available for study. You can always make your own as well.

Alchemy

"The Secret of Alchemy is this: There is a Way of Manipulating Matter and Energy So as to Produce what Modern Scientists Call 'a Field of Force'. This Field Acts On the Observer and Puts Him in a Privileged Position Vis-a-Vis the Universe. From this Position, He has an Access to the Realities which are Ordinarily Hidden from Us by Time and Space, Matter and Energy. This is what We Call "The Great Work"."~ Fulcanell

It is usually considered the manipulation of material matter. It is how chemistry began, and chemistry is a modern, more refined, form of alchemy. The goal of alchemy is to transmute objects. The profane and materialistic perspective of this is transmuting lead into gold in the literal sense. To the initiate this is actually an internal transmutation of the base desires into higher forms of thought. "Alchemy is not only about the transmutation of metals, but the shift in <u>consciousness</u> that returns us from the physical to the non-physical. Reality is about the evolution of consciousness in the alchemy of time and illusion."

Some would say this is also a physical process of transmuting the spinal fluid beginning in the sacrum and transmuting by having it rise through the 33 vertebrae in the spine, eventually into the pituitary and pineal gland. An Alchemical interpretation of the importance of the number 33, possibly why we see 33 degrees in certain Masonic Lodges, Jesus living to 33 and performing 33 miracles, Ice melts at 33 degrees, along with other uses.

There is plenty written on the subject and like always you will have to decide whether you would like to learn more.

Sex

"Sexual essence, or "ching," is a powerful, vital energy that is generated continuously within thehuman body. Sexual drive propels the course of man's evolution biologically by transmitting the genetic lineage. Emotionally it harmonizes the love between man and woman, and spiritually provides a tangible link between the "ordinary" creative powers of man and the eternal creative process of the cosmos. Refining one's awareness of sexual energy—with or without a partner—is one of the simplest ways of humans to return to pure consciousness and experience the deepest rhythms of life."~Taoist Secrets of Love

Sex is extremely powerful and arguably the most important aspect of human nature. Sex can either liberate or enslave. There are few a different types of interpretations and practice of using sex for magic. One is the ascetic or reserved type of practice and then a libertine outlook. Both revolve around the theory that sex or sexual stimulation creates a large amount of physical, mental, emotional, and spiritual energy between the participants. This energy can be used for multiple purposes depending on intention.

"Sex and magic are intertwined experiences—sex is one kind of magic (and can be made more magical without being concerned with sex-magic at any point), and magic can be, while erotic and arousing, not necessarily sexual in the way that is often understood. There is a commonly-held belief that those who practice sex-magic are indulging themselves in wild orgiastic rites at every opportunity. This is rarely the case."- Phil Hine

"It's time we saw sex as the truly sacred art that it is. A deep meditation, a holy communion and a dance with the force of creation." ~ Marcus Allen

Ascetic versions use self-discipline and willpower as a driving factor. Focusing on the importance of complete control over all of your bodily and mental systems, they say that the sexual fluids hold an energetic/magnetic power that can be transmuted in the body for multiple physical, mental and spiritual benefits. Many ascetic beliefs hold that sex should only be used for procreation not pleasure, others believe sex with a partner is fine but men should spill none of their seed. Some ascetic practices include Karezza, Tao Chi, Prana Shakti, Ankhing, Kundalini,Tantra, Internal Alchemy, Coitus reservatus, and celibacy sometimes for certain times or for extended periods. Read more about these practices if this interests you.

"Sex is, directly or indirectly, the most powerful weapon in the armory of the Magician; and precisely because there is no moral guide, it is indescribably dangerous. I have given a great many hints, especially in <u>Magick</u>, and <u>The Book of Thoth</u>"- Aleister Crowley

Other more libertine versions of sex magick use the fluids and excretions that cum from sex/sexual activity. Considering these fluids literally make/bring life into this realm, it would be hypothetically logical that these fluids hold great power and if known how to use, could be manipulated. One use is to charge sigils/intention by staring at them or visualizing, while having sex/masturbating till you orgasm. The goal is to reach a trance/altered state while staring at the sigil/ visualizing the intention. The orgasm supposedly connects much of the brain and body at that time allowing the subconscious to better receive the sigil, making it become part of the collective. This energy is strengthened when it is done with multiple people in orgies if they all have the same intention. Certain magical groups (some OTO sects for example) are said to use these practices. Another theory is that other dimensional beings are created from/feed off sexual energy as well, popular in the incubus/succubus stories. They say once invoked they need the energy from human fluids to sustain themselves.

"The body can become a vehicle to that which is beyond body, and sex energy can become a spiritual force." ~ Osho

Of course there is a middle ground to both ascetic and libertine views and you can combine them as you see fit. Whatever the method you choose, recognize the power of sex and the energy it creates. As it has been said SEX is an acronym for Sacred Energy eXchange. Some practices that hold the sacredness of this energy are Kama Sutra, Taoist methods, and Neotantra; which can be used by partners to make a stronger relationship and better sex life. For example:

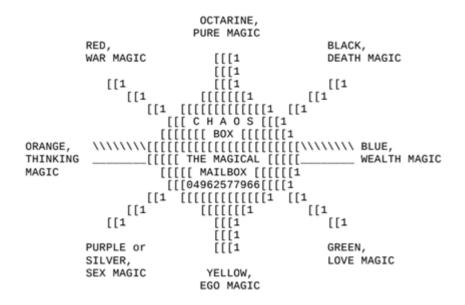
"Taoists accept sexual love as natural and healthy, but know the momentary pleasure of genital orgasm with ejaculation is superficial compared to the profound ecstasy possible when love is enjoyed without the loss of the powerful male seed...Transformation of sex energy is the second principle of cultivation. During sexual arousal, the "ching" or sexual essence stored in the testicles expands rapidly and causes some energy to naturally rise to higher centers in the heart, brain, glands, and nervous system. This upward movement is cut short by ejaculation outward, so most men never become aware of the full power of their sexuality. The Taoist method perfects this upward transformation of sex energy by opening subtle channels from the genitals up the spine to the head and back down the spine to the navel. The expanding sexual energy is channeled into this "microcosmic orbit" so it flows past all the major vital organs and harmonizes the etheric energy complexes in the body, called "Tan Tiens" by theTaoists (or "chakras" by the Hindus)"~Michael Winn

"Tantra says, accept whatsoever you are. You are a great mystery of many multidimensional energies. Accept it, and move with every energy with deep sensitivity, with awareness, with love, with understanding." ~ Osho

No matter your use of sex, whether for physical pleasure, projection of intention or spiritual development, do not feel shame or guilt. Of course do not harm others in any way (physical, mental or emotional) and remember one person's empowerment could be another person's exploitation or vice versa. Respect others choices as long as they are bringing no harm to others.

Other types of magick

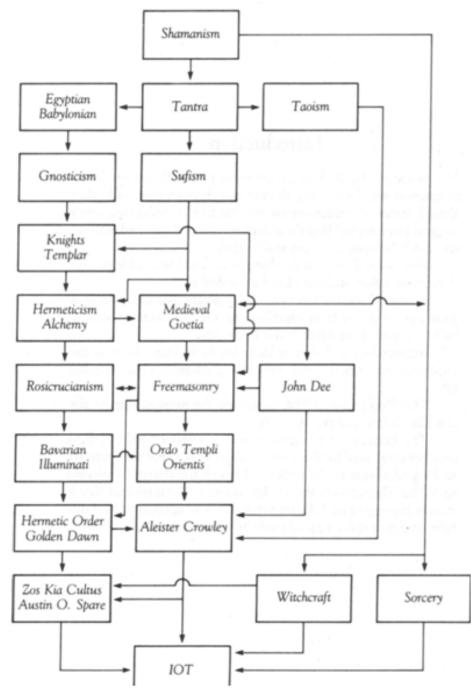
Operational, Emergent, Mind , natural, primal, Private, mass, subliminal, stage, movie/cgi, diabolical, Inverted, Black(serve self) or black(invisible energy) White(serve all) or white(visible energy) , Grey, Passive, Active, Personal, Image, Contagious, Elemental, Fire, Water, Air, Nature, Crystal, Music, Color, Tattva Herbal, High, Low, Prayer, Intention, Thought, Moon, Solar, planetary, Dream, Conscious, Subconscious, Shadow , Money, Babylon, Love, Petter Carrols 8 types of magic and color relation(below). Red/War, Octarine/Pure, Black/Death, Blue/Wealth, Green/love, Yellow/Ego, Purple/Silver/Sex, Orange/Thinking. And anything else you can think of. Remember anything can be made into/is magick.



Seven Ray Interpretation: First ray: Magic of <u>Will</u> of <u>magician</u>--Second ray: Magic of <u>Raja Yoga</u> (Development of Mind)Third ray: Magic of <u>Astrology</u> (Natural Magnetic Forces) Fourth ray: Magic of <u>Hatha</u> <u>Yoga</u> (physical development) Fifth ray: Magic of <u>Alchemy</u> (Manipulation of Material Substances) Sixth ray: Magic of <u>Bhakti Yoga</u> (Selfless Service and Altruistic Love; <u>agape</u>) Seventh ray: <u>Ceremonial magic</u> (Invocation of Elementals, and <u>Devas</u>)

Systems/types

Obeah, Voodoo, Vodon, Hoodoo, Folk, Santeria, Enochian, Qliphothic, Qabbalah, Goetic, Goetia, Theurgia, Chaos, Folk, Elohim, Seiðr, Druid, Tuatha de Danann, Dagon, Tengrism, Bonpo Shaminish, Magician-Nazarene This is an interpretation of a historical flow chart of systems/organizations from Liber Null: IOT=Illuminates of Thanateros



We are no one, we are everyone, and we are invisible.

Chapter 9- Master of Manipulation: The Cult of Inversion

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This theory is of an underlying conspiracy against all of humanity on a physical, mental and spiritual level. With this theory it would appear the world is a bad dream/hologram, matrix like prison farm. It seems the world could be controlled by a self serving, overlying and underlying force. The anti-thesis and inversion of empathetic, playful, loving, nurturing and helpful qualities humans possess. A parasite of the mind, body and spirit sometimes termed Weitko. Possibly we (our true-selves) created it in someway, maybe in error, as a catalyst for spiritual/conscious evolution.

"The Black Iron Prison is a concept of an all-pervasive system of social control postulated in the Tractates Cryptica Scriptura, a summary of an unpublished Gnostic exegesis included in VALIS. The Empire is a psychological as well as a military state. It exists as a mental construct, as a psychopathic state of mind, as a system of control. It exists in all of us. All of us are infected with this thought-form virus. This is the true meaning of "The Empire." It's what Philip K Dick means when he says, The Empire Never Ended." - CJ Stone



"An illusion it will be, so large, so vast it will escape their perception.

Those who will see it will be thought of as insane. We will create separate fronts to prevent them from seeing the connection between us. We will behave as if we are not connected to keep the illusion alive. Our goal will be accomplished one drop at a time so as to never bring suspicion upon ourselves. This will also prevent them from seeing the changes as they occur.

We will always stand above the relative field of their experience for we know the secrets of the absolute. We will work together always and will remain bound by blood and secrecy. Death will come to he who speaks.

We will keep their lifespan short and their minds weak while pretending to do the opposite. We will use our knowledge of science and technology in subtle ways so they will never see what is happening. We will use soft metals, aging accelerators and sedatives in food and water, <u>also in the air</u>. *They will be blanketed by poisons everywhere they turn*.

The soft metals will cause them to lose their minds. We will promise to find a cure from our many fronts, yet we will feed them more poison. The poisons will be absorbed through their skin and mouths, they will destroy their minds and reproductive systems. From all this, their children will be born dead, and we will conceal this information.

The poisons will be hidden in everything that surrounds them, in what they drink, <u>eat</u>, breathe and wear. We must be ingenious in dispensing the poisons for they can see far.

We will teach them that the poisons are good, with fun images and musical tones. Those they look up to will help. We will enlist them to push our poisons.

They will see our products being used in film and will grow accustomed to them and will never know their true effect. When they give birth we will inject poisons into the blood of their children and convince them its for their help. We will start early on, when their minds are young, we will target their children with what children love most, sweet things.

When their teeth decay we will fill them with metals that will kill their mind and steal their future. When their ability to learn has been affected, we will create medicine that will make them sicker and cause other diseases for which we will create yet more medicine. We will render them docile and weak before us by our power. They will grow depressed, slow and obese, and when they come to us for help, we will give them more poison.

We will focus their attention toward money and material goods so they many never connect with their inner self. We will distract them with fornication, external pleasures and games so they may never be one with the oneness of it all. Their minds will belong to us and they will do as we say. If they refuse we shall find ways to implement <u>mind-altering technology</u> into their lives.

We will use **fear** as our weapon. We will establish their governments and establish opposites within. We will own both sides. We will always hide our objective but carry out our plan. They will perform the labor for us and we shall prosper from their toil.

Our families will never mix with theirs. Our blood must be pure always, for it is the way. We will make them kill each other when it suits us. We will keep them separated from the oneness by <u>dogma and religion</u>. We will control all aspects of their lives and tell them what to think and how. We will guide them kindly and gently letting them think they are guiding themselves.

We will foment animosity between them through our factions. When a light shall shine among them, we shall extinguish it by ridicule, or death, whichever suits us best. We will make them rip each other's hearts apart and kill their own children. We will accomplish this by using hate as our ally, anger as our friend. The hate will blind them totally, and never shall they see that from their conflicts we emerge as their rulers.

They will be busy killing each other. They will bathe in their own blood and kill their neighbors for as long as we see fit.

We will benefit greatly from this, for they will not see us, for they cannot see us. We will continue to <u>prosper from their wars</u> and their deaths. We shall repeat this over and over until our ultimate goal is accomplished. We will continue to make them live in fear and anger though images and sounds. We will use all the tools we have to accomplish this. The tools will be provided by their labor. We will make them hate themselves and their neighbors.

We will always hide the divine truth from them, that we are all one. This they must never know! They must never know that color is an illusion, they must always think they are not equal. Drop by drop, drop by drop we will advance our goal. We will take over their land, resources and

wealth to exercise total control over them. We will deceive them into accepting laws that will steal the little freedom they will have. We will <u>establish a money system</u> that will imprison them forever, keeping them and their children in debt.

When they shall ban together, we shall accuse them of crimes and present a different story to the world for we shall own all the media. We will use our media to control the flow of information and their sentiment in our favor. When they shall rise up against us we will crush them like insects, for they are less than that. They will be helpless to do anything for they will have no weapons.

We will recruit some of their own to carry out our plans, we will promise them eternal life, but eternal life they will never have for they are not of us. <u>The recruits will be called "initiates</u>" and will be indoctrinated to believe false rites of passage to higher realms. Members of these groups will think they are one with us never knowing the truth.

They must never learn this truth for they will turn against us. For their work they will be rewarded with earthly things and great titles, but never will they become immortal and join us, never will they receive the light and travel the stars. They will never reach the higher realms, for the killing of their own kind will prevent passage to the realm of enlightenment. This they will never know.

The truth will be hidden in their face, so close they will not be able to focus on it until its too late. Oh yes, so grand the illusion of freedom will be, that they will never know they are our slaves.

When all is in place, the reality we will have created for them will own them. This reality will be their prison. They will live in self-delusion. When our goal is accomplished a new era of domination will begin. Their minds will be bound by their beliefs, the beliefs we have established from time immemorial.

But if they ever find out they are our equal, we shall perish then. THIS THEY MUST NEVER KNOW. If they ever find out that together they can vanquish us, they will take action. They must never, ever find out what we have done, for if they do, we shall have no place to run, for it will be easy to see who we are once the veil has fallen. Our actions will have revealed who we are and they will hunt us down and no person shall give us shelter.

This is **the secret covenant** by which we shall live the rest of our present and future lives, for this reality will transcend many generations and life spans. This covenant is sealed by blood, our blood. We,<u>the ones who from heaven to earth came</u>."

This covenant must NEVER, EVER be known to exist.mlt must NEVER, EVER be written or spoken of for if it is, the consciousness it will spawn will release the fury of the PRIME CREATOR upon us and we shall be cast to the depths from whence we came and remain there until the end time of infinity itself."-The Secret Covenant Author Unknown

"These evil sorcerers, dugpas, they call them, cultivate evil for the sake of evil and nothing else. They express themselves in darkness for darkness, without leavening motive. This ardent purity has allowed them to access a secret place of great power, where the cultivation of evil proceeds in exponential fashion. And with it, the furtherance of evil's resulting power. These are not fairy tales, or myths. This place of power is tangible, and as such, can be found, entered, and perhaps, utilized in some fashion. The dugpas have many names for it, but chief among them is the Black Lodge..." Twin Peaks

SYZYGY

LIVE-EVIL II LOVE-EVOL

POLARITY

Structure





Masters of Manipulation: The Cult of Inversion is what I call the rulers of this realm. They go by many names, with many fronts in many different languages, changing them when needed. They use a hierarchical structure: with the Hylic (robot-zombie) citizen slaves on the bottom, the puppets in the middle with vast wealth and power (politicians/executives), their puppet masters in corrupted esoteric systems, their masters that are inter/hyper/ultra dimensional beings (Archons/Demons etc) who are slaves to the Demiurge, who paradoxically is a slave to its own creation and self. They are energy and spiritual parasites/vampires that feed and gain sustenance off the negative/lower mind emotional, mental and physical energy we give off in the form of fear, anger, violence, stress etc. The reality as we know it is purposely engineered to create these emotions in humanity as we all struggle to make ends meet. The constant debt, work, consumption, traffic, stress, hardships and the daily grind- all purposely created.

This energy has been termed loosh, or garmonbozia and should be further studied. From Robert Monroe and the Monroe Institute: Loosh is "life force

energy (spiritual energy), is just simply energy, and includes the energy familiar to us as emotional energy both happy and unhappy. Most notably, as terminology of rare usage, "loosh," per se, was the word devised by Robert Monroe referring to the emotional energy radiated by animals and humans in dire circumstances that entail intense, severe pain and suffering in body and psyche. And so, "loosh," in this older usage, described a negative experiential spectrum." The term "garmonbozia" comes from Twin Peaks and "was synonymous with pain and sorrow. It was a source of sustenance for certain <u>spirits</u>..."

As mentioned in the reality war theory. If the world were being fought over by one side of unconditional love and its shadow of unconditional evil, fear and hatred; then obviously the loving side would be losing, at least seemingly, to the side of hatred. Simply because the evil would have no constraints to meeting whatever end satisfied it. No worry of any others and the pain and suffering created would matter to it and it would commit and have any/every violent atrocity, abomination and filth at its disposal. The loving side would be constrained by its own nature, while the side of abominations would expand by its own nature. It is easier to destroy than create.

If this world was ran by a demonic force that wanted nothing more than to delight in your despair, humiliation and suffering, they would make a mockery and parody of everything that people held close. One of the most inverted things to do would make people's heroes and "role models" nothing but the most vile, disgusting, despicable things you could create/put in power. I wouldn't doubt for a second that the celebrities/politicians we thought to be the most wholesome, kind, gentle and caring are the biggest predators out there (Jimmy Savile, Bill Cosby). The royals for instance are just a family that has imperialized, murdered, overthrew, destroyed and stolen anything they have wanted, yet are worshipped as gods. Do not be surprised when it is revealed.

One way it works is politicians/executives/celebrities (a vast majority on both sides politically) are perverted, greedy, selfish puppets with pathological personalities (sociopath/psychopath). They join esoteric societies and get honey trapped/blackmailed by the puppet masters. A recent example being that of NXIVM with celebs/billionaires/executives as members; another with Jeffery Epstein's island, who was a gate-keeper for one of these cults that had politicians/executives/royals etc. It is important to remember that at the highest levels it is not about power or money, the puppet masters have an unlimited amount of both. It is about creating as much (subtly of course) fear, stress, anxiety, hate, violence, division etc as possible. This creates food for the inter-dimensional beings they worship; the system is a perverted/corrupted/inverted hybrid of Gnosticism, Hermetics and Voudon. I have no care if you believe it is real, but I guarantee the most powerful people in the world do, and practice this. This abuse is ritual and also why Epstein has a temple, as certain geometric patterns amplify the violent, vile energy they seek to produce. Research this for yourself, think for yourself and question everything. Do not take anyone's word for it including mine.

I would assume they would also infiltrate all religions, philosophies, and esoteric systems/orders to make their followers and leaders practice an inverted form of the true teachings. This may be why we see so much hypocrisy, extremism, and blasphemy from many followers/leaders of religion. Any social cause for betterment would be infiltrated, co-opt, debased, and turned into controlled opposition.



Ephesians 6:12, KJV: "For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places."

Methods of Manipulation and Control

They control the masses through a multilayered system that is all encompassing. They have a deep understanding of ego manipulation, occult psychology and magick (manipulation of energy) and seek to invert, debase and corrupt everything in any and all ways. They tell you what to think and how to think; while making you believe that you are the one coming up with the thought. They are the ones that make us believe money has any value, by gas lighting and tricking us into giving our time, mind, body and spiritual energy in exchange for their fiat currency. Some easy to see inversions is how they give you poison in the form of medicine, anti-nutrition in the form of food, criminal corruption in the form of law and justice, corporate bribery and elitism in the form of democracy ,propaganda and lies in the form of news and so on and so forth.

"Just look at us. Everything is backwards, everything is upside down. Doctors destroy health, lawyers destroy justice, psychiatrists destroy minds, scientists destroy truth, major media destroys information, religions destroy spirituality and governments destroy freedom." — Michael Ellner

"Forget the politicians. The politicians are put there to give you the idea you have freedom of choice. You don't. You have no choice. You have owners. They own you. They own everything. They own all the important land, they own and control the corporations they've long since bought and paid for, the senate, the congress, the state houses, the city halls, they got the judges in their back pocket, and they own all the big media companies so they control just about all of the news and the information you get to hear. They got you by the balls. They spend billions of dollars every year lobbying to get what they want. Well, we know what they want. They want more for themselves and less for everybody else. But I'll tell you what they don't want. They don't want a population of citizens capable of critical thinking. They don't want well informed, well educated people capable of critical thinking. They're not interested in that. That doesn't help them." George Carlin



Another interpretation of the controlling hierarchy physical aspect:

"Over the centuries, the 13 blood-lines connected to Cain have successfully procured and centralized wealth by utilizing strategic marriage, controlled inheritance, and the ponzi scheme of central banking. Careful to only intermarry with other elitist families they have come to control most of the wealth and power of the world. The power of their Satanic blood-lines are such that they print the money which is used by the central banks of the world to sustain commerce through all of the oil conglomerates, media groups, defense contractors, entertainment companies, and pharmaceutical groups owned by them in mass. They use a perfected method by nation building and by loaning money to puppet dictators, are able to strap countries with debt, and then using fiscal reserve lending hire all of the transnational companies owned by them as means to create a stock and commodities market to then centralize, manipulate, and steal the rest the other wealth of various citizens in all parts of the world"

Dialetics

A primary psychological controlling paradigm is through strategic divide and conquer by using dialectics. They give you to two "options" both as corrupt and flawed as the other yet making the follower believe they have absolute truth, high virtue and intelligence through ones egos and identification with the system. Republican Vs Democrat, Left Vs Right, Theism Vs Atheism, Pro Vs Anti, the list could go on ad infinitum.



Solution: Think for yourself, question everything. Observe the engineered dichotomies that appeal to people's egos and the emotional reactions they have. If you see the media focusing on a topic that will create a divide in people just ignore it, there are better things to put your energy to. Identify dialectics to anyone that is opened-minded and WANTS to listen, do not preach this to people or you may create your own dialectics.

Inverted Philosophies: Hermeticism, Gnosticism, Occultism, Magick

Just like the cult of inversion manipulates other systems with corruption, for instance most mainstream religion takes you away from spirituality and feeds the ego, the legal system brings corruption not justice, the media gives propaganda and lie not news or truth, the medical system gives poison instead of healing, etc. They invert the original teachings, wisdom and knowledge in a mockery of Everyone/ Source/God. They have infiltrated and

inverted esoteric societies for self-serving interests of exploitation, power, profit and loosh. This excerpt from the book, *1984*, in my opinion gives a great perspective on how they use debased Hermeticism/Magick for their own power; I perceive it as more truth than fiction:

"We are the priests of power,' he said. 'God is power. But at present power is only a word so far as you are concerned. It is time for you to gather some idea of what power means. The first thing you must realize is that power is collective. The individual only has power in so far as he ceases to be an individual. You know the Party slogan: "Freedom is Slavery". Has it ever occurred to you that it is reversible? Slavery is freedom. Alone—free—the human being is always defeated. It must be so, because every human being is doomed to die, which is the greatest of all failures. But if he can make complete, utter submission, if he can escape from his identity, if he can merge himself in the Party so that he is the Party, then he is all-powerful and immortal. The second thing for you to realize is that power is power over human beings. Over the body but, above all, over the mind. Power over matter—external reality, as you would call it—is not important. Already our control over matter is absolute.'

For a moment Winston ignored the dial. He made a violent effort to raise himself into a sitting position, and merely succeeded in wrenching his body painfully.

'But how can you control matter?' he burst out. 'You don't even control the climate or the law of gravity. And there are disease, pain, death——'

O'Brien silenced him by a movement of his hand. 'We control matter because we control the mind. Reality is inside the skull. You will learn by degrees, Winston. There is nothing that we could not do. Invisibility, levitation anything. I could float off this floor like a soap bubble if I wish to. I do not wish to, because the Party does not wish it. You must get rid of those nineteenthcentury ideas about the laws of Nature. We make the laws of Nature.'

'But you do not! You are not even masters of this planet. What about Eurasia and Eastasia? You have not conquered them yet.'

'Unimportant. We shall conquer them when it suits us. And if we did not, what difference would it make? We can shut them out of existence. Oceania is the world.'

'But the world itself is only a speck of dust. And man is tiny helpless! How long has he been in existence? For millions of years the earth was uninhabited.'

'Nonsense. The earth is as old as we are, no older. How could it be older? Nothing exists except through human consciousness.'

'But the rocks are full of the bones of extinct animals—mammoths and mastodons and enormous reptiles which lived here long before man was ever heard of.'

'Have you ever seen those bones, Winston? Of course not. Nineteenthcentury biologists invented them. Before man there was nothing. After man, if he could come to an end, there would be nothing. Outside man there is nothing.'

'But the whole universe is outside us. Look at the stars ! Some of them are a million light-years away. They are out of our reach for ever.'

'What are the stars?' said O'Brien indifferently. 'They are bits of fire a few kilometres away. We could reach them if we wanted to. Or we could blot them out. The earth is the centre of the universe. The sun and the stars go round it.'

Winston made another convulsive movement. This time he did not say anything. O'Brien continued as though answering a spoken objection:

'For certain purposes, of course, that is not true. When we navigate the ocean, or when we predict an eclipse, we often find it convenient to assume that the earth goes round the sun and that the stars are millions upon millions of kilometres away. But what of it? Do you suppose it is beyond us to produce a dual system of astronomy? The stars can be near or distant, according as we need them. Do you suppose our mathematicians are unequal to that? Have you forgotten doublethink?'

Winston shrank back upon the bed. Whatever he said, the swift answer crushed him like a bludgeon. And yet he knew, he knew, that he was in the right. The belief that nothing exists outside your own mind—surely there must be some way of demonstrating that it was false? Had it not been exposed long ago as a fallacy? There was even a name for it, which he had forgotten. A faint smile twitched the corners of O'Brien's mouth as he looked down at him.

'I told you, Winston,' he said, 'that metaphysics is not your strong point. The word you are trying to think of is solipsism. But you are mistaken. This is not solipsism. Collective solipsism, if you like. But that is a different thing: in fact, the opposite thing. All this is a digression,' he added in a different tone. 'The real power, the power we have to fight for night and day, is not power over things, but over men.' He paused, and for a moment assumed again his air of a schoolmaster questioning a promising pupil: 'How does one man assert his power over another, Winston?'

Winston thought. 'By making him suffer,' he said.

'Exactly. By making him suffer. Obedience is not enough. Unless he is suffering, how can you be sure that he is obeying your will and not his own? Power is in inflicting pain and humiliation. Power is in tearing human minds to pieces and putting them together again in new shapes of your own choosing. Do you begin to see, then, what kind of world we are creating? It is the exact opposite of the stupid hedonistic Utopias that the old reformers imagined. A world of fear and treachery is torment, a world of trampling and being trampled upon, a world which will grow not less but more merciless as it refines itself. Progress in our world will be progress towards more pain. The old civilizations claimed that they were founded on love or justice. Ours is founded upon hatred. In our world there will be no emotions except fear, rage, triumph, and self-abasement. Everything else we shall destroy—everything. Already we are breaking down the habits of thought which have survived from before the Revolution. We have cut the links between child and parent, and between man and man, and between man and woman. No one dares trust a wife or a child or a friend any longer. But in the future there will be no wives and no friends. Children will be taken from their mothers at birth, as one takes eggs from a hen. The sex instinct will be eradicated. Procreation will be an annual formality like the renewal of a ration card. We shall abolish the orgasm. Our neurologists are at work upon it now. There will be no loyalty, except loyalty towards the Party. There will be no love, except the love of Big Brother. There will be no laughter, except the laugh of triumph over a defeated enemy. There will be no art, no literature, no science. When we are omnipotent we shall have no more need of science. There will be no distinction between beauty and ugliness. There will be no curiosity, no enjoyment of the process of life. All competing pleasures will be destroyed. But always—do not forget this, Winston—always there will be the intoxication of power, constantly increasing and constantly growing subtler. Always, at every moment, there will be the thrill of victory, the sensation of trampling on an enemy who is helpless. If you want a picture of the future, imagine a boot stamping on a human face-for ever.'

He paused as though he expected Winston to speak. Winston had tried to shrink back into the surface of the bed again. He could not say anything. His heart seemed to be frozen. O'Brien went on:

'And remember that it is for ever. The face will always be there to be stamped upon. The heretic, the enemy of society, will always be there, so that he can be defeated and humiliated over again. Everything that you have undergone since you have been in our hands-all that will continue, and worse. The espionage, the betrayals, the arrests, the tortures, the executions, the disappearances will never cease. It will be a world of terror as much as a world of triumph. The more the Party is powerful, the less it will be tolerant: the weaker the opposition, the tighter the despotism. Goldstein and his heresies will live for ever. Every day, at every moment, they will be defeated, discredited, ridiculed, spat upon and yet they will always survive. This drama that I have played out with you during seven years will be played out over and over again generation after generation, always in subtler forms. Always we shall have the heretic here at our mercy, screaming with pain, broken up, contemptible—and in the end utterly penitent, saved from himself, crawling to our feet of his own accord. That is the world that we are preparing, Winston. A world of victory after victory, triumph after triumph after triumph: an endless pressing, pressing, pressing upon the nerve of power. You are beginning, I can see, to realize what that world will be like. But in the end you will do more than understand it. You will accept it, welcome it, become part of it.'

Winston had recovered himself sufficiently to speak. 'You can't!' he said weakly.

'What do you mean by that remark, Winston?'

'You could not create such a world as you have just described. It is a dream. It is impossible.'

'Why?'

'It is impossible to found a civilization on fear and hatred and cruelty. It would never endure.'

'Why not?'

'It would have no vitality. It would disintegrate. It would commit suicide.'

'Nonsense. You are under the impression that hatred is more exhausting than love. Why should it be? And if it were, what difference would that make? Suppose that we choose to wear ourselves out faster. Suppose that we quicken the tempo of human life till men are senile at thirty. Still what difference would it make? Can you not understand that the death of the individual is not death? The Party is immortal.'

As usual, the voice had battered Winston into helplessness. Moreover he was in dread that if he persisted in his disagreement O'Brien would twist the dial again. And yet he could not keep silent. Feebly, without arguments, with nothing to support him except his inarticulate horror of what O'Brien had said, he returned to the attack.

'I don't know—I don't care. Somehow you will fail. Something will defeat you. Life will defeat you.'

'We control life, Winston, at all its levels. You are imagining that there is something called human nature which will be outraged by what we do and will turn against us. But we create human nature. Men are infinitely malleable. Or perhaps you have returned to your old idea that the proletarians or the slaves will arise and overthrow us. Put it out of your mind. They are helpless, like the animals. Humanity is the Party. The others are outside—irrelevant.'

'I don't care. In the end they will beat you. Sooner or later they will see you for what you are, and then they will tear you to pieces.'

'Do you see any evidence that that is happening? Or any reason why it should?'

'No. I believe it. I know that you will fail. There is something in the universe—I don't know, some spirit, some principle—that you will never overcome.....'

Solution: Think for yourself, study philosophies, religions and esoteric systems for yourself. Most people want to be told what something means by someone else, this just gives them one limited perspective. You must take the time to thoroughly educate yourself on the points and count-points (pros/cons) of a system. Then interpret the teachings through your own spectrum of experience. Do not trust people in power, mainstream interpretations or anything that is said to be truth without investigating in depth for yourself.

History

"Who controls the past controls the future. Who controls the present controls the past."-1984

"History is written by the victors"

If I were going to control a loving and empathetic race I would make sure to completely debase/corrupt their history. They tell us we come from blood/power lusting ancestors that have been killing each other and committing all sorts of atrocities from the beginning of time. They tell us we come from a stupid group of Neanderthals that barely survived, yet looking at the architecture it is obvious we have devolved. I believe our entire history is a lie as well as our cosmology.

Solution

Think for yourself, trust no one, question everything.

You can research these alternative theories and come up with you own conclusions. I personally like the mud flood theory, Tartary/alternate history theory, new earth theory, concave earthy/cellular cosmology theory, reset

theory, and expanding earth theory. Others theories to ponder are the: Tychos model, electronic universe, flat earth, hollow earth, Dyson sphere, Stationary earth, geocentric and other theories of alternative historical/cosmological theories. Remember nothing is true, everything is possible.

Ego, Arrogance, and Ignorance

"If a man is born ignorant, to parents that are ignorant, in a society that is ignorant, lives a life of ignorance and eventually dies in ignorance... ignorance is a norm. Thus indoctrination can be called education, hypnotism can be called entertainment, criminals can be called leaders, and lies can be called truth, because his mind was never truly his own." - Unkown

Many people are ignorant of their arrogance and arrogant of their ignorance. They are ignorant of their own ignorance, yet so arrogant they believe they are not. Most people do not want to hear other points of view and enjoy living in an echo chamber. The world has been engineered to become a Dialectic Idiocracy. It is a simple concept, people are ignorant yet so arrogant that they believe they have all the answers and their way is the best/only way. They don't recognize their truth is based on perspective. This is most noticeable in politics and religion. They get caught in Dialectics, usually ignorant about facts from their 'own side' and the others; a manipulation of egos that are unaware they are being played like pawns. The Masters have engineered dichotomies that are the two sides of the same coin, and people rarely realize there is more than one coin. For instance Theism vs. Atheism , both accept/rely each other for their own existence, both usually being ignorant of the philosophies of Gnostics, Hermetics, Occultism, and Chaos Magick, or just automatically think it is bad from being conditioned to think so without investigation.

In the age of information ignorance is a choice.

Personally I define this arrogant ignorance as stupidity.

"People are stupid; given proper motivation, almost anyone will believe almost anything. Because people are stupid, they will believe a lie because they want to believe it's true, or because they are afraid it might be true. People's heads are full of knowledge, facts, and beliefs, and most of it is false, yet they think it all true. People are stupid; they can only rarely tell the difference between a lie and the truth, and yet they are confident they can, and so are all the easier to fool." -Wizard's First Rule

Solution: Work on your own ego by meditation, contemplation, entheogen use, and willpower. Expand your perception by educating yourself and take the time to look at things from another perspective. Don't engage in arguments or debates with people, only talk to those that are interested. Think for yourself; don't fall into the dialectic traps.

Mass hypnotism/Propaganda

"The conscious and intelligent manipulation of the organized habits and opinions of the masses is an important element in democratic society. Those who manipulate this unseen mechanism of society constitute an invisible government which is the true ruling power of our country. ...We are governed, our minds are molded, our tastes formed, our ideas suggested, largely by men we have never heard of. This is a logical result of the way in which our democratic society is organized. –Edward Bernays, <u>Propaganda</u>

Make no mistake, there are people very aware of the under workings of human psychology and will manipulate it to whatever ends suit their desires. Mass hypnosis is caused through a careful manipulation of ego, pharmaceuticals, food, technology (blue-light) addiction, and propaganda via the media, religion, news, movies, and education. I will not expand much on this as it is an easily studied and documented subject. Quickly though, they use 'buzz words', colors, sounds or combination of each that get people into an emotional state. Once in an emotional state you lose much the ability to analyze and critically think. When they have you in an emotional state they use ego/sub-conscious manipulation so they can make you think you need to own something or fear something. Advertising firms and news companies have hired full-time psychologists; whose job it is to make sure they are manipulating the human psyche most effectively.

"You will continue to suffer if you have an emotional reaction to everything that is said to you. True power is sitting back and observing things with logic. True power is restraint. If words control you that means everyone else can control you. Breathe and allow things to pass."~Unknown

Solution: Learn how to control your emotions and impulses. Recognize when something is trying to use your emotions in order to make you believe in an idea. If you want to buy something ask yourself "Why do I want to buy this?" Study what propaganda looks like and how to critically think. Think for yourself, question everything.

Base Desires/Procreation

Keeping much of the population in lower thought of base desires of lust, indulgence, gluttony, materialism etc, makes for easy control. If people are struggling and stuck in the lower tiers of Maslow's hierarchy, not able to feel safe, loved, 'at home' and, content; then most will not engage in philosophical thought, meditation or contemplation. With no control of base desire and the Masters of Manipulation promotion of it, people are kept in a vicious cycle. You can see how society is engineered to promote these ideals in one form or another. Sex sells, and people have a genetic and social programming to find a mate and reproduce. Many people are conditioned to think the goal of life is to get, married, buy a house and have a kid; an ongoing replication of the previous generation.

Having children and reproducing is not bad per se. The issue arises when young people have kids, and are not mature enough to realize/reflect/comprehend the importance, sanctity, amount of time, money

and energy it takes to bring life into this realm. When people have kids so much of their time and energy are taken up they have little time to ever read, discover new things, meditate, contemplate, express creativity etc. It is already hard enough to work full time, cook/eat healthy, exercise and do your hobbies, with no kids. A majority of parents time is now ensuring the new life they brought into this realm succeeds, as they should. Unfortunately, some parents do not ensure or care about their child's success. This neglect, pain, and suffering creates a vicious cycle. Many children that were abuse victims, in order escape the pain brought from their childhood, usually become attached to a base desire, resulting in addiction. These hurt people hurt other people, have children and the cycle continues. The scale can vary and sometimes that are addicted not to substances but to zealous religious denomination or a belief. They raise their children with the same propaganda attachment, ignorance and arrogance. One example is from the movie Idocracy, where they explain that the least intelligent people have the most kids and the most intelligent people have the least kids.

Like everything else in the realm this has been purposely engineered that way; keep people lusting for wealth and each other. Encourage them to have many children, and while they work the grind to survive and provide for their children, they never have the time to become aware of anything except what they are programmed to accept. There little free time is spent partying, watching sports, shopping etc.

Solution

Wait to have kids, think for yourself, don't fall for programming and propaganda. Tell people willing to listen to wait to have children and the amount of physical, mental and spiritual maturity and preparation that is need to bring life, the proper way, into this realm.

Materialistic Nihilism

This is the belief system that many people have been hypnotized via propaganda into accepting. This is comes in many different packages but the focus is the same: a perspective that puts material items, appearance and money above all things. These are usually, cloths, jewelry, shoes, cars and anything else that gives the illusion of wealth. It is a product of the consumer age we have been becoming more controlled by since at least the 1950's. I call it Nihilism not in the philosophical sense of having no set beliefs, as this book in many ways adheres to that term and ideology. The key word is materialistic, as their total focus is on material things and they have no set of spiritual beliefs whether it is religious or other. They do not even have a knowledge or conviction of science or appreciation for perceived intelligence, which you see in the Atheist vs. Theist dialectic. This materialist nihilism is promoted to kids at an early age and many unfortunately become programmed by it. For instance watch young kids, who look up to and model the behavior of people such as the Paul brothers, Kardashians, Danielle Bregoli, modern "music" celebrities, and the now obsolete Lil Tay. All of these people project an Archetypal form of the Materialistic Nihilism, engineered to turn into a stereotype.

Solution: Don't be persuaded by the masses, think for yourself. Observe and be aware what media is trying to propagate as popular and cool and trying to sell you on. Teach children and young adults that these are not role models and should be what they avoid becoming like. Point out the similarities in destructive behavior to people that WANT to listen.

Turn engineered, destructive Archetypes into Stereotypes.

The masters of manipulation engineer or at least promote the popularity of Archetypal personality complexes, preferably pathological, with selfdestructive and Materialistic Nihilism traits. Once they become a popular enough stereotype they become a sub-culture. There are plenty I can think of some more destructive than others such as: Jersey Shore/Guiddos, Gangster, Valley Girl, Goth, Frat Bros, etc.

The characteristics are: there is little to no individuality, they dress similar if not identical, use the same sayings/vernacular, and listen to the same music; basically they are all replicas of each other, at least with their outward persona. Obviously people do this to feel accepted and part of something, a normal social desire, however many let the Archetype become who and what they are. At minimum individuals get further away from their true self while playing with the stereotypical persona, this hopefully will be a phase they can grow from and look back and laugh at. At worst they become part of a type of group/hive mind such as in gang or other extremist stereotypes and can become dangerous to those they see as others.

Solution: Recognize archetypes that become stereotypes, be hard to persuade and influence. Think for yourself; make your own style and your own Archetypes.



Engineering disease- Processed Food, anti-nutrition and Pharma Cartel

"Let they food be thy medicine and they medicine be thy food"~ Hippocrates

It is apparent that the western diet of processed food/sugar is very unhealthy and creates a number of medical/mental issues. Of course the Masters of Manipulation engineer our food and medicine in this way to maximize profit, 165

humiliation and suffering. There is a cartel system between the big agriculture/GMO such as Monsanto, processed food corporations, the FDA, CDC, Pharmaceuticals, Doctors, medical school education/protocol, etc. The con is simple provide poisonous, addicting food full of additives for low cost and easy convenience (fast-food), keep people ignorant of the damaging effects, over prescribe pharmaceuticals with numerous side-effects while ignoring diets, only treat (never cure) disease, create revolving door of patients dependent on the pharmaceuticals, maximize profit by grossly inflating the cost of everything. This creates a corrupt industry driven by profit off of disease/sickness, debt, suffering and the all the energy associated with it. It keeps people from being able to reach much philosophical thought as it is hard to think, concentrate, and meditate etc when in pain from disease or pharmaceutical side effects. With so much money and power there is little incentive to actually cure anything, it is much more profitable to just treat everything.

People are slowly becoming more aware of how diet has great effect over their thinking, energy levels, health and many other issues. Western doctors, much of the time, ignore what people are eating and are eager to just prescribe pharmaceuticals with loads of detrimental side effects, in order to profit from kickbacks. Don't get me wrong western medicine can be great for helping with trauma/surgery, as in if you fall out of a tree they do can do a good job of putting your body back together. Preventative and allopathic medicine however, are not good in many ways, and seem to actually promote more diseases/medical issues then they help with. We also see via a Johns Hopkins study that claims more than 250,000 people in the U.S. die every year from medical errors. Other reports claim the numbers to be as high as 440,000. These deaths are third only to heart-disease and cancer... Has the first statement of the Hippocratic Oath being "Do no Harm" become the Hypocrite Oath? *There has been a recent dialectic between alternative methods that were used in the past and their safety today such as using Chlorine Dioxide Solution protocol (MMS), Pure Gum Spirits of Turpentine, colloidal silver, ect. Remember that: "The dose makes the poison" "All things are poison, and nothing is without poison, the dosage alone makes it so a thing is not a poison."



Corporations: Centralized Food Control

Solution: Educate yourself on what healthy eating actually is, your sandwich with deli meat is not healthy. Cut out all processed food /sugar/flour, the Paleo diet is popular now and has plenty of recipes available. You can also try a raw, plant based diet to see if this makes you feel better. Observe how you feel after starting the diet. Be patient, it takes a long time to rectify the damage inflicted on your body from years of unhealthy diet. Exercise, meditate and do other healthy activities for mind, body, spirit. Get a second and third opinion from other doctors when your health is involved, see a nutritionist or study about it. There are many doctors now becoming dual certified in both holistic care and traditional medicine, seek them out. Study alternative medical

theories such as German New Medicine, Homeopathy, Naturopathy, Holistic, Alkaline vs. Acidic etc. Think for yourself, listen to your body.

"I believe depression is legitimate. But I also believe that if you don't; exercise, eat nutritious food, get sunlight, get enough sleep, consumes positive material, surround yourself with support, then you aren't giving yourself a fighting chance."~J Carrey

"The art of healing comes from nature, not from the physician. Therefore the physician must start from nature, with an open mind."

Additional

research: <u>https://cluesforum.info/viewtopic.php?f=27&t=2108</u> <u>https://cluesforum.info/viewtopic.php?f=29&t=2027</u>

Fiat Money Magick-The Great Con, exchange your time and energy for paper

Our money system is the most tangible and observable system of control. How it works:

Money doesn't grow on trees, that would take too long, it is created out of thin air with nothing but imagination and belief.

"The global monetary system is what's called a Fiat system in which money is a storage medium for purchasing power and a substitute for barter. Most of the world's money is called fiat money, meaning it is accepted as money because a government says that it's legal tender, and the public has enough confidence and faith in the money's ability to serve as a storage medium for purchasing power.

A fiat system is based on a government's mandate that the paper currency it prints is legal tender for making financial transactions. Legal tender means

that the money is backed by the full faith and credit of the government that issues it. In other words, the government promises to be good for it." dummies.com

So it is literally only valuable because you have faith in it. It is worth less than the paper it is printed on, but we collectively uphold this and are forced to use it. You will be homeless, in jail or killed if you do not abide by this system, at least in the western countries.

"Central banks create money by issuing interest-free currency notes and selling them to the public (government) in exchange for interest-bearing assets such as government bonds. In contrast to a <u>commercial bank</u>, a central bank possesses a monopoly on increasing the <u>monetary base</u> in the state, and also generally controls the <u>printing/coining of the national currency</u>, which serves as the state's <u>legal tender</u>. A central bank also acts as a <u>lender of last resort</u> to the <u>banking sector</u> during times of <u>financial crisis</u>." Wiki

When banks run out of money they call the fed which gives them more imaginary money, which they lend out with interest. So they are lending money they never had, with interest to force you and your family to be debt slaves.

"Money is "created" in a debt-based monetary system. Money only comes into being when credit is established. You walk into a bank, borrow \$250,000 for a new Ferrari, a mark is made on the bank's ledger, and VOILA! \$250,000 exists where it didn't exist before, simply by virtue of the fact you signed your name on a piece of paper promising to pay back that sum of money. And now, by the magic of "fractional reserve banking", the fraudsters can now loan out 10 times that amount to other unsuspecting victims. A thing of real beauty, isn't it?" Money is quite literally an exchange for our mental, physical, spiritual energy and time. Why do we collectively allow them to decide what our worth is? What is your time is worth? What is your value?

There are literally multiple books, articles, websites and videos on this subject and this must be studied if you want to free yourselves, your families, children, and future generations from this demonic system. Since there is so much information on this I do not want to use more of this writing to elaborate on this fraud. You can read: *The Creature of Jekyll Island* and check out some websites: <u>http://tapnewswire.com/2015/10/babylonian-money-magic-how-</u> modern-commercial-law-is-based-on-ancient-babylonian-codes/

https://www.reddit.com/r/C_S_T/comments/7k4ubq/how_babylonian_money_ magic_is_used_to_destroy_our/

Solution: Think for yourself, realize the fraud and deception, and spread the information into the collective. Things will only change when a majority of people wake up. People that are rich in this system will have no desire to change it and if anything fight very hard to keep it. It must first start with you though. Health, nutrition, war, crime etc. are all products of this fiat system, if we could get rid of fiat money we would have things like: "Instead of convenient stores being packed with addictive sugary products and cigarettes/alcohol that generate dollars, they would more focus on healthy but delicious things to help with people's health and pleasure. B. There wouldn't be any money in crime. People would all do stuff that benefits society because there is no longer money to be made by hurting society such as with drug dealers, human traffickers, or gangsters. C. The hospitals would no longer withhold all the fancy, organic medicines and treatments. They only do that now because they make more money with the 1940s equipment they are using that also happens to torture the patients. The good, organic stuff is more effective and painless so the entire medical community would upgrade. D.

People would no longer hate their jobs since everyone would be able to work any job they want at anytime." ~Reddit

Pain and Pleasure

We are conditioned by pain and pleasure, a world of Pavlov's dogs. We get conditioned and sometimes addicted to the dopamine releases that come from our technology, sex, food, drugs and consumerism. One theory is that we do basically everything because our desire for sex. You can observe no matter the gender, sex, or preference; many people spend ridiculous amounts of energy trying to make themselves more appealing to others. This typically, not always, takes the form of materialistic nihilism and playing the Stereotypes that are popular and cool for that time.

Of course no one (mostly) wants to be subjected to violence, kidnapping etc. but this is what happens if you become a threat to the establishment. If you get a large group, with a purpose and motivation that begins to mobilize prepare to be squashed and infiltrated. This is observed through uprisings, no matter the country or issues, such as the Yellow Vests in France, Occupying Wall Street, or the students in Hong Kong, the riot police will make sure to the movement does not make it far and make sure by threat and action of violence you do not pursue it for long.

Solution: Have strong will and control over your thoughts, emotions, impulses, and actions. Think for yourself, know how to defend yourself. Don't join movements that create further dividing dialectics.

Virtue and good intentions

"The road to hell is paved with good intentions."

If you want people to commit atrocities against their fellow humans make them believe they are virtuous and the intentions are for the betterment of their society. This is what almost every soldier, no matter the army or war, thinks. They believe they are on the side fighting for freedom, virtue, truth and good intentions. (I understand some join because of poverty and seeing it as the best job.)All extremist ideologies have this belief whether they are religiously, politically or nationally motivated. Give people some money, medals, and perceived honor and glory and they will do just about anything you ask. All wars will continue until soldiers realize they are fighting for central bank/ military industrial corporation's profit, and resource control, no matter what the propaganda tells them and the citizens.

Another example of this is the, War on Drugs. They have good intention of illegalizing drugs that are perceived as dangerous to people's health and society. However their good intention, at least how they sell it to the public via propaganda, is really just a front for despotism, control of others bodies and consciousness, private prison profit, militarized police and less freedom/liberty. People that are addicts are a majority of time victims of childhood trauma or some other form of PTSD/imbalance. They need help, not to be locked in a cage with violent criminals. Prohibition also causes black market demand creating more overdoses, tainted/laced supplies, leading to gangs, cartels and violence. The Masters of Manipulation, very aware of this cause and effect, purposely engineer this illegality so they can control both the cartels and the regulatory alphabet agencies that import and distribute drugs. All wars whether against other countries or on drugs creates an enormous amount of monetary profit, power and loosh from the stress, violence and suffering.

Solution: Don't fall for the propaganda, think for yourself. Do not join large groups that have legalized violence toward others. No matter the terminology or how they dress it up with badges, medals, uniforms, honor, glory and patriotism; using violence against people that are not committing real crimes

(victimless crimes) or with people that are in their own homeland is wrong. No matter whether they change the terminology by instead of saying the civilians are bombed, killed or shot they are a casualty of war or collateral damage, other language manipulation is home invasion as raids, kidnapping as arrest, extortion through violence as tickets and legal system etc.

Language manipulation – "The basic tool for the manipulation of reality is the manipulation of words. If you can control the meaning of words, you can control the people who must use the words." Philip K. Dick Manipulation through words, to cast a spell is to spell a word. You can call it word play, syntax, mental/phonetic magick, language manipulation, cultural imperialism etc. Words/letters are symbols and sigils, becoming archetypes that they convey ideas though. If you can control the idea of what a word means you can control people's minds. For example, what is the first image you think of when you hear the word: American. What visuals do you get? Is it a person, what do they look like? Geography? Flag? Now what do you think when you hear the word Swastika? Probably Nazis or something related to them? Why not Jainism? Or the other cultures/religions that used swastikas? Because we have been conditioned to think this way and perceive the Swastika for its inverted meaning. We can see a recent version of with the word ISIS, for a long period of time representing an Egyptian goddess that was caring and loved all. Now the Masters of Manipulation have inverted this meaning to be an extremist, misogynistic ideology/group. This is magick and has profound effects on the collective conscious and sub-conscious.

We can also see how homophones and word play can be used, for instance:

Thought vs Thot. Begone Thought! The seductive temptress that distracts and persuades, and if we don't have control of ourselves can allow both thoughts/thots to bring demise.

TEL-E-VISION pronounced TELL-A-VISION which has programs, in order to program the viewer.

MON-EY - MON-EYE (One Eye)

Currency -Current Sea flowing into the riverbanks.

"To find the covert or hidden meanings of the word battery, you need to understand how the words charge and battery are used in court and business. Once you learn how to do this and connect the words charge and battery to law, commerce, and business, you will know the deeper meanings of the word battery.

In legal term, when someone gets beaten up, that person is often referred to as a "victim of battery." If the victim presses charges, the person who has committed the battery will be summoned to go to court to face the charges...

The word battery is an important word in commerce and law, because it has to do with the process of harnessing the energy of humanity. In other words, this is one of the many methods that they used to drain your energy.

This energy is then used by the Controllers

to charge their corporations ("corpses" or "dead entities"), banks, and other commerce systems, so that they can keep their game of conning humanity going. Without our energy to charge their corporations and commerce systems, their con game will not have enough power to stay on. As human beings, we are being used as "batteries."

This is why before we go to court; we have to be charged first. At the court hearing, the judge will read the charges and then charge them off after a verdict or judgment is made. If there is a fine or fee included in the judgment, the defendant will be ordered to pay the fine with currency. The covert

meaning of the word currency has to do with the "flow of energy." This is why the stored energy in a battery is called "electric current" or the "currency of electricity."~ <u>The Esoteric Definition of Battery</u>.

Many of these connections can be made between other languages especially Latin. As well as common phonetic phrases such EL-ELert, MissiEL, Eleven, Elite, Elders, Eluminati etc. UR- SatURn, Urn, bURn, learn. etc.

It is important to note that many people have different feelings toward different words as well and the same word will activate different parts of each individual's Neural Network. For instance the word shoe will bring different feeling from a person with no interest shoes compared to a shoe collector compared a shoe maker etc.

Solution: Use your words wisely they are very powerful. Observe and be aware when people are trying to manipulate words to mean something different then they originally meant. Think for yourself, don't let words control you.

Human Nature

What is Human Nature?

"As above, so below"

I perceive human nature as: empathetic and playfulness. They want to tell humans they are violent and pathological, however I believe these are most commonly learned traits. Nurture is stronger than nature. I believe empathy and playfulness can be our greatest strengths if we allowed them to. However our egos interfere as do the hardships of life and our two greatest strengths that can also become some of our greatest weaknesses. If you observe the young of any mammal they play. Human nature and all mammalian nature are to play. Animals typically teach their young through play, watch felines, dogs, or dolphins for instance. Humans learn many lessons through playing sports, with friends, board games, video games etc. Children and adults lose themselves in this play and become immersed by it. One interpretation of reality is this is all a game; at a spiritual level, on a large scale with larger consequences.

The way this is manipulated is it seems we are almost obsessed with our games and playing. We become entertained by simply watching other people playing games, becoming fanatics or fans. We see the amount of energy taken from massive amounts of people that are fans of the teams no matter the sport. Stadiums with up to over a 100,000 people gathered there for 3+ hours screaming, becoming emotional and directing all their energy to this game they are not even playing. Just think if you took all those people and that energy and used it toward something productive like urban gardening, cleaning trash, educating themselves, helping each other etc....The utopias that could be. As a PE teacher and former athlete I understand the suspense, joy, life lessons, exercise and numerous benefits of participating in sports/games. I even have a healthy appreciation of watching and going to live sporting events. I even recommend people to do some type of physical activity/sport they enjoy, it helps in many ways, I do BJJ and Muay Thai for instance. Just be aware of the absurdity and how much energy is put into watching these professional events. Observe the destructive stereotypes that can be created by fans and the hive/group mind and other thought-forms that can operate at large sporting events.

"Give them bread and circuses and they will never revolt."~Juvenal

Gambling is a form of playing that usually target obsessive-compulsive personality complexes. There are many forms but involve some type of game, whether you are playing or betting on others. This is easily observed of how it is a controlling mechanism by both the addictions and hardships it causes but also the propagation of fiat money and the laundering of it. You can read plenty about these topics online.

Video games are also now used as a controlling device of many people. Some games are created for the sole purpose of becoming addicting, usually involving micro-transactions and using methods of hypnosis found in Casinos of certain colors and sound patterns. Many people can become and are addicted to video games for many reasons: escape, bored, depression, avoidance of real issues etc. Don't get me wrong, I enjoy video games myself, but there needs to be healthy balance of energy and time spent playing them. You can define what this is.

Again, games in all forms are fun and are a product of our spiritual nature of playfulness. Play them, enjoy them, learn from them, grow from them, and experience everything they have to offer. Just be aware of your energy and those you care about and how much they spend toward games and if these become unhealthy or addictions.

Observe a baby, make a face, do a hand gesture, they will more often than not, try to imitate. You can call this developmental instinct or empathetic nature it makes no difference to me. It demonstrates that from the start of life humans are empathetic. This empathy can grow or shrink depending on experience but it was there for at least a short time. This empathy makes us think others are thinking like us, or at least similar to us. We believe others feel like us and have emotions like us and are empathetic like us. This is great, and we should have this perception toward all living things, however balanced with strong mind and will.

Our empathy is manipulated because we can become naive into thinking all others are good like we are, and let our guard down. Unfortunately some people have little to no empathy and have no good intentions; maybe they had bad experiences or maybe they are not even really human, just a soul-less robot in a human body. They use our empathy against us, because most people cannot conceive the type of evil and wickedness they are up to. We want to think people in power like politicians, successful businessmen, celebrities, etc can be trusted, because trust is a empathetic trait. Sadly, we cannot trust them or the personas they play.

You must find a balance as to not become cold, distrusting and paranoid toward everyone but not too naive, trusting, unaware of your surroundings. It is imperative that you are mindful of having awareness of people, your intuition/gut-feeling, situations, environments, the vibes you get, and other information around you. You must have the willpower to be in tune with multiple parts of yourself and have keen observation skills. If you have any doubt at all about a person this means you should not trust them. You do not have to be rude or mean to them, just be aware when around them. It is up to you find your balance between empathy and defense.

Organizations

Organizations worth taking a gander, some of these groups overlap, and there are orders within organizations, and orders within orders, some have various orders/schools connected to them. People can be in more than one order as well.

Practically all religions, philosophies, or esoteric systems can be inverted and corrupted. Most of these groups have both,

schools/cells/congregations/denominations/lodges ect. that that work for the freedom and embetterment of humanity; while others schools of the same name and system (inverted though) work for their own personal material power, enslavement and loosh.

Freemasonry (Blue, Scottish, York Rite, Swedish, Grand Orient, Prince Hall, etc), Royal Arch, Shriners, Primitive Rit-- Elus Cohen-- Grand Sovereign inspector generals, Orange Order, Supreme Council, Royal Order of Jesters, Ancient Rites/Order, UR Lodge, Cerneau, Club 33, Odd Fellows, Knights Hospitaller, Livonian Brothers of the Sword--Order of St Lazurus-Order of Calatrava-- Sacred Military Constantinian Order of Saint George-- Seven Society, The Benevolent and Protective Order of Elks, Loyal Order of Moose, Knights of Pythagoras, Ancient Order of United Workmen—Cistercians--Rosicrucians, Rose Croix, AMORC, Rosa-Cruz, Memphis- Misraim, Knights Templar, Knights of Columbus—Dominican Order-- Order of Santiago--Knights of Maccabees, Knights of Malta, Opus Die, Jesuits--Teutonic Knights-- Mafia, Elders of Zion, The Elders--Hermetic Order of the Golden Dawn--Martinism-- Stella Matutina--The Alpha et Omega-OTO-- A:.A:, OTOA, Thelema, Order of nine angles--The Eighth Circle--Universal Order of the Morning Star-- Hermetic Brotherhood of Light, Order of the Asiatic Brethren, Hermetic brotherhood of Luxor, Alumbrados, Chronozon Club, Cult of the Black Snake, La Couleuvre Noire, société des sorciers, fraternitas saturni, Temple of Set, order of the trapezoid, Church of Satan, Discordianism, Wicca, Hamatsa, Falun Gong, Family International, Friends of Man, Fung Loy Kok, Heathenry, Typhonian Order, The Caliphate, Qabalistic Alchemist Church, Fraternitas Rosicruciana Antigua, Ecclesia Gnostica Catholica, Ecclesia Gnostica Spiritualis, Order of the Solar Temple, Illuminates of Thanateros, Thee Temple Psychick Youth, Builders of Adytum, The Round Table, The East India company, Druids, Bards, IRA, Fabians, Duk-Duk, Le Cercle, Carbonari, Sovereign Military order of Malta, Knights of Malta, Order of Joachites, Qumran, Ordo Militiæ Templi Cruci, Order of Merit of France, Vril, Essenes, Thule, order of the black sun, Black Nobility, MKoften, Pan society, Order of St John, Priory of Sion, Leopard Society, Psi Chi, P2 (Propaganda Due) Lodge, La Société Voudon Gnostique, Gnostic Vodoun/Vodoo, Hoodoo, Les Vudu, Red sects, Order of the Holy Sepulchre, Sylvestrine Order, Order of St. Gregory the Great, Pian Order, Order of the Golden Spur, Supreme Order of Christ, Octogon (swiss pharos), Atonists,

Priests of Amon- Ra, Phoenicians, Cult of Baal, Order of the Garter, Royal Victorian Order, the Hashashin, Assasins, Sicarii, Brethren of Purity, The Fenian Brotherhood, Unitarians, World Council of Churches, The Palladium, Bavarian Illuminati, Ancient Illuminated Seers of the Eschaton, the 9, the 7, Bohemian Grove, Bildeberg, Tri-lateral, Shabtai, Order B'rith Abraham, Majestic 12, Skull & Bones, Ancient Order of Hibernians, Royal Institute of International Affairs, Tavistock Institute, Royal Arcanum, Scroll and Key, Club of Rome, Achad Society, Tavistock, Council on Foreign Relations, Order of Patrons of Husbandry, servants of the light, Jung Society, Vienna Psychoanalytic Society, Veiled Prophet Organization, Tyrodal Knights, The Brotherhood, Brotherhood of the Serpant—Landig Group-- Black Lodge, White Lodge, The Order, Knights of Pythias, CERN, Hidden Hand, The black hand, Knights of the golden circle, ANAK society, Hellfire Club, Solar Lodge, Hui, Aum Shinrikyo, White Lotus--Order of the Dragon-- Red Dragon Society, Dragon Society, Green Dragon order, black dragon fighting society, Flat Hat club, Z society, Sarmoung Brotherhood, Odessa, Cicada 3301, the process church, 93 society, Society of 23, 1001 club, Cult of Hades, Ninth Circle, Cult of Lam, Committee of 300, The Great White Brotherhood, The Invisible college, the brotherhood of eternal love, Order of Melchizedek, Theosophical Society, Philosophical Research Society--Magician-Nazarene-- Anonymous, Secret Ascended Chiefs of the Golden Dawn, Ordo Aurum Solis, The Church of the SubGenius, The Friends of Hecate, The Cult of Cthulhu, Charter House School--Eton College, The Invisibles, Company of Jesus, High Grey Council of Ten-Brotherhood of the New life-Rawshaniyya-Roshaniya-- Mendicant Orders -- The Esoteric Order of Dagon—Society for Psychical Research, the many and various criminal cartels, gangs all the intelligence/Alphabet agencies. And more...

Here are some powerful families/dynasties to research if interested: House of Bernadotte, Sweden, House of Bourbon, France, House of Braganza, Portugal House of Grimaldi, Monaco, House of Guelph, Britain, House of Habsburg, Austria, House of Hanover, Germany), House of Hohenzollern, Germany, House of Karadjordjevic, Yugoslavia (former) House of Liechtenstein, Liechtenstein House of Nassau, Luxembourg House of Oldenburg, Denmark House of Orange, Netherlands House of Savoy, Italy House of Wettin, Belgium House of Wittelsbach, Germany House of Württemberg, Germany House of Zogu, Albania, House of Saxe-Coburg and Gotha, House of Chigi, House of Welf, Tudor, Stuart, Lancaster, Pallavicini, all the families you will find on the Windsor family tree

Rothschild , House of

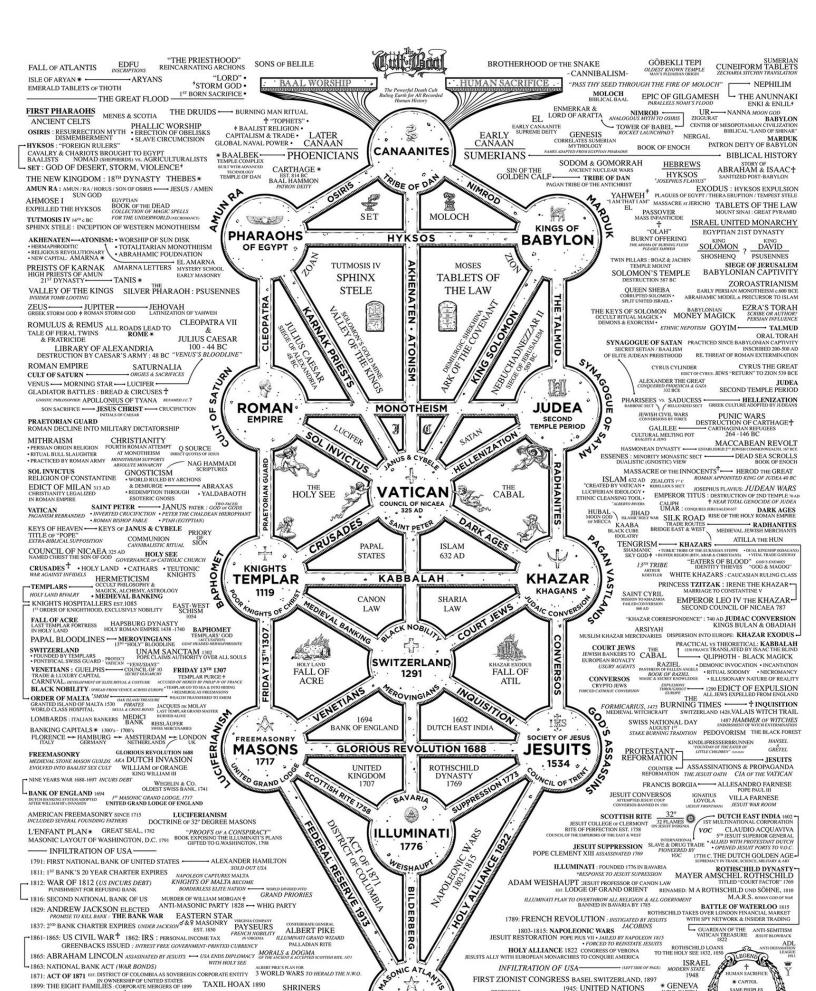
Piccolomini, <u>Colonna</u>, <u>Massimo</u>, <u>Orsini</u>, <u>Ruspoli</u>, <u>Pallavicini</u>, Theodoli, <u>Sacchetti</u>, <u>Borghese</u>, <u>Odescalchi</u>, and Boncompagni-Ludovisi. Major extinct papal families include the <u>Savelli</u>, <u>Caetani</u>, the <u>Aldobrandini</u> and Conti. Ghibellines, Grosvenors

House of Borja, Breakspeare, Somaglia, House of Orsini, House of Conti, House of Chigi, House of Colonna, House of Farnese, House of Medici, House of Gaetani, House of Pamphili, House of Este House of Aldobrandini

Merovingian, Charlemagne, Carolingian, Capetian, Valois, Bourbon, Salian, Ottonian, Hohenstaufen, Rurik, Hohenzollern, Romanov, Bonaparte, Plantagenet, Osman, Komnenos, Grimaldi, Macedonian

Rockefellers , Carnegie, J. P. Morgan, Vanderbilt, Ford, Koch, Walton, Bush, Clinton, Kennedy, Mellon, Coppola, Slim

Saud, Al Sabah, Al Thani, Hashemites, Al Maktoum, Khalifa, Rashidi, Al Nahyan, Fatimid, Al Said, Al ash-Sheikh, Ayyubid, Tahirid,



Could it be...?:

"9/11 - as the "Hollywood production" that it was.

- NASA - as the lamest "technological supremacy" hoax of our times.

- The phony "atom" bomb - as the biggest "military" hoax of our times.

- The phony "Cold war" - as the silliest "peacetime geopolitical scary thriller" of our times (let alone WW1 and WW2!)

- Fake terror attacks staged all around the world - as the crassest "fearmongering" / ongoing soap opera of our times.

- Fake school shootings staged mostly in the USA and in the UK - as the most revolting use of supposed child murders for "emotional impact".

- The dubious "holocaust" - as opposed to true genocides such as the holomodor, and the mass murders of the armenian and native american people.

- The Big Pharma scams which regularly invent new / phony epidemics (Aids/Ebola.etc) in order to garner public support for their own profit.

- The banking / monetary / mass deceptions entertained to keep this world's population "enslaved in debt."

- And last but not least, the many scientific deceptions (in

physics/cosmology/biology, etc) designed to dumb down humanity as a whole."~ <u>SacredCowSlayer</u>

You decide if that is plausible....

Closing thoughts:

I would not be too worried about the cult of inversion and its groups as it mostly out of our control. Our focus should be our own personal journey to gnosis and love through our own experience and perspective, in spite of internal and external forces seemingly making it more difficult. After all it is the manipulation of our ego that has gotten us to this point. We should definitely be aware of this information and help spread awareness to those interested. Just knowing about it helps shift the conscious dream into a better one.

Notice how all of the solutions involve thinking for yourself, not thinking for your ego, assumptions, beliefs, and attachments. Until you come in communion with your true-self and can observe your own ego this will be hard.

"The Empire is the institution, the codification, of derangement; it is insane and imposes its insanity on us by violence, since its nature is a violent one. Entry #42. To fight the Empire is to be infected by its derangement. This is a paradox; whoever defeats a segment of the Empire becomes the Empire; it proliferates like a virus, imposing its form on its enemies. Thereby it becomes its enemies. Entry #43. Against the Empire is posed the living information, the plasmate or physician, which we know as the Holy Spirit or Christ discorporate. These are the two principles, the dark (the Empire) and the light (the plasmate). In the end, Mind will give victory to the latter. Each of us will die or survive according to which he aligns himself and his efforts. Each of us contains a component of each. Eventually one or the other component will triumph in each human. Zoroaster knew this, because the Wise Mind informed him. He was the first savior. Four have lived in all. A fifth is about to be born, who will differ from the others: he will rule and he will judge us"-VALIS

We are no one, we are everyone, and we are invisible.

Chapter 10- My Three Wise-Men

Chapter 10- My Three Wise-Men

Like mentioned earlier, the three philosophies that have had the most influence on me are Gnosticism, Chaos Magick and Hermeticism. I will give an explanation of how I interpret each.

Gnosticism-

We have already gone over striving for Gnosis and practices. Gnostics are people that have achieved Gnosis and try to share it with others. Like all philosophies there are many denominations and variations. Gnosticism is no different there are ascetic schools, moderate schools, and libertine schools. Some are contradictory to each other. There is no one correct way and if anyone says they have it, avoid them. Some more popular Gnostic sects are Mandaeism, Manichaeism, OTO, Thelema, Cathars, Valentinianism, <u>Ophites</u>, <u>Ecclesia Gnostica Catholica</u>, among others.

I am not concerned as much with the history and semantics of Gnosticism as I am the philosophy and teachings from them.

Some ways I interpret Gnostic views on reality:

~The creator of this world, the Demiurge/Yaldabaoth, is demented and an abhorration of the independent Godhead.

~ The world is not as it appears, in order to hide the evil in it, a delusive veil obscuring it and the deranged deity.

~The material universe is the manifestation of the Demiurges will, through the use of divine substance that ruptured from the Godhead when the Demiurge was ultimately aborted from the pleroma.

~ There is another, better realm of the Godhead/Source, the PLEROMA, and all our efforts are to be directed toward

A. returning there B. bringing it here.

~ Our actual lives stretch thousands of years back, and we can be made to remember our origin in the stars/realms.

~Each of us has a divine counterpart unfallen, True-Self, who can reach a hand to us to awaken us. This other personality is the authentic waking self, the one we have now is asleep and minor. We are in fact asleep, and in the hands of a dangerous magician disguised as a good god, the deranged creator deity. The bleakness, the evil and pain in this world, the fact that it is a deterministic prison controlled by a demented creator causes us willingly to split with the reality principle early in life, and so to speak willingly fall asleep in delusion.

~The True-Self is both eternally unified with the Godhead yet holds the individuality of the Self via love and will.

~ You can pass from the delusional/material prison world into the Peaceful kingdom, Pleroma, if you merge with your Higher-Self/Godhead/Christ through love, gnosis, meditation, mindfulness, internal alchemy, mentalism, actions and experience, allowing you to see the true reality of the Pleroma.

~The EGO must be tamed to a point of complete control in order for you to mentally/spiritually transmute and merge into the True-Self

~Christ/Kristos/Krishna/Buddha/Cosmic CONSCIOSNESS is the ability to merge with the Cosmic Mind of Unconditional love

~ Christ gave, rather than received, revelation; he taught his followers how to enter the kingdom while still alive, where other mystery religions only bring

about anamnesis: knowledge of it as the "other time" in "the other realm," not here. He causes it to come here, and is the living agency of the Logos.

~ Probably the real, secret Christian/Gnostic church still exists, long underground, with the living Corpus Christi as its head or ruler, the members absorbed into it. Through participation in it they probably have vast, seemingly magical powers.

~The division into "two times" (good and evil) and "two realms" (good and evil) will abruptly end with victory for the good time here, as the presently invisible kingdom separates and becomes visible. We cannot know the date.

~During this time period we are on the sifting bridge being judged according to which power we give allegiance to, the deranged creator demiurge of this world or the Godhead and Pleroma, whom we know through Christ Consciousness. You reap what you sow.

*Paraphrased from PKD Exegesis and other sources.

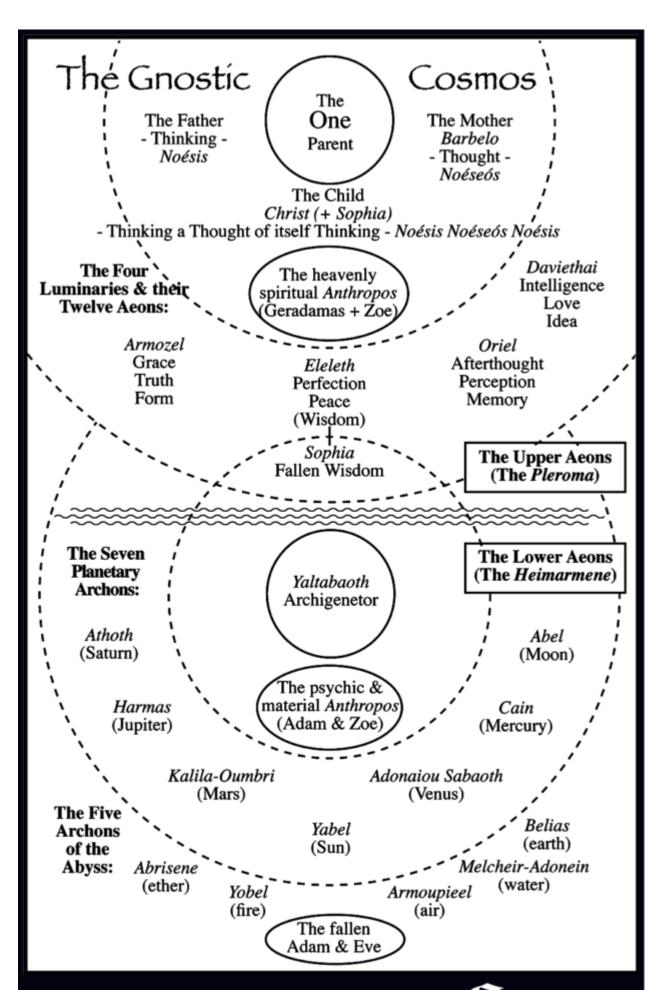
This can be interpreted as the Demiurge being an authoritarian prude, which is why you see libertine sects using sex magick and other things, as sort of rebellion and way to 'put it to' the Demiurge. Libertine views can become perverted and dangerous when they believe there are no moral/ethical restraints to their actions, "He who makes a beast of himself, gets rid of the pain of being a man," as they say only the Demiurge works in judgment. Also "Do what thou wilt shall be the whole of the Law" like any teaching, can help people grow and release paradigm constraints but it can also allow people try to justify exploitation of others; if they focus on just this saying in can devolve into all sorts of perverted and exploitive teachings/organizations.

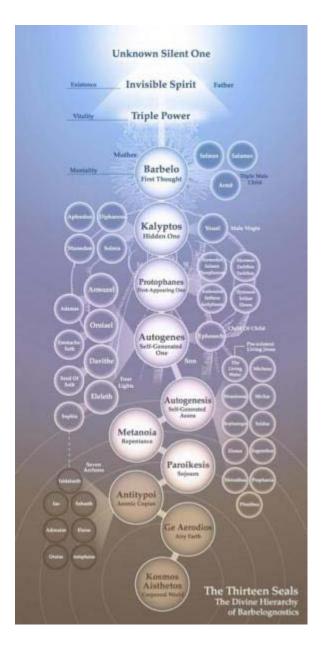
The ascetic version means the "practice of severe self-discipline and abstention from all forms of indulgence." Gnostic ascetics typically see the body as a prison and basically all matter as evil or at least not good. As such, they must avoid any pleasures of body including avoiding all drugs (caffeine included.), sex (besides procreation), adhere to stringent diets (sometimes fast), and other strict followings. An ascetic practice example would be monks in that live in a monetary. They have dedicated every moment of their entire lives this interpretation of the teachings and practice.

Most people that practice Gnosticism today are independent from any school and study by themselves, as it should be, and what being Gnosticism means to me. You think for yourself, make your own interpretations from your own experiences, and find your own way and salvation. As Miguel Connor of Gnostic Aeon Byte radio says, "Write your own Gospel, live your own myth."

In my opinion all secret societies, conspiracies, wars and religions/denominations are based on this Gnostic theory. They all fall somewhere on the scale between libertine or ascetic with extremes at both ends. Every occult/esoteric/exoteric organization at the highest levels are either working for the liberation of humanity from the Demiurge, or they are working with the Demiurge and Archons to further enslave people for their own personal benefit. When working for the Archons they ensure to maximize the loosh from as many people as possible. The Matrix movie and The Invisibles comic series portray this very well.

Gnostic Cosmology Interpretation:





Chaos Magick-

It is simply "Success magic" or "results-based magic"... a union of traditional occult techniques and applied <u>postmodernism</u>– particularly a postmodernist skepticism concerning the existence or <u>knowability</u> of objective truth. Chaos magicians subsequently treat belief as a tool, often creating their own idiosyncratic magical systems and frequently borrowing from other <u>magical traditions</u>, <u>religious movements</u>, <u>popular culture</u> and various strands of <u>philosophy</u>."~Wiki

To me Chaos Magick is a synthesis of many teachings and beliefs, most importantly a personal synthesis that allows every individual to define it themselves. Again, like everything this can be inverted and organizations and teachings can arise with the same name that becomes exploitative and dangerous. You can read plenty about it on the internet and determine what it means to you. Another explanation is from the book Liber Null & Physconaut:

May it not be that Consciousness, Magic, and Chaos are the same thing? Consciousness is able to make things happen spontaneously without prior cause. This usually happens within the brain, where that part of consciousness we designate "Will" tickles the nerves to make certain thoughts and actions occur. Occasionally consciousness is able to make things happen spontaneously outside the body when it performs magic. Any act of will is magic. Conversely any act of conscious perception is also magic; an occurrence in nervous matter is spontaneously perceived in consciousness. Sometimes that perception can occur directly without the use of the senses, as in clairvoyance.

Magic is not just confined to consciousness. All events, including the origin of the universe, happen basically by magic. That is to say, they arise spontaneously without a final prior cause. Matter gives the appearance of being governed by physical laws, but these are only statistical approximations. It is not possible to give a final explanation of how anything happens in terms of cause and effect. At some level the event must have "just happened."

This might seem to give rise to a completely random and disordered universe. Not so. Throw a single die and you might get anything; throw six million and you will get almost exactly a million sixes. There is no reason for the laws of the universe represented here by the structure of the dice; they, too, are phenomena that have just arisen spontaneously and may one day cease to apply if spontaneity produces something different. Now it is very difficult to imagine events arising spontaneously without prior cause even though this happens every time one exerts one's will. For this reason it has seemed preferable to call this root of phenomena Chaos. It is impossible for us to understand Chaos, because the understanding part of ourselves is built out of matter which mainly obeys the statistical form of causality. Indeed, all our rational thinking is structured on the hypothesis that one thing causes another. It follows then that our thinking will never be able to appreciate the nature of consciousness or the universe as a whole because these are spontaneous, magical, and chaotic by nature. Now it would be unjustified to infer from this that the universe is conscious and can think in our sense of the word. The universe IS the thoughts of Chaos if you like. We may be able to understand the thoughts, but not the Chaos from which they arise. Similarly we may be accustomed to being conscious and exerting our will, but we shall never be able to form ideas of what these are.

Each of the major human philosophies attempts to answer a particular question about existence. Science asks "how" and discovers chains of causality. Religion asks "why" and invents theological answers. Art asks "which" and comes up with the principles of aesthetics. The question that magic seeks to answer is "what," and it is thus an examination of the nature of being. If we proceed straight to the heart of the matter and ask of magic what is the nature of consciousness and the universe and everything, we get this answer: they are spontaneous, magical, and chaotic phenomena.

The force which initiates and moves the universe, and the force which lies at the center of consciousness, is whimsical and arbitrary, creating and destroying for no purpose beyond amusing Itself. There is nothing spiritual or moralistic about Chaos and Kia. We live in a universe where nothing is true, although some information may be useful for relative purposes. It is for us to decide what we wish to consider meaningful or good or amusing. The universe amuses itself constantly and invites us to do the same. I personally applaud the universe for being the stupendous practical joke that it is. If there were a purpose to life, the universe, and everything, it would be far less amusing. We could only go sheepishly along with it or fight an heroic but futile battle against it. As it is, we are free to grasp whatever freedoms are available and do whatever we fancy with them. It may be that theology and even metaphysics are just bad lyric poetry, but here goes anyway:....The Secret of the Universe IS the Secret of the Universe, known to me in the silences and in the storms....:

Hermeticism-

Like Gnosticism I do not focus on the history or variations, only the philosophy and teachings. Mainly that everything is consciousness and all it mind. Nothing exists outside of consciousness. Most interpretations come from the Hermetica, Kybalion, and Emerald Tablets, which in turn have many other books written and expanded about these. The Seven Hermetic Tenets are:

0	Glyphs for The Seven Hermetic Laws of Ancient Kemet By Apuat En Heru / Jonathan Woods 8-7-2009 Inspired by Wayne B. Chandler's book <u>Ancient Future</u> . Layout by Suji Lee The Principle of Mentalism
MENTALISM	The All is mind; The Universe is Mental.
CORRESPONDENCE	The Principle of Correspondence As above, so below; as below, so above.
VIBRATION	The Principle of Vibration Nothing rests; everything moves; everything vibrates.
+/- POLARITY	The Principle of Polarity Everything is dual; everything has poles; everything has it's pair of opposites; like & unlike are the same; opposites are identical in nature, but different in degree; extremes meet; all truths are but half-truths; all paradoxes may be reconciled.
GENDER	The Principle of Gender Gender is in everything; everything has it's Masculine & Feminine Principles; Gender manifests on all planes.
•••• RHYTHM	The Principle of Rhythm Everything flows out & in; everything has its tides; all things rise & fall; the pendulum swing manifests in everything; the measure of the swing to the right is the measure of the swing to the left; rhythm compensates.
>> CAUSE & EFFECT	The Principle of Cause & Effect Every cause has its Effect; every Effect has its cause; everything happens according to Law; Chance is but a name for Law not recognized; there are many planes of causation but nothing escapes the Law.

The following is interpretation of the Hermetic Genesis from *KABBALAH, MAGIC AND THE GREAT WORK Of SELF-TRANSFORMATION* By: LYAM THOMAS CHRISTOPHER:

"It began before the beginning. The vast sea of Light was in a state of perfect unity, without edge, without boundary, and without division. This was the "clear light" of Buddha/Kristos consciousness and the Ain Soph Aur ("Light without end") of Kabbalah. There was no possible idea of striving for and attaining anything, since all was wholeness, the very concept of unity itself being meaningless in an existence absent of separation. There was only the unending Light of consciousness, and it existed as perfect bliss and contentment. It knew no objects. It was the perfect suffusion that cannot be touched or disturbed. All was mind.

Impossibly, in the midst of this perfect peace, there arose a restlessness. For some reason, the All-mind struggled to perceive Itself. It "moved" within Itself to obtain a vantage point from which to survey Its own limitless being. And that was clearly not possible, since no division between self and "not-self" yet existed. Where could It go to see Itself if it had no edge, no realm outside of Its own limitlessness?

So, within the vastness of the All-mind arose a plan for self-division. The ocean of limitless Light opened a vortex in Its midst. The ultimate of creative acts was committed. The All-mind played a game of deception with Itself, comparable to hide and seek. It fabricated what, to us, appears as a lie, the first terrible act that began the birth pangs of the universe. It began to create a make-believe place within Itself that was different and "other" from Itself. If there were such a place, perhaps then the All-mind could obtain some vantage point from which to see Its own countenance or reflection. Such self-division was not really possible within perfect unity, but this was a game, after all.

In response to this plan, a vast cave of Darkness appeared in the midst of the Light, surrounded by a vortex of celestial fire. The Darkness was a terrible place, filled with the mystery of emptiness and chaos. Great rolling waves of Light buffeted the edges of this chasm in the midst of the All-mind. Their undulating coruscations of fire caused terrible storms in the Darkness. Light and Shadow agitated each other in such a way as to create, in their interplay, a seething broth of natural forces-the stuff of the primordial universe. In Egyptian mythology, this broth is called Nun, and it is envisaged as a vast ocean of ooze from which all things in the physical world are congealed by the laws of gods. And the All-mind used Light to exert pressure against the boiling Darkness, attempting to impress the primal substance with Its image. But the primeval mixture was too weak to contain the force of the All-mind. It lacked sufficient resistance, firmness, and structure. It seemed at one point that an image would form, that the All-mind would behold Its reflection in the froth of chaos. But that was not to be.

In the midst of the chasm, there was a mighty explosion, the "big bang," as we call it in modern cosmology. It spewed forth broken pieces of the Darkness, and they fell into the depths of the chasm. The shards were not what they appeared to be, but in this great drama of make-believe, they took on the role of terrible angelic beings that fell into the darkest, most Light-deprived recesses of the universe. To the edges of all things they fell, and there they lived and thrived on deprivation, spinning a web of Darkness that formed a shell around the cavern, a terrible boundary that became their kingdom of strife. These dark angels became the lords of illusion, of all separation and the dividing lines that distinguish one thing from another. They obscured the whole of the chasm from the divine radiance. They are the creators of physical laws, of isolation, of conflict and extremes. They carry within them the echo of that horrible cataclysm that cast them down when the Darkness was shattered by the Light. They are beings of unbalanced force, and they oppose the plan of the All-mind.

The broken pieces of the primordial universe are the raw materials of structure upon which our current universe was successfully built. This was their assigned task: to uphold the rules of the great game of hide- and-seek by providing resistance. Their counterforce made it possible for a second attempt of the Divine to succeed. Because of their resistance, the All-mind managed to suffuse the primeval ocean with Its power the second time around. And so the processes that would eventually lead to life were set into motion. The drama of creation had begun.

And along with those dark fragments had fallen sparks of Light, beautiful envoys of the All-mind. These were centers of pure consciousness, angelic beings who willingly flung themselves into Darkness in hopes that, like seeds, they might take root in matter and grow into conscious beings capable of acting as direct instruments of the All-mind within Its creation. They fell into the midst of matter, but simultaneously they remained untouched by it, existing in a higher and yet parallel dimension. Matter was part of the great illusion created by the All-mind, and these angels of Light were like specks of truth amidst a smoke screen of deception. As it is said in the New Testament, "And the Light Shineth in the Darkness, and the Darkness comprehendeth it not" John 1:5). These beings, it was hoped, would germinate within the bodies of worthy creatures. They would naturally pair up and become parallel with emerging and evolving life forms that were capable of acting as their eyes, ears, and hands. Using such creatures, they could bridge the gap between the All-mind and Its creation. They would be aware of both the make-believe game of creation and the truth behind it at the same time. They could be the means by which the All-mind might catch a glimpse of Itself reflected in the wild Darkness.

The plan, in this way, proceeds toward completion today.

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That Darkly Splendid World

Explosion. The Darkness shattered, unable to contain the Light. Broken shadows fell into the primordial chasm. Sparks of Light fell among them, their reflections scintillating on the tumbling debris. In the nethermost parts of the chasm, the dark shards clutched at one another as they fell. Separated by the explosion, they longed to be whole. So, between them, they spun a web of Darkness, and space and time congealed like a sticky net strung across the void. The net became a home away from home there in the deep, and the fallen ones skittered across their web like spiders in the dark. There they became the "Watchers" as the boundaries of the universe took shape in the depths of emptiness. Their tapestry of gloom concealed the limitlessness of the Divine.

The Unmanifest became substance, and the plan of the All-mind, seemingly thwarted by the cataclysm, continued its inevitable course toward completion even as it used these fallen angels, who were now cast in the role of the enemy. Into the web fell the sparks of Light, like stunned fireflies. But, of course, they were immortal and could not be harmed in their captivity. They existed in a higher dimension, appearing in this world only as brilliant pinholes in the shroud of time. They cast beautiful reflections of the Divine in matter, each image conveying unique aspect. And, for a brief time, it seemed that a complete vision of the Creator would form, reflected in the Darkness. The Allmind seemed once again near to reaching Its goal.

But the jealous fallen ones pounced on the sparks of Light and spun them into cocoons of matter. The Kabbalistic tradition refers to these cocoons as Klippoth, or "shells," and they are maintained by all manner of crude and hurtful spirits that go by the same name. The dark angels spirited their captives away, hiding them in the depths of their kingdom of shells until not a trace of radiance remained. The divine image clouded over as the Klippoth deprived the angels of Light of visible expression. Having no visible presence

and existing in another level of reality, the Divine Sparks remained complacent, as though slumbering, and had no impact on the reign of Darkness and fire. And the life that would eventually arise in the universe would have no knowledge of them.

The stifling of the Light created a terrible heat, which smoldered forth from within the depths. The universe was a seething waste of refuse from the cataclysm. Nothing remained of the original, ineffable glory. All was in a state of depravation, seemingly cut off from the perfect peace and profusion of the All-mind. But it was a deception, after all, a fiction, a drama on the stage of which a plan was unfolding. From behind the scenes, unceasing, the All-mind exerted pressure to breathe life into Its creation. Space cleared and expanded. The heat of the primordial universe was permitted to cool. Matter hardened out of energy, and the universe as we know it today came about.

The Divine dared not show Itself directly in this realm, lest It destroy the web of space and time by making everything happen at once. If It did so, who would bear witness to the image that was yet to form within creation? Instead, It expressed Itself indirectly. By signs and symbols-and by cycles-It showed evidence: by the interplay of the three alchemical principles, by the mingling of the four elements, by the phenomena of electricity and the formation of life, and by the radiance of physical light, shining in the blackness of space. Physical light is as nothing compared to the true radiance of the All-mind, which is Light beyond anything conceivable to the mind of a material being. In the larger scheme, physical light is but a specialized kind of Darkness that conveys merely the impression of Divinity.

But as yet, there were no creatures clever enough to recognize that impression. Signs and portents paraded before their seeking eyes. But those eyes were seeking other things: food, sex, and shelter. It seemed that the fallen angels had won. Despite the order that showed itself forth in the sluggish medium of matter, despite the beauty of the galaxies, stars, and planets-and the blossoming of all kinds of life-there were no creatures that could experience that order and bear witness to an image within it. If God stands before a mirror and no one sees His reflection, does He exist? The Allmind was blind behind the veil of the chasm, not yet having sprouted eyes and ears within Its creation that could relay back to the Infinite any impression of Its own mystery. The All-mind quite simply did not "exist."

The universe was now like a vast shroud that gave shape to an invisible presence. To be inside of the chasm was to be outside of the All-mind, incapable of experiencing directly the limitless ocean of Light behind every facade. There was life roaming about within the universe, of course, on the surfaces of that obscuring skin, on dim little planets-creatures created in the physical universe by physical laws, blinded by what they could see. Their sense organs could only take part in the world from which they were made. The creatures within the universe seemed utterly untouched by the peace and unity that the web of the fallen angels withheld from them.

But the All-mind dared not intervene directly on the behalf of these material beings, trusting instead to the unfolding of Its cosmic plan. Only in the fullness of time was everything to be perfect, and at this point in the drama, it remained a mystery as to how the Divine Sparks would mobilize themselves as souls within these oblivious creatures, rousing them from the fatalistic, automated laws of matter.

The All-mind's steady pressure, through successive eons, had caused the processes of life and evolution. The fallen angels resisted that evolution. They couldn't help it. It was the purpose of the Watchers to bring setbacks to the plan. Entire species were lost due to the harsh limitations imposed by their physical laws. But still, ever more complex organisms appeared. The harder the Watchers resisted the plan, the further life evolved to overcome that resistance. Just as Divine Light can express Itself indirectly in the radiance of the stars, so can Its consciousness worm its way through the fiery genesis of

worlds, through the interplay of the forces of nature, and through the chemical processes of the most minute particles in the dark pit.

Something was developing.

The Mind Born of Matter

The Watchers became jealous. They could sense that humankind's mercurial intelligence provided the potential for the awakening of the Divine Sparks within matter. The imprisoned Light had been active all this time. Like fallen seeds, the sparks had taken root in this species. An individual human, because of evolution, had the potential to become conscious eyes and ears of the All-mind within creation. The very resistance of the enemy was bringing the divine plan to fruition. In each human there emerged the potential to have contact with a Divine Spark, to have a soul, Higher Self, or "Holy Guardian Angel." The enemy angels now took a more concentrated interest in humans, forming a plan to thwart the All-mind fromealizing Itself. The cosmic "battle" between the Light and Darkness descended from the macrocosm of the universe to the microcosm of human flesh.

The condition of evolving humanity, as I describe it so far, demonstrates mankind in the Garden of Eden. As animals, we were one with nature. There was no awareness of mortality or death. We just carried on with feeding, playing, and reproducing. Ignorance was a type of bliss in comparison to an understanding of human frailty and mortality that comes with self-awareness. But the evolution of self-awareness, the experience of being cast out of paradise, is what made possible the cultivation of divine awareness. A human has the potential to remake himself into a vehicle through which the spark of Light within him can free itself from the dark pit. His falling from grace is part of the process. By becoming aware of his faults, he gains the potential to rouse himself from Darkness. By the right methods, a person can become the eyes and ears of the Divine in this world, fulfilling the plan of the All-mind to know Itself through incarnate experience.

This, no doubt, agitated the Watchers. They hovered close to humanity. According to the mythology of the ancient Book of Enoch, they thwarted the divine will ingeniously by diversion and distraction. If the gift of intelligence could be used to bring about awakening, it could also be twisted against itself, to deceive and to imprison. So the fallen angels became teachers.

It is alleged that the evil angels, lead by a Lucifer-type figure named Azazel, descended to Earth and mated with women, rearing powerful offspring, giants who devoured the food supplies of humans, humans themselves, and eventually each other. The angelic horde of Azazel taught men to make swords, and knives, and shields, and breastplates, and made known to them the metals of the earth and the art of working them, and bracelets, and ornaments, and the use of antimony, and the beautifying of the eyelids, and all kinds of costly stones, and all colouring tinctures. And there arose much godlessness, and they committed fornication, and they were led astray, and became corrupt in all their ways ... And as men perished, they cried, and their cry went up to heaven. Four archangels petitioned the Lord of the universe to intervene on behalf of creation and to send a flood to destroy the evil giants and the evil men who had been corrupted by the angels' teachings:

Thou seest what Azazel has done, who hath taught all unrighteousness on Earth and revealed the eternal secrets which were in heaven, which men were striving to learn . . . and they have gone to the daughters of men upon the Earth, and have slept with the women, and have defiled themselves, and revealed to them all kinds of sins. And the women have born giants, and the whole Earth has thereby been filled with blood and unrighteousness. The arts and sciences taught by the dark angels ran rampant in the cultures of the people of Earth. Humans had just developed the potential to liberate themselves from the mandates of the flesh. But before they could begin doing this, the angels gave to them ways of thinking that they were not yet ready to handle. They would make sure that humanity's powerful brain had the power to delay and distract itself with its own gifts rather than liberate consciousness from the corrupting influence of physical laws. And, mythologically speaking, this is the predicament we are in today

The Liquid Intelligence

"I am Azazel, the first of the broken pieces of Shadow that fell in the beginning. Thou knowest me in thy doubts and in thy fears and in the cravings within the clay of thy flesh. For my kind and I are that portion of the unknowable that maketh visible the splayed entrails of God. We, the Watchers, through our downfall and disgrace, make possible the expanse of the sky above thee and the wastes of the earth beneath. For our trade is in truth commingled with lies.

Call me the lord of boundaries if thou must, but knowest thou henceforth that this despicable creation, in which thou and I partake, issueth not from the power of my breath, but from the Creator of all things, He whose utterance in the depths of time hath condemned us to the vicissitudes and lamentations of the pit.

"Knowest thou also, then, that we, who stretched wide the web of space as we fell, are not thine enemy. For we gnaw and heave against the adamantine chains that bind us beneath the four winds. Our corrosive derisions serve to eat away at the order in all things, and through our resistance we will

eventually dissolve the bonds of this futile drama and return everything to the perfect peace and profundity of pre-existence.

"You and I desire the same end. For beyond the confines of our separate prisons lieth that peace and suffusion of the ineffable glory that was taken from us by the utterance of His unspeakable name. What is it that thou strivest for in all thy struggles but a release from thy bondage and from thine identification with the husk of flesh?

"The plan of our Creator is vain, for He desireth to gaze lustfully upon His reflection within the mirror of the universe. For such a selfish contrivance as this do thou and I suffer. He hath shattered the unity and brought us to our predicament for no good reason. But wholeness can be restored. We must undo the cracks that separate us into our prison houses-you into the slovenliness of the flesh and me into the Darknessthat isolates every star. For thou seest how the Creator doth confound all efforts to reach Him on His heavenly seat. He striketh down the Tower of Babel and imprisoneth the builders thereof into the nations of separation. And in thy opposing castles of diversity doth thou now exist, conflicted."

"Seest me now in my true purpose. For I teach that which would fight this madness of creation and restore Light to every corner of the Darkness. To the dull-witted do I teach the crafts of war, for as they live by weapons, so do they perish thereby and thus return to the Light. To the wicked I teach the craft of speech, that they may ensnare themselves with their own contrivances and mock the Creator by demonstrating the futility of a mind created in His image-a mind that worshipeth itself. The vain I instruct in the wiles of glamour. Captivated by their own painted faces of flesh, may they ever stay in ignorance of their immortal selves. Through my tutelage, may all of these wretches fail to take part in the divine plan, and thereby may they cause it to fail! Through the arts and sciences, my fellow sons of God and I divert

humankind from its torturous course. We oppose the plan of the Creator, for its furtherance only sustaineth the exile of created beings-of us and thee."

"Now to the wise do I teach yet another art: magic. The same heavenly knowledge that so speedily exciteth the flesh to its own destruction doth give wings to the worthy student of the black arts. If thou art indeed of proper disposition, thou mayest find it in thy power to bring the divine image into perfection in this horrid world of matter. And perhaps thereby thou willst bring the torture of creation to a quick finish. It is conceivable that the divine plan, completed within one being, may satiate itself and bring to an end the exile of all beings.

"But we sincerely doubt that any being of clay such as thee can carry out an operation as exalted as the Great Work. And this is why we beguile magicians away from the gates of initiation. I and my brothers of the rebel flame will topple any aspirant who dareth to awaken the Divine unless he showeth that he will stay his course and not forsake the fallen.

"What sayest thou? Hast thou within thy husk the will to persevere, even as thy flesh demandeth of thee a different course? If thou canst persist in purity and single- minded dedication, who are we to resist thee in thy efforts, since thy success could spell an end to the burden that we bear? Perhaps thou, a creature of reeking sinew and bone, wouldst benefit from calling upon luminous beings of fire such as us-and, through the commingling of clay and spirit, sink all boundaries into the sea. Then mayeth the spiritual Sun rise again and call home every Godforsaken spirit, every yesterday, and every tomorrow. May we all, angels of Darkness and angels of Light, on that last hour of night, have this burden lifted from our wings."

Chapter 11- Focus on the Good

Chapter 11- Focus on the Good

"Focus on the light and good parts of the world" My Mom

If everything is a product of Consciousness and thoughts are so powerful that they shape reality, then we must control our thoughts, mind, and consciousness. We can choose to focus on whatever we want, and though you should never ignore the shadow, focusing on the good, however you define it, is what you should do. Get rid of the self-destructive thoughts and patterns; transmute them by meditation, creative expression, physical expression, or any other means that allow you to grow.

Just as we acknowledge the shadow, we should be aware of the Master of Manipulation corruption and their dirty deeds. Even in spite of the perceived hardships and external forces, we must become masters of our own minds, emotions, feeling, thoughts, words and deeds if we want any hope of changing the world. It is one thing to read a book and get motivated and have feel good ah-ha moments, while alone meditating and contemplating. It is another thing to become the best version and master of yourself with complete control of thought, word and deed. Next time someone wrongs you what will you do? If you are driving in traffic and have someone recklessly cut you off with no turn signal, then flick you off. How will you react then? How should you react? I don't know, as long as you have control and know where the emotion and reaction is coming from.

"That's not my business. I don't want to rule or conquer anyone. I should like to help everyone if possible. Jew - Gentile - Black Man, White. We all want to help one another, human beings are like that. We want to live by each other's happiness. Not by each other's misery. We don't want to hate and despise one another.

And this world has room for everyone, and the good Earth is rich can provide for everyone.

The way of life can be free and beautiful, but we have lost the way.

Greed has posioned men's souls, has barricaded the world with hate, has goose-stepped us into misery and bloodshed.

We have developed speed, but we have shut ourselves in.

Machinery that gives us abundance has left us in want.

Our knowledge has made us cynincal.

Our cleverness, hard and unkind.

We think too much, and feel too little.

More than machinery, we need humanity.

More that cleverness, we need kindness and gentleness.

Without these qualities life will be violent, and all will be lost.

The aeroplane and the radio have brought us closer together.

The very nature of these inventions cries out for the goodness in men - cries out for universal brotherhood - for the unity of us all.

Even now my voice is reaching millions throughout the world - millions of despairing men, women, and little children - victims of a system that makes men torture and imprison innocent people.

To those who can hear me, I say - do not despair.

The misery that is now upon us is but the passing of greed - the bitterness of men who fear the way of human progress.

The hate of men will pass, and dictators die, and the power they took from the people will return to the people.

And so long as men die, liberty will never perish. ...

Soldiers!

don't give yourselves to brutes - men who despise you - enslave you - who regiment your lives - tell you what to do - what to think and what to feel! Who drill you - diet you - treat you like cattle, use you as cannon fodder. Don't give yourselves to these unnatural men - machine men with machine minds and machine hearts! You are not machines!

You are not cattle!

You are men!

You have the love of humanity in your hearts!

You don't hate!

Only the unloved hate - the unloved and the unnatural!

Soldiers!

Don't fight for slavery!

Fight for liberty!

In the 17th Chapter of St Luke it is written: "the Kingdom of God is within man"

- not one man nor a group of men, but in all men!

In you!

You, the people have the power - the power to create machines.

The power to create happiness!

You, the people, have the power to make this life free and beautiful, to make this life a wonderful adventure.

Then - in the name of democracy - let us use that power - let us all unite.

Let us fight for a new world - a decent world that will give men a chance to work - that will give youth a future and old age a security.

By the promise of these things, brutes have risen to power.

But they lie!

They do not fulfill that promise.

They never will!

Dictators free themselves but they enslave the people!

Now let us fight to fulfil that promise!

Let us fight to free the world - to do away with national barriers - to do away with greed, with hate and intolerance.

Let us fight for a world of reason, a world where science and progress will lead to all men's happiness". -Charlie Chaplin

We are able to talk, write and read about these topics right? None of this supposed "occult" and "esoteric" information is actually hidden. It is up to only you whether any of this information helps with your truth and journey.

It's not how to fight them it is how you join them. You must deconstruct the machine from within. Become Invisible.

Everything you have read is completely true and completely false, it is the most important information you have ever come across and it is meaningless, it is like yourself- a paradox and contradictory. Do with this information what you will, choose wisely and know...no one is free from consequence. I hope you found what you were looking for.

"There is only one way and that is your way. There is only one salvation and that is your salvation. Why are you looking for help? Do you believe it will come from outside? What is to come will be created in you and from you. Hence look into yourself. Do not compare, do not measure. No other way is like yours. All other ways deceive and tempt you. You must fulfill the way that is in you." –The Red Book

The End

is never the end. A new challenge awaits. A test no man could be prepared for. A new hell he must conquer and destroy. A new level of growth he must confront himself. The machine in the ghost within. This is the journey of the man on the moon

Up Up & Away

Full Resources Recommended Books:

Full PDF library

PDF attachment included if underlined:

<u>Gnostic Handbook</u>—<u>Gnostic Theurgy</u>—<u>The Invisibles Comic</u>—Gods of Eden—<u>The Kybalion</u>—<u>Psychic Self Defense</u>—<u>Kabbalah, Magic and the Great</u> work of Self-transformation—<u>Seven Sermons to the Dead</u>—<u>Heremtica</u>—<u>The</u> <u>Psychonaut Field Manuel</u>—<u>Zen without Zen Masters</u>—Remember Be here Now— My Big TOE—<u>Nag Hamaradi</u>—<u>The Fourth Way</u>—<u>Pistis Sophia</u>—The Secret of Light & Message of the Divine Iliad by <u>Walter Russell</u>—<u>The Book of</u> <u>Enoch</u>—The Light of Egypt Vol 1&2—<u>Liber Null</u>/<u>Pyschonaut</u>—<u>The Secret</u> <u>Teachings of All Ages</u>—Lost Keys of Freemasonry—<u>Simulacra and</u> <u>Simulation</u>—God-man: The Word Made Flesh—<u>Law of One (Ra material)</u>— <u>War in Heavn by Kyle Griffiths</u>— PI by Marty Leeds— Flatlander— Upinshads—<u>DMT: The spirit Molecule</u>—<u>VALIS</u>—The Exegesis of Philip K. Dick—The Creature from Jekyll Island—<u>Taoist Secrets of Love [Male]</u>

Recommended Websites

Pararelgion.chbibliotecapleyades.nethalexandria.orgthesecretsun.blogspotCluesforum.infoWildheretic.comJon Levi (Youtube)MilesMathischicagognosis.orggnosis.orggnosticteachings.orggnosticteachings.orghermetic.comhermetics.orgritmanlibrary.commedium.compaullaffoley.net/thegodabovegod.comIlluminatisPathageorus (Youtube)stolenhistory.orgtekgnostics.comredice.tvesotericablog.comrunesoup.com

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Recommended Movies /Shows

Westworld (HBO) — Twin Peaks — The Matrix — The Truman Show — They Live— The Fourth Kind — Snowpiercer — The OA— Adjustment Bureau— Horton Hears a Who— Stargate— Cloud Atlas—Donnie Darko— Stay— Mulholland Drive—South Park—Inception— The X-Files— True Detective Season 1—Sausage Party—The Good Place(show)—Eyes Wide Shut— Groundhog Day—2001: A Space Odyssey Ancient Aliens—Stranger Things—Dagon— Gravity Falls—Rick & Morty—Wag the Dog—A Dark Song—Fight Club

Interstellar—The Labyrinth—Pans Labyrinth The Nines—The Signal— Prometheus— Superjail— Jupiter Ascending— Event Horizon— Se7en— PI— Blade Runner— The Wizard of Oz— The Fountain— The Village(film)— Vanilla Sky— Long Kiss Goodnight— Dark Cities— Hell Raiser—S1M0NE— Terminator— Twilight Zone— The Order— The Chilling Adventures of Sabrina— Annihilation— Cloud Atlas— Tron— Murder by Decree— Manchurian Candidate— Idiocracy— Masters of the Universe— Thundercats— Kill List— John Carter— Avatar— Dr Strange— Dr Who— The Sorcerer's Apprentice— Hitchhikers Guide to the Universe — Take Your Pills— World on a Wire—The Magic Christian—Inauguration of the Pleasure Dome—

Interesting People

Remember I neither fully agree nor praise many of the people listed but they do have interesting information. You must decide if it is true and worthy to help you on your journey. Use personal discretion and don't become attached to anything.

Everyone has an opinion and perspective. I agree with what some things these people say and disagree with other things. Some of these people could very easily be planted for dis-info, with the best dis-info being 90% truth and 10% lies, it's up to you figure which is which.

Modern Researchers

Micheal Tsarion—Santos Bonacci—<u>Jordan Maxwell</u>—Marty Leeds—Bill Donahue—Nassim Haramein Juri Lina—<u>Jim Keith</u>-- David Icke—Serge Monast— <u>Fritz Springmeier</u>—Chris Knowles—Miguel Conner—Paul Levy Awaken in the Dream—Robert Anton Wilson—Paul Silig—Isaac Weishaupt— <u>Peter-Robert Koenig</u>—Eckhart Tolle —Michael Bertiaux —John Wayne Todd—Trevor James Constable—James Udo Holey—Ralph Tegtmeier— Louis Whitley Strieber—Mystic Meg—Abraham Hicks

Investigators/ Whistle-blowers

<u>John Decamp</u>Cathy O'Brien—Candy Jones—Gary Stephen Webb—Bill Cooper—Frank Serpico—Peter Maas—Mike Ruppert—<u>Ted Gunderson</u>

Astro-Theology Scholars of Old

<u>Gerald Massey</u>—<u>Giordano Bruno</u>—<u>Alvin Boyd Kuhn</u>—<u>William Derham</u>— Thomas H Burgoyne— <u>Reverend Robert Taylor</u>-

Profound Scientists

Viktor Schauberger—<u>Nikola Tesla</u> — <u>Walter Russell</u>— Thomas Campbell— <u>Robert Monroe</u>—Ma Planck—Niels Bohr—Erwin Schodinger—Werner Heisenberg—Michael Farady—Masaru Emoto—Wilhelm Reich—Werner von Braun—Viktor Grebennikov—Edward Leedskalnin—Johann Grander— Konstantin Meyl—Stanley Koren—Michael Persinger—Albert Hoffman— Leonardo da Vinci—Duncan Cameron (Montauk project), Ewen Cameron(MK Ultra)—Marjorie Cameron—George&Marjorie De La Warr

Psychedelic Thinkers

Baba Ram Dass—<u>Terence McKenna</u>—Dennis McKenna—Timothy Leary— John Lilly—Rupert Sheldrake—Graham Hancock

Comedic Thinkers

Bill Hicks—George Carlin—Dave Chappelle—Richard Pryor—Trevor Moore

Occultists/Philosophers/Authors

Helena Petrovna Blavatsky—Hermes Trismegistus—Paracelsus —Manly P Hall—Albert Pike—Aleister Crowley—Eliphas Levi—John Dee (007) —Jack Parsons— Grigori Yefimovich Rasputin— Michael Maier— George Gurdjieff—P.D. Ouspensky—Thomas de Hartmann—Jiddu Krishnamurti— Carlos Castaneda—Julius Evola—Miguel Serano-- Rudolf Steiner—Ramana Maharshi— Israel Regardie—Dion Fortune—Samael Aun Weor—Samuel Liddell MacGregor Mathers—L. Ron Hubbard--Francis Bacon—Galileo Galilei—Ptolemy—Arthur Edward Waite—Thābit ibn Qurra —Allen Watts— Paracelsus—Giordano Bruno—Ahmad al-Būni—William Westcott—Franz Bardon—Jakob Böhme—Kenneth Anger—Kenneth Grant—Robert Anton Wilson-Michelangelo-Theodor Reuss -Carl Kellner-Marc Lully -Cagliostro-- Guigo II—St Germain—Meister Eckhart—Allan Kardec—Paschal Beverly Randolph—Reuben Swinburne Clymer—Richard Sharpe Shaver— Rene Nelli—Ralph Waldo Emerson—Otto Rahn—Francis Walsingham—Sir John Woodroffe—Robert De Grimston—Rene Guenon—Herman Wirth— Ernst Schafer—Dionysius Andreas Freher—Anna Sprengel—Ion Petru Culianu—Nimrod de Rosario—Cheiro—Joan Quigley—Karl Maria Wiligut— Arnold Toynbee—Robert Fludd—Fuclanelli—Nicolas Flamel—Arnold Krumm-Heller—Porphyry—Everad Feilding—Thomas Lake Harris—Boris Mouravieff—Wilfred Talbot Smith—Leo Tolstoy –Edward de Vere—Maximus the Confessor

Pythagoras of Samos —<u>Socrates</u>—<u>Alan Wilson Watts</u>—<u>Laozi (Lao Tzu)</u> — <u>Søren Aabye Kierkegaard</u>—<u>Friedrich Wilhelm Nietzsche</u>—Plato—Aristotle— Immanuel Kant—René Descartes—Augustine of Hippo—Parmenides— Epicurus—Hippocrates—Confucius—Homer—Marcus Aurelius—A.E. Waite--Arthur Schopenhauer—Franz Kafka—Johann Wolfgang von Goethe— Emanuel Swedenborg—William Shakespeare—Oscar Wilde—Karl Marx—Leo Trotsky—Ezra Pound—William Butler Yeats—Philip Kindred Dick—H.G. Wells—George Orwell—Ptolemy--H.P. Lovecraft— Carl Sagan—<u>Carl Jung</u>— <u>Sigmund Freud</u>—Stanislov Grof— Alexander Lowen—Erich Fromm— Archimedes—Zoraster—Zohar—

Chaos Thinkers

<u>Austin Osman Spare</u>—<u>Peter J. Carroll</u>—<u>Ray Sherwin</u>—<u>Ralph Tegtmeier</u>—<u>Phil</u> <u>Hine</u>—<u>Genesis P-Orridge</u>--<u>William S. Burroughs</u>—<u>Grant Morrison</u>—Gordon White

Alternative Historians

Zecharia Sitchin—Jon Levi—Immanuel Velikovsky— Dan Sewell Ward— R. A. Schwaller de Lubicz—Erich von Daniken

Alternative Doctors/Health advocates

Dr Sebi(Alfredo Bowman) — <u>Dr Burzynski</u>—Arnold Ehret—Ryke Geerd Hamer—Bruce Lipton—Herbert M. Shelton—Norman W. Walker—Paul Bragg—Terri Wahl—David Perlmutter—Stefan Lanka—Claude Sabbah— Wilhelm Reich—Dr Royal Raymond Rife

Artists

Charles Gilchrist—Salvador Dali—<u>Alex Grey</u>—<u>Cameron Gray</u>—<u>Paul</u> <u>Laffoley</u>— Claude Monet—Michelangelo—Rembrandt—Max Ernst

Youtube Channels

intothenextmusic—secretkeyactivator—<u>Truthiracy3</u>—<u>Suspicious0bservers</u>— Jon Levi—Philipp Druzhinin—Mudflood Advanced Research—<u>CONSPIRACY-</u> <u>R-US</u>—Aeon Byte Gnostic Radio—Spirit Science— Red Ice Radio—Sean Hross channels: <u>HomieLand Sickurity</u>- chatzefratz-Central Intelligence Agency— Secretkeyactivator —Secretkeyactivator3

<u>Terms</u>

Deepfakes—Deep Dream Generator—Litchenburg Fractal—Mandlebot— Spiritism—Dogon Tribe— Sirius Mystery—Jansenism—Seven Rays— Chaldeans-Mithra-- Henosis-Dzogchen-Hatha Yoga-Jahbulon-Shemsu Hor—Tattva—Subtilitas de Subtilitate—Rolfing—Reichian Therapy— Nestorianism—Kriva Yoga—The Watchers—Barbelith—Barbelo(Gnostic)— Litlith—Ixat—Tsathoggua—Chod(Tibetan)—Belial—Glossolialia—Eschaton— Tibetan Bonpo Shaminish—Nous—Zoroastrianism—Zurvanism--Ausurs tzitzimime—itzpapalotl—Wandjina—Angra Mainyu—Spider Grandmother— Active Imigination—Kepha—Dagon--Nommo—Baron Zaraguin—Mahakali— Flammarion Engraving—Reichian Therapy—Raelism—Azathoth— Heimarmene—Papa Ghede—Shaktism—Maitreya—Adenosine Triphosphate—Morphic energy—Futhorc Runes—Piezoelectricity—Holy Guardian Angel—Namu Amida Butsu—Antahkarana—Psionics—MKOften— MKUltra—Qadesh—Hermetic Qablah—Essene Mafick—Aesir—Nirvikalpa— Nigredo—Tulpa—Whitehall Tunnels—Master Therion—Barbado Of Dharmata—Nan Madol-Yog-Sothoth—Alphabet of Desire—Enochian ScriptOgham Alphabet—Auroville India—108 Shiva Thandavam—Perates— Glastonberry Abbey—Parfait—Ruach Kabbalah—Pneumatic—Hylic— Guedu—Loa—Kirlian Photography—Mimesis—Superposition—Pazuzu— Tibetan Dream Yoga—Gnostic Pentagram—Black Sun (MesoAmerican perspective), —Futhark Ruins

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Edgar Cayce on Atlantis (1988, Grand Central Publishing)

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The Psychonaut Field Manuel

Sacred books of the East Ramanuja - The Vedānta-sūtras

Magical Alphabets

Voynich-Manuscript

james cutsinger - not of this world a treasury of christian mysticism (2003 world wisdom)

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9. the art of dreaming

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All Seeing Eye Magazine-vol-1-no-1

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<u>alchemy</u>

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Annie Besant - Thought Power Annie_Besant_-_Esoteric_Christianity

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Corpus Hermetica

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Dictonary of Occult, Heremtic Alchemical Sigils

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About:

The term Logoi Library comes from the word Greek word Logoi. The Logos is the centre of all the *logoi*, i.e. the divine acts of will that are eternally conceived but expressed at the moment of creation. Through the *logoi* a well-ordered cosmos is instituted. The *logoi* are the principles behind procession creation and transmutation, and behind the metaphysical structure. Logoi and Logos have many different interpretations such as meaning Logical or $\lambda o\gamma i \kappa o\sigma$ as intelligent which is closely tied to the Logos, reason or logic of existence. To simply translate the word as logical is however inadequate. This is due to the term having a closer meaning to the aptitude or intellect and qualifies the possessor of spiritual knowledge or Gnosis. When used in conjunction with the soul or psyche the word then translates as endowed with intelligence. Intelligence itself as the ruling principle of the soul.

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Congratulations on finding the not so secret, secret page. Your reward is a blessing by Master Cub and 1000 Akashic record credits, use them wisely.



The secret, have you realized it yet? Everything you have been told is true, what you think of others and this reality, all of it, is not what it seems. Unfortunately there is no way to show you this, and words are not an adequate means to fully describe the situation at hand. It is up to you to complete the puzzle.

